• SUPER PREVIEW: YOUR GUIDE TO TRACK IN 2018 •





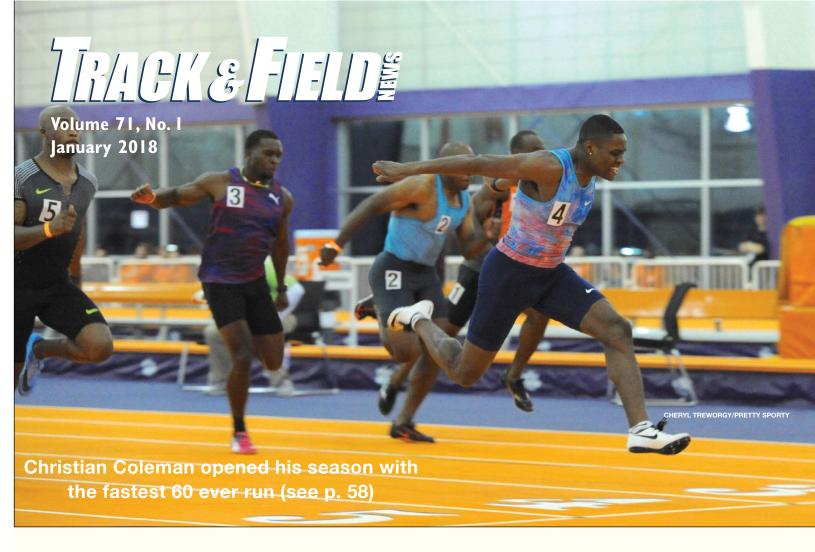
# A Superb Two-Week Tour in 2018

Two weeks, five countries, three great track meets. Go with Track & Field News on this unique track-and-travel vacation, with like-minded fans and the leadership of the world's most experienced t&f tour organization. We'll be visiting six major cities, five of them in Eastern Europe, including some we haven't traveled to previously. Here's the itinerary in brief:

Aug. 30-Sept. 1	<b>BRUSSELS.</b> 3 nights in the Belgian capital. We'll first have a TV watching party for the Zurich meet on August 30, then we'll attend the Van Damme meet—the DL final—at King Baudouin Stadium on August 31. Day free in Brussels September 1.
Sept. 2-4	<b>ZAGREB.</b> 3 nights in the beautiful Croatian capital, including a TV watch party of the Berlin ISTAF meet on 9/2 (beer and sausages!) and the Zagreb IWC track meet on 9/4.
Sept. 5-6	Visit BUDAPEST. 2 nights in the Hungarian capital.
Sept. 7-9	<b>OSTRAVA.</b> 3 nights. Ostrava is the Czech Republic's 3 <sup>rd</sup> largest city. It is the host of the IAAF Continental Cup, a four-way continental scoring team meet, which will be a major target for the world's top athletes in 2018. The meet is a two-day affair, 9/8 and 9.
Sept. 10-11	In <b>KRAKOW</b> , Poland's 2 <sup>nd</sup> largest city, renowned for its beauty, fascinating architecture, monuments, etc. A great tourist city.
Sept. 12-13	WARSAW. 2 nights in Poland's fascinating capital city.
Sept. 14	Fly home.

Breakfast daily included. Prime tickets to all three meets. Hotel accommodation 15 nights. Flight Brussels to Zagreb included. Motorcoach transport Zagreb-Warsaw (longest trip four hours). One group dinner. City tours with English-speaking guides in all cities, except Ostrava. Projected price is \$3990 per person, double occupancy (air to Europe not included). For detailed itinerary see the T&FN website: <a href="https://www.trackandfieldnews.com">www.trackandfieldnews.com</a>. Click on "Tours".





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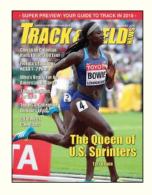
As of the January 2018 issue, Track & Field News is available only as a digital product (see p. 5).

The rate is \$79 per year.

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# Doho 2019 www.irudkundfieldnews.com

# T&FN Publisher Janet Vitu visited Doha recently. Here is an excerpt adapted from her report to Doha 2019 tour members.

I explored the city, looked at numerous hotels, visited the stadium and met with the organizing committee and local agents to set up our tour arrangements. Everything is coming together and we've been able to secure a very nice hotel . . .

Our tour hotel will be the City Center Rotana, a new 5-star hotel opened in 2016. The Rotana is attached to the City Center Shopping Mall in Doha's West Bay area. The rooms are very spacious (over 400 square feet) and nicely appointed. . . The Rotana has four restaurants in addition to a lobby café and pool bar. There are dozens of inexpensive food options in the mall's food court (Chili's, Subway, Applebee's, etc.)

Taxis are inexpensive in Doha. . . but there can be lots of traffic. A new Metro is under construction and if it is finished in time (doubtful), tour members will use it. If it's not finished, T&FN will provide busing to/from the stadium (though the stadium is

only  $7\frac{1}{2}$  miles from our hotel, allow 45 minutes due to traffic).

The competition will be held at 40,000-capacity Khalifa Stadium. This is a modern roofed stadium and there are plastic molded seats with backs. The stadium is climate controlled and during the Championships temperatures will be maintained in the stadium and surrounding concourse at 75-82°F.

At this point we're projecting the tour price to be \$3990 per person double occupancy, \$4250 if we have to include busing in the tour price. Add \$875 for single occupancy. Price includes 11 night lodging (In Sept. 26, Out Oct. 7), tickets to all sessions, gala luncheon with invited athletes, welcome function, daily breakfast, arrival and departure transfer, daily newsletter, Doha city tour, goodies, etc. Air to/from Doha is not included.

Qatar is friendly toward the USA and hosts Al Udeid Air Base, the regional headquarters of the U.S. Central Command housing more than 10,000 Americans.



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# from the editor

E. Gry Hil

"THE DAWNING OF A NEW ERA" was the title of a missive from us that all you loyal readers received—to great shock, I am sure—in the middle of January.

No, it wasn't just a bad dream: the ink & paper version of *Track & Field News* is irrevocably gone after 70 years. As our letter explained, the economics just weren't there to keep the print version alive; hence the concomitant stiff rise in subscription rates. (Would you believe this is our first increase since, no, really, the January '01 edition? Almost 2 decades.)

So our task now, a daunting one to be sure, is to churn out a purely digital product that you will enjoy as much—or dare we dream, maybe even more?—as you have long embraced our original offering.

Welcome to a brave new (digital) world, episode 1

We're optimistic that the timeliness of the product will win many of you—and new customers—over. Our longstanding model, with printing and mailing considerations, could mean as long as 6 weeks between something of major import happening and your receiving it from us via the postal service clearly doesn't work in this day and age.

Starting with this issue, you've already received some articles in advance of the publishing date. And you'll have received the whole thing on your computer the day after we wrap up production.

Even better, note how much easier on the eyes this all-digital version is. With no printing-process constraints in place we've been able to substantially increase the size of the type. It's a "cleaner" look we can only improve on.

And there are more upgrades to come. For February's edition, you'll get even more stories in advance, and then for March's, more still.

But that's not the end. Come the conclusion of the indoor season, April will dawn with an even bigger and better online product. As promised in our announcement letter, at that point we'll go from the monthly model to something done in a more ongoing sense. Proprietary material that when combined with our weekly *eTN* results newsletter and our website (which will remain free, providing the best in news headlines combined with yearly and all-time lists and a treasure trove of archived material) will clearly be your best one-stop shop for following the sport.

As sad as all of us at *T&FN* are about the loss of print, we're also firm in our belief the end result will be a better—even if vastly different—product. I recently celebrated 48 years on the job here and I'm now ready to go for another 48.

This change has been nibbling at our consciousness for a long time. More than 20 years ago, before he was USATF head, Craig Masback told me, "I can envision a day when this Internet thing is really big and we don't use paper anymore." I just chalked it up to his irrational exuberance over a newfangled product that clearly couldn't work, even with a speedy state-of-the-art 14.4 modem.

Silly me. The next time Craig has a stock tip, I'm buying.

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# 7 Big Questions



# **KeAndre Bates will be** defending a pair of NCAA jump titles for Florida

# 1. Is There A Better 1–2 NCAA Punch Than Bates & Holloway?

#### by Jeff Hollobaugh

Last June Florida topped Texas A&M by 2 points to capture its second straight NCAA title. Many of the headlines went to junior KeAndre Bates and frosh Grant Holloway, who together had a hand in scoring a whopping 43 points.

First the pair went 1–2 in the long jump, Bates scoring a last-round victory over his teammate. The two also teamed up on a 4x1 that narrowly missed making the finals.

Two days later, Holloway became the first frosh ever to win the high hurdles indoors and out. Then Bates came back and took the triple jump.

In the climactic 4x4 Holloway produced the fastest lap of the meet, barreling the anchor in 43.88 to finish 4<sup>th</sup> and seal the win.

"In 2017, it was a blessing for us," he admits. "But also, I think we always want more. I believe that we will be well-prepared and even more, we will be ready for a bigger fight this year."

Brutally tough competition is what the NCAA is all about, and any defending champion knows the feeling of having a target on his back.

Bates isn't worried: "It's different than it was last year because I was coming from a different place progression-wise, as far as how technical I was and how comfortable I was with my two events. I feel like I really started locking it in last year."

Adds Holloway, "Nothing has changed. Having a target on my back is not going to do anything more than just motivate me. At the NCAAs we all put our tights on one leg at a time and we have to go out there and compete.

"So having a target on my back is nothing really. I'm still training 110%."

From a coaching standpoint, the two may just represent the best 1–2 punch in collegiate track. But they're just part of a favored-to-win program (see p. 24) that expects to pick up points in the sprints,

#### Gator 1-2 — continued

throws and high jump as well.

Gator coach Mike Holloway—perhaps a distant relation to his star hurdler, as they

each trace roots to Georgia's Pike County—notes, "When you know you have people like that on your team, it's going to make you want to work harder to help the team as a whole.

"So last year when they went 1–2 in the long jump, that was a trigger for the rest of the team to say, 'Hey, let's join the party!' so to speak."

Both headman Holloway and jumps coach Nic Petersen say they rarely have to talk to the two about handling pressure.

"We talk about performance," says Holloway. "We both try to keep our hands on both of them. They're both very hyper. We try to keep them calm. Even last year outdoors, I'm sure they talked about going 1–2, but we never mentioned it to them."

Because of Grant Holloway's need to spend time working on the hurdles as well as the 4x4, he and Bates rarely are on the runway for practice at the same time.

Bates explains, "Grant's always watching what we do. I'm sure he's always thinking about stuff he wants to be doing in the long jump."

On the flip side, he notes, "I look at him. I look at his approach to see how much

intensity he's bringing. That's what we get from each other. It's like a distant psychological thing, but it's not like we get together."

Explains Grant, the schedule will be changing soon. "We're going to start getting together to get the competition feel."

Many of their practices focus on the approach, explains Petersen. "For Grant more than anything, as long as his approach is good, he's good. We spent a lot of time on his approach and the only

thing we've really gotten deep into this year is his landing.

"KeAndre gets faster every year. We're just trying to get him to be more efficient, especially in the triple jump. He's really gotten much stronger so he's able to handle more speed there.

Holloway isn't just an ace jumper, he also stands out in the hurdles and long relay

> "If his approach is good and he's in a good position on the approach, KeAndre jumps really well. Both long and triple."

> In competition, the two push each other hard. Says Bates, "I have to keep myself sharpened to the point and focused that I'm always on a peak, looking over, making sure I don't mess up."

He adds, "Grant is very eager to get better."

Of Bates, his jumping partner says, "You can't count him out. I had the lead

in the long jump until my very last jump. KeAndre is that one competitor who you can't count out no matter what place he's in. KeAndre is always going to give it his all on his last jump."

Of his last LJ attempt in Eugene, Bates says, "I don't like losing. At all. I'm

always used to coming back and showing up on the last jump. I had my mind set on winning the whole time.

"So I'm glad that I won, and had I lost I would've been happy regardless—no, I wouldn't," he corrects himself. "I'm not going to lie on the winning part. I like to win."

Sometimes it seems like the challenge for Coach Holloway is dealing with all the suggestions he gets about how to manage a multi-talent like his namesake.

"I do honestly think that if Grant were a jumper every day, he'd be better technically," he explains.

"If he were a hurdler every day he'd have better technique in the hurdles. But I think we have to remember also that he's 20 years old.

"I think that's a mistake people make; they want to limit people. There are people out there who think that Grant would make a great decathlete. But Grant has no interest

in the decathlon whatsoever. His father thinks he should be a great 400 hurdler. He has no interest in the 400 hurdles.

"A guy who runs 13.3 in the high hurdles and splits 43 seconds, he should be a great 400 hurdler. But he doesn't want to be one. So the big thing with us and Grant is we're just trying to be patient with him and help him develop into the kind of athlete that he wants to be.

"We're just coaching Grant to be the best he can be in everything that he does.

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And then once he's done here at Florida he can walk into the office and say, 'Hey, I don't want to long jump anymore,' or 'I don't want to hurdle anymore.' Maybe he will want to try the 400 hurdles or be a decathlete. We will see how that all plays out."

For now, the sophomore sees his future in the hurdles. "I'm a natural hurdler. When I get out there on the hurdles it's kind of like my world, that's my territory.

"Like KeAndre is a natural jumper. He

can say either long jump or triple jump as of right now. At the same time, I know I can go out there and place in the NCAA long jump.

"But I would definitely say when my time comes to an end in the collegiate scene, my next step is into the hurdle world."

Coach Holloway adds, "Last year Grant was just a great athlete just running as hard as he could. Little by little throughout the year we made small technical changes [in the hurdles].

"This year we've really tried to focus on a better takeoff position for him and also his trail leg because in the past his trail foot has had a tendency to get above his knee which causes kind of a funky plane above the hurdles. We're going to try to clean that up this year."

As to goals for the '18 season, both athletes quickly say their No. 1 mission is to lead another Gator win in Eugene. Grant refuses to speculate on times or distances.

"All I know is I'm competing to just win," he says. "If I win, the times come. I don't just go out to a track meet saying, 'All right, I'm going to break the Collegiate Record.'

"A guy who runs 13.3 in the high hurdles and splits 43 seconds, he should be a great 400 hurdler. But he doesn't want to be one."

-Mike Holloway on Grant Holloway

"I just go out to the track meet, stay levelheaded, and then when the gun goes off, I just react. I let everything take care of itself. If the time pops up on the screen, let it be."

Bates won't be pinned down either: "It's the future. I'm not sure. I'm never too sure about the future. I'm just doing the best I can when the time comes."

The two are just part of the big picture for the Gators this season. Notes Coach Holloway, "When you have these kinds "I don't like losing. At all. I'm always used to coming back and showing up on the last jump."

-KeAndre Bates

coaches for the individual success he and Bates have seen as well as the team's prominence:

"It's kind of like an athlete's dream. You have coach [Mellanee] Welty who



of guys on the team it's a big boost to the rest of the program.

"We think we have a very special group. Grant and KeAndre obviously are the two marquee names but there a lot of other guys that we think will really step up and do well.

"We think Clayton Brown's on line to a great year this year, we're looking for big things out of [45.43 quartermiler] Kunle Fasasi. And our throws group. They all key off each other. A lot of guys that feed into this."

Grant Holloway is quick to credit the

can calm you down whenever you need it and pump you up whenever you need to be pumped. And then you go over to the jumps where you've got coach Petersen, he's always details-details-details.

"And on top of that you got coach [Adrain] Mann who can break stuff down and help us to understand. And then you got the head honcho, Coach Holloway, setting the tone of what he wants at the University of Florida. That's what makes us great. All of our coaches are on the same page and we all have one goal in common and that is the NCAA title."

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## 2. Who's In Line To Set American Records?

#### by Sieg Lindstrom

In the Spring a young man's fancy lightly turns to thoughts of love...

Oops, wrong lead, credit to Alfred, Lord Tennyson.

Try this: in the quadrennial "off year,"

with no Olympics or outdoor Worlds to peak for, the thoughts of the best American athletes, unmoved by others' Euro Champs or Commonwealth Games focus, may lightly turn to records.

This year finds us with a bumper crop of U.S. candidates in the chase. They range in age from 20-yearold Vashti Cunningham to 36-year-old Jenn Suhr.

Despite reports she is unsure about her motivation, Suhr got off to a 15-9¼ (5.81) start to '18 in January that says her window hasn't closed.

Not a complete compendium, but some thoughts from and about Americans looking to be recordsetters in '18:

of the WR coming with preparation and also just coming when it's ready.

"I will do everything possible to have big throws in big meets as far as tapering my training, but other variables like technique and conditions have to line up Alberto Salazar, also Centro's coach, now guides him.

"Ifeel that you can't really put too much pressure on one race, or on the one idea of specifically going after any record," Murphy says. "Even if you tried to get



#### Crouser & Kovacs

The thought of either putter, Olympic champion Ryan Crouser or '15 world champ Joe Kovacs, knocking off the 75-10¼ (23.12) by Randy Barnes is appealing. Both hit PRs last season: Crouser 74-3¾ (22.65), Kovacs 74-¾ (22.57).

Says Crouser, "With no outdoor Worlds/Olympics it gives the possibility to peak for a couple other meets. Prefontaine, USAs, and DL Final are a few that come to mind. I will do a limited indoor season this year for Indoor WCs.

"The WR is definitely a goal for me this year. It has always been in the past but this year I feel that it is much closer than before."

Rather than reinvent the wheel, Crouser, 25, just has "some small technical cues that I've worked on, but nothing major. Training has been going well and I am ahead of where I had hoped to be. As far as targeting big throws, it's a combination

as well. I hope to put myself in the optimal position to break the WR and if it is going to happen it will."

#### Centrowitz & Murphy

Olympic 1500 winner Matt Centrowitz's PR, 3:30.40 from '15, is just 1.10 slower than Bernard Lagat's AR. Rio bronze medalist Murphy (see p. 18) is even closer in the 800, his 1:42.93 best from '16 just 0.33 off Johnny Gray's 32-year-old AR.

Last fall, Centro—now relocated from Oregon to the Washington, DC, area near his Maryland home turf—told *T&FN*'s Jon Hendershott, "I think ['18] will be about chasing fast times, because there is no Olympics or World Champs. You don't have to worry about peaking. If you run the fastest time of the year in June, who cares? I just think it's about getting after it this next year. No excuses."

Murphy has moved the opposite direction, from Ohio to Portland, where

the perfect setup for a record try, things like wind or rain on the day could throw everything off."

Eggs in more than one basket is the Ohioan's philosophy: "In no way am I diminishing [Gray's AR]. It has lasted so long just because it *is* so tough to beat. Yet you can't put yourself in a shielded bubble and think only about one race."

#### **Kendricks & Morris**

The two vaulters, both 25, have already breached metric milestones: Morris 5.00 (16-4¾), and Kendricks 6.00 (19-8¼). That puts each within 2 inches of an AR.

Morris already holds the outdoor AR with her 16-4¾ clearance from '16, but Suhr remains the absolute women's pole vault standardbearer with her indoor 16-6 (5.03), from that same year.

For Morris, '18, which she began at the PV Summit with her fourth-highest meet ever, 16-¾ (4.90), will be an exercise

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in adjusting to a new set of longer poles. She'll also be dancing on her "double-edged sword," her speed, the highest among current woman vaulters.

"I can almost jump just as high from 10 steps as I can from 14 steps even though I'm on a slightly shorter pole and from a shorter run," she explains, "because I accelerate so much that I almost have the same amount of speed and my technique is just so much better from 10 steps."

Her ongoing longterm project and would-be open-sesame, is attaching her best form to her fullspeed approach. Morris laughs and says, "My coach is just like, 'If you could just jump the same way from 14 steps as you do from 10 steps, you would be breaking the World Record right now.'

"And I'm like, 'Well, I'm glad you believe in me but I gotta figure out how to do that.'"

Kendricks' target is Brad Walker's 19-9¾ (6.04). Of his past 6 elite seasons, '14 was the only one in which Kendricks did not PR. He says, "Now my father [and coach] said a long time ago, 'Son, you don't have to jump any higher to please me.'

"I said, 'Thanks, Pop, OK, but I plan to jump higher. That's just the name of the game.' "

When Kendricks talks the record, he likes the present competitive climate.

"It's a funny thing," he says, "that this year in 2018 and last year in 2017 there were so many great jumpers that have not retired, that have the accolades that I have, that it may take an American Record to win a meet somewhere down the road. That's a crazy thought to say, 'I may have to jump the best of my whole [country's history] in order to beat somebody.'

"I have not put that out of my mind and I am prepared to do that when it comes to it."

#### Taylor & Claye

Whenever the former Florida triple jumpers meet—AR holder Taylor leads their lifetime headto-head 22–21—WR chatter ramps up. "All season that's all

we've talked about," said Taylor after their 1–2 at the World Champs last summer.

"I think now the pressure's off and now we can just have fun again. And I think that's really important that we don't lose that."

Taylor, with his 59-9 (18.21) PR from '15 trailing Jonathan Edwards' WR by just 3¼ inches, will follow his own advice in '18. He plans "on running the 400m this year in hopes of breaking the 45-second

#### The Already-AR Holders

Keep an eye on this crowd: more track or field athletes looking to improve their standards. Kendra Harrison, as the 100H WR owner, has pride of place.

"My main goals this season," Harrison says, "are to improve on my running mechanics and to work on my speed. So I will be running in some sprint races indoors and outdoors."

Lowering her 12.20, Harrison says, is "not a majority priority but I know if I improve in the areas I struggle in I have a good chance in breaking it. I tend to float at the end of my races so finding away to not too can definitely allow me to drop time."

Greatest upside among the rest (at least the rest not featured elsewhere in this issue, see Keturah Orji, p. 20)? For our money, Ajee' Wilson, for her relative youth.

The 23-year-old Wilson's 1:55.61 AR in Monaco last year preceded her bronze-medal run at the Worlds and her 600 AR (1:22:39) 2 weeks later.

barrier," he tells us.

"This is to allow for a needed mental break after the stress of 2 WC and Olympic games. But to also give the body a break from the pounding of the bounding in training in hopes of prolonging my career and decreasing the deterioration of joints.

"The WR is never too far from mind, but I'm hoping that if I stop chasing it, it allows for the opportunity of positively surprising myself. I still hope and dream to achieve it. But think that the sweetest

> moments in life are the ones we never planned to have."

Says Claye, who got his 58-9<sup>1</sup>/<sub>4</sub> (17.91) best at the '17 USATF, "I feel like it's going to be like who gets it last because once it's broken it's going to continue to get broken, you know. Once it happens it's just going to open new boundaries."

Of their impeccably friendly rivalry, Claye says, "We've been lighting it up each year together. I think for me it's just executing the right jump at the right time."



## 3. Is Coleman Ready To Be The Fastest?

#### by Lee Nichols

When a monarch relinquishes the throne, there's only one question on everyone's mind: "Who is the rightful heir?"

With the long sprint reign of Usain Bolt

now at an end, that would seem to be an open question.

Oh sure—inarguably Justin Gatlin is currently the king. He earned his royal title in London.

But on the cusp of 36 he's not only no spring chicken, doping allegations also continue to swirl about him. His hold on the crown might last only a little longer than Lady Jane Grey's.

So who's next in line?

With a season that saw only 2 losses—good for runner-up finishes at the world's two top sprint showcases, USATF and the Worlds—and a list-leading 9.82, and now an indoor debut with the fastest 60 ever (see p. 58) that would appear to be Christian Coleman.

But don't try to tell the former Tennessee Volunteer that.

"Honestly, who's to say that I'm supposed to be the 'heir to the throne'?" he asks.

If not him, then who?

"I don't look at anybody specifically as my biggest threat," he says. "I don't pay attention to that at all. I know I'm going to keep doing the things that got me to this point. I respect all my competitors, because there's so many people in America and around the world that have so much talent and they want to be the heir.

"A lot of people might consider me the next Bolt, but I just want to leave my own

legacy, continue to work hard, be ready to compete and when the time comes, run for a gold medal."

With the greatest sprinter of all time out of the way, what kind of time will it take to get that gold at Doha'19 and Tokyo'20?

Coleman exhales as he contemplates that.

"Something pretty fast," he says.

"I think if I just continue to work fast, I should be able to PR and peak even higher."

PRing for Coleman would certainly qualify as "pretty fast." While it's still

Coleman's 9.82 topped last year's list

a ways behind Bolt's superhuman 9.58, Coleman's 9.82—set in the NCAA semis last year—ranks him =No. 9 all-time.

It knocked a full 0.13 off his previous best, but Coleman wasn't surprised: "Not at all. I was due for something special.

"I had a great week of training and great training all year and a great coach and a system that had me ready to peak at the right time. Coach [Tim Hall] says if I execute and stay relaxed, the sky's the limit. He wasn't shocked. He knew it was within my reach. I was surprised it was in the semis, but I knew I was capable."

Now for improvement—with no major championship this season, '18 is a year to build.

"With it being my first full pro season, I just want to make sure I'm staying on task," he says. "One of the biggest things that people usually have when they turn professional, they have a transition year or maybe a couple of years that it takes them to go from being good at college to being good on the pro level.

"I want to make sure I don't have a transition year. I want to continue to run fast, make sure my name stays at the top of the field and continue to get better."

The transition, such as it is, is coming along well, he says.

"In my opinion, it's been fairly smooth. Only time will tell. I think I'm handling it well. A lot of things are different from college.

"The time to peak is different. The attention you get is different. There are a lot of things on my plate that weren't on there last year—making appearances and things. You have to set your own schedule—everything is up to you in terms of working hard.

"There's no teammates. Where you run, how you go about the season... you set up your own schedule to peak at the right time. In college all that is set up for you."

So if he's skipping the transition, what's the big plan? Are Bolt's WRs a goal either this year or in the future?

Coleman is determined to stay grounded, saying, "I wouldn't say

it's a goal. More like, it would be a dream come true, to be the fastest ever, that's anybody's dream. I like to set goals that are not necessarily realistic, but if I continue to stretch the talent I have, I might have the opportunity to reach it. I go for the win. Every time a championship comes around, it will be something fast. If it's a World Record, that's icing on the cake."

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MEN

# 4. How Will The Diamond League Work?

IN THE FIRST 7 editions of the DL, each of the 16 events was contested 6 times (for each sex) in the pre-Final meets.

For the '17 season there were only 8 such disciplines: 100, 200, 400, 800, 1500 / Mile, 110H, HJ & PV. The other 8 events—steeple, 3000/5000, 400H, LJ, TJ, SP, DT, JT—were cut to 4 appearances.

For '18, the 400H has moved back to the list of events contested in 6 non-Final meets.

As always, there is nothing (well, other than financial constraints) to stop individual meets from adding events that aren't on their DL roster, although they don't count in DL point totals.

One major change being tried out this year is the staging of Zürich and Brussels on back-to-back nights, rather than hav-

**Which Meets Have Which Events?** 

Only the 2 final meets have 16 events (Zürich and Brussels each having 8 men's events and 8 women's)...

Of the 12 "regular season" meets, 1 has 15 events (Lausanne, split 7/8), 6 have 14 events (Birmingham, Eugene, Rabat & Shanghai 7/7; Oslo & London 6/8) and 5 have 13 (Paris 6/7; Doha, Monaco & Stockholm 7/6; Rome 8/5)...

On 13 occasions—Monaco steeple; Rabat 5000; Brussels & Shanghai 110/100H; Lausanne, Oslo & Zürich 400H; London & Stockholm LJ; Brussels, Rome & Paris DT; Zürich JT—a meet will have the same event for both sexes. Last year there were only 4 such...

Some 1500s will be miles, some 5Ks will be 3Ks...

The event distribution for 2018:

```
Doha.....m200, 400, 800, 400H, HJ, TJ, JT
(May 04)
              w100, 1500, 5000, 100H, PV, DT
Shanghai......m100, 400, 800, 1500, 110H, PV, LJ
(May 12)
              w200, 100H, 400H, HJ, TJ, SP, JT
Eugene .....m200, St, 110H, HJ, TJ, SP, JT
(May 25-26) w100, 400, 800, 1500, 5000, 400H, PV
Rome ......m100, 400, 800, 1500, 400H, PV, LJ, DT
(May 31)
              w200, St, 100H, HJ, DT
Oslo ......m200, 1500, 400H, HJ, SP, DT
(June 07)
              w100, 400, 800, St, 400H, PV, TJ, JT
Stockholm.....m200, 800, 5000, 400H, PV, LJ, DT
(June 10)
             w100, 400, 1500, 100H, HJ, LJ
Paris .....m100, 1500, 110H, 400H, PV, DT
              w200, 400, 800, St, HJ, TJ, DT
Lausanne .....m200, 5000, 110H, 400H, HJ, TJ, SP
              w100, 400, 800, 1500, 400H, PV, LJ, JT
(July 05)
Rabat.....m100, 400, 1500, St, 5000, PV, JT
(July 13)
              w200, 800, 5000, 100H, HJ, TJ, SP
Monaco ......m200, 1500, St, 110H, HJ, TJ, SP
(July 20)
              w100, 400, 800, St, PV, SP
London ......m100, 400, 800, 5000, PV, LJ
(July 21-22) w200, 1500, 100H, 400H, HJ, LJ, DT, JT
Birmingham...m100, 400, 800, St, 110H, HJ, JT
(August 20)
             w200, 1500, 5000, 400H, PV, LJ, SP
Zürich .....m200, 400, 1500, St, 400H, LJ, SP, JT
             w100, 800, 5000, 400H, HJ, PV, TJ, JT
(August 30)
Brussels ......m100, 800, 5000, 110H, HJ, PV, TJ, DT
(August 31)
               w200, 400, 1500, St, 100H, LJ, SP, DT
```

ing them a week apart, hopefully providing a single big-bang ending to the year's big invitationals.

Once again, while athletes will still earn points in the first 12 meets, those points will serve only as a qualifying method to get into either Weltklasse or Van Damme, because they will not have anything to do with who wins the overall title.

The winner of the \$50,000 prize in each event in Zürich and Brussels will be the one who actually wins at that climactic meet. The finals will also offer another \$50K overall for the next 7 finishers, paid out as \$20K, \$10K, \$6K, \$5K, \$4K, \$3K, \$2K.

As always, the 12 qualifying meets will also have a prize structure, the 8-place distribution there being \$10K, \$6K, \$4K, \$3K, \$2.5K, \$2K, \$1.5K, \$1K.

The hammer, multi-events and walks remain out of the DL structure, but will once again have their own "Challenge" series. The hammer will pay 12-deep (\$30K, \$20K, \$15K, \$12.5K, \$8K, \$6K, \$4.5K, \$4K, \$3K, \$2K, \$1K, \$500), the multis 8-deep (\$30K, \$20K, \$15K, \$10K, \$8K, \$7K, \$6K, \$5K) and walks 8-deep (\$25K, \$15K, \$10K, \$8K, \$7K, \$6K, \$5K).

#### Which Events Are In Which Meets?

100 Shanghai, Rome, Paris, Rabat, London, Birmingham, Brussels
200 Doha, Eugene, Oslo, Stockholm, Lausanne, Monaco, Zürich
400 Doha, Shanghai, Rome, Rabat, London, Birmingham, Zürich
800 Doha, Shanghai, Rome, Stockholm, London, Birmingham, Brussels
1500/M. Shanghai, Rome, Oslo, Paris, Rabat, Monaco, Zürich
St Eugene, Rabat, Monaco, Birmingham, Zürich
3K/5K Stockholm, Lausanne, Rabat, London, Brussels
110H Shanghai, Eugene, Paris, Lausanne, Monaco, Birmingham, Brussels
400H Doha, Rome, Oslo, Stockholm, Paris, Lausanne, Zürich
HJ Doha, Eugene, Oslo, Lausanne, Monaco, Birmingham, Brussels
PV Shanghai, Rome, Stockholm, Paris, Rabat, London, Brussels
LJ Shanghai, Rome, Stockholm, London, Zürich
TJ Doha, Eugene, Lausanne, Monaco, Brussels
SP Eugene, Oslo, Lausanne, Monaco, Zürich
DT Rome, Oslo, Stockholm, Paris, Brussels
JT Doha, Eugene, Rabat, Birmingham, Zürich
WOMEN
100 Doha, Eugene, Oslo, Stockholm, Lausanne, Monaco, Zürich
200 Shanghai, Rome, Paris, Rabat, London, Birmingham, Brussels
400 Eugene, Oslo, Stockholm, Paris, Lausanne, Monaco, Brussels
800 Eugene, Oslo, Paris, Lausanne, Rabat, Monaco, Zürich
1500 Doha, Eugene, Stockholm, Lausanne, London, Birmingham, Brussels
St Rome, Oslo, Paris, Monaco, Brussels
3K/5K Doha, Eugene, Rabat, Birmingham, Zürich
100H Doha, Shanghai, Rome, Stockholm, Rabat, London, Brussels
400H Shanghai, Eugene, Oslo, Lausanne, London, Birmingham, Zürich
HJ Shanghai, Rome, Stockholm, Paris, Rabat, London, Zürich
PV Doha, Eugene, Oslo, Lausanne, Monaco, Birmingham, Zürich
LJ Stockholm, Lausanne, London, Birmingham, Brussels
TJ Shanghai, Oslo, Paris, Rabat, Zürich
SP Shanghai, Rabat, Monaco, Birmingham, Brussels

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DT...... Doha, Rome, Paris, London, Brussels

JT...... Shanghai, Oslo, Lausanne, London, Zürich

# 5. What Can Lyles Do In A Full Season?

#### by Sieg Lindstrom

He raced just 6 times outdoors in his first pro campaign, 5 of those outings be-

fore he turned 20, but Noah Lyles closed the '17 campaign triumphantly hugging a Belgian Smurf mascot after winning the 200's Diamond League crown.

How can he top that in '18? Six ways to Sunday, it would seem if you talk to him. Given a full healthy year, Lyles intends to show us what that means.

"Overall impression?" Lyles asks for clarification when queried about '17. "I had a blast. This is my dream. I'm living my dream right now."

In his first post-high school campaign Lyles took the 300 World Record down to 31.87 indoors.

Outdoors he World Ranked No. 2 in the 200 after a 19.90 Shanghai DL win, an untimely injury that scratched him from his USATF semi and then an outof-lane-9 victory in Brussels.

"Even though I had a low with the injury, a little bit of a hamstring tweak, I was still able to have a strong team around me and we were able to come back for the last

Diamond League meet and just pull out a win," he says.

Throughout Lyles' 2-month-plus break from the circuit to heal his leg, '18 and the rest of his future was consideration No. 1. Prudent in that the post-Bolt 200 era has begun and the half-lap's leadership spot is up for grabs.

"We didn't want to have an injury that we have to nurse back going into the next season."

As such, Lyles and his Clermont, Florida-based coach Lance Brauman dropped planned meets—including the Birmingham DL—until they felt secure, and Lyles squeaked into the DL final on the points from his Shanghai win.

As he loosened up in Brussels, Lyles recalls, "It was raining and damp, I had

Injury robbed Lyles of most of his rookie season as a pro

all my warm clothes on, listening to my music. I'm getting excited and I'm running down the track and warming up and I took off my earphones and I looked at my coach and I said, 'Coach, we made the right decision. All the meets that we pulled out of are going to pay off today.'

"And I said, 'I'm gonna win this race.' And I'm looking at everybody, I'm looking at the world champ [Ramil Guliyev] watching him do his blocks. I'm looking at Ameer Webb and watching him do his, and I'm also looking at Nethaneel Mitchell-Blake and watching him do his, and I'm like, 'No, I'm gonna win this race.' "

When his stretch drive carried him home 0.01 in front of Webb with Guliyev

another tick behind, Lyles had proven himself right. "And then I went over and hugged the Smurf, he says, "because my

mom "had told me, 'If you win you have to smug the Smurf.' "

The coming season will see an improved Noah Lyles, he predicts, because '18's learning curve has already proven gentler than last year's.

A year ago, he says, "We were just learning how to lift. Lifting was one of the bigger things because we didn't do a lot when we were in high school."

Fast forward through a year of Brauman's regimen alongside his training partner brother, Josephus, and Lyles notes, "A few weeks ago, I was doing power cleans and I looked at my weightlifting coach and I said, 'Wow! This is so different now that I don't have to learn how to lift.'

"It's really exciting to go into this next season. Now I know I have a base where last year I didn't.

"There was a point in the fall training [last year] where I didn't wake up and I wasn't sore."

Lyles expects further exploration of his potential this year, and not just in the 200,

in which he was disappointed to equal, not succeed, the then-world lead with his PR in Shanghai.

This past October, he says, "I was sitting there in the weightroom and I turned to my coach and I said, 'Coach, I want to be the World Indoor 60 champion.'

"And he said, 'Good, that's what I want too.' Alright, we're on the same page. And my weightroom coach was there and he said, 'Yeah, I'd like that too.'

"Good, good, good, we're all on the same page. Let's get to work."

Lyles is clear: "I feel like I have a lot more to give and with the program I'm in with Coach Lance Brauman, I feel like we can definitely reach that potential."

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# 6. Just How High Can Mondo Go?

#### by Becca Gillespy Peter

After a '17 season that vaulted Mondo Duplantis from precocious prep prodigy to World Championships finalist (and

No. 6 in the World Rankings), he enters the '18 campaign with big goals: a 6m (19-81/4) jump and a medal at the World Indoor.

Looking back on last year, Duplantis realizes that for his body it was just one long competition. He never took a break between the indoor and outdoor seasons and peaked too early—setting the World Junior Record of 19-41/4 (5.90) on April 1—a problem he hopes to remedy this year.

After spending the summer competing against the world's best, Duplantis is more aware than ever that his speed and strength are "not even close to where they need to be."

A cold fall and winter in Louisiana left him with little desire to vault outdoors, and he has no access to an indoor facility.

Instead, his fall training focused on getting stronger and faster, and the efforts seem to have paid off as his body matures.

"I'm a little taller than last year," he says. "Maybe 6-feet [1.83] now. I guess maybe I'm about 8–10lb [c4kg] heavier than last year. About 160 [73kg]."

Although he surpassed father Greg's PR of 19-¼ (5.80) last year, he says his dad in his prime was much faster, musing, "Hopefully I'll get some more of that speed from him later."

His increased speed and strength were on display the second week of January at Reno's annual Pole Vault Summit (see p. 58), where he discovered his biggest poles are now too small, and had to borrow a longer one from a competitor to clear a HS Indoor Record 19-1½ (5.83).

While most vaulters would hesitate to switch pole lengths in the middle of a competition—especially on a third attempt—Duplantis had no doubts. As soon as he planted the pole, he knew he would clear.

After the competition, Duplantis re-

ceived a text message from WR holder Renaud Lavillenie asking what pole he had used. It turned out that the day before, Lavillenie had jumped a world-leading season, Duplantis hopes to surpass the Collegiate Record before he even begins at LSU and become the first frosh to win the Bowerman Award.



19-¾ (5.81) on an identical implement, a 5.10m length pole with a flex number (stiffness) of 14.6.

Duplantis is looking forward to using the longer implements this season, and was pleased that he was able to clear 5.80-plus with a less than perfect jump.

He plans to continue his indoor season with a few competitions at LSU, then he will travel to Europe to compete in the All-Star Perche meet hosted by Lavillenie, followed by the World Indoor, where he will again represent Sweden.

Outdoors, he is undecided as to what his prep season will look like, but his summer plans include Diamond League meets, the World Juniors and the European Champs.

Killing speculation he might turn pro in high school, last fall Duplantis signed with LSU, the university his parents and brothers attended, and the only school he has ever expressed any interest in.

Looking well ahead to his '19 collegiate

When he speaks about the vault, Duplantis sounds like an experienced veteran. The question he hates most is "When did you start jumping?"

His response is, "I don't even remember, I was so young."

He grew up around professional vaulters and coaches and has been competing in international championships since age 15.

Yet Duplantis is barely 18, still a senior in high school. He says at high school meets sometimes the other athletes are awkward around him, but most of the vaulters in his area are the same group of kids he has been competing against since he was a frosh, so they are used to him.

His entire career to date has defied expectations and belief, much to the delight of vaulting fans worldwide. His story has inspired local filmmaker Brennan Robideaux to begin a documentary about him last year, called *Born To Fly*.

Filming continues this year, one in which all signs are pointing up.

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## 7. What Do Our Readers Think Of Digital?

IF YOU'RE READING THIS you already know that the print edition of Track & Field News is now history.

Here's what some of your fellow fans think. Some contacted us directly by e-mail, others posted their thoughts on our message board:

**SORRY** to hear of your need for changes, but I understand. Still, after 48 years as a print subscriber, I will miss relaxing with a bedtime reading of *T&FN* in print –and being off my computer to do it.

I've been saving your Annual, Olympic and Worlds issues for the many years and will miss future print editions of them. I find myself referring back to them months and even years after their initial arrival and it just won't be the same having to access a file on a computer instead of the magazine itself.

—Joe Vissichelli

**SORRY**—this ain't gonna work, guys.

I just got the first of your e-mail articles as you migrate to all-digital. While I'd be happy to read the article

in print I just don't want to bother reading it sitting here with a laptop.

It ain't the same.

You really ought to re-consider your (what I consider to be a) catastrophic decision to go all-digital. I for one am not going to re-subscribe. Many others will do the same. Your attempt to stay solvent by going digital is going to be the end of you.

-Richard Weinstein

**SO** what am I supposed to read while I'm sitting on the toilet?

—"mcgato"

**EASY** to sanitize an iPad screen, but electronics aren't usable as wiping fodder in a pinch.

-"Merner521"

**WOW.** I gotta admit, I thought that was some kind of practical joke. I understand the business aspects, but I'm still exceedingly sad.

I'm going to guess that I will end up printing it out as I do eTN.

End of an era, indeed.

—"Atticus"

I GUESS all good things must come to an end. It's the price of progress.

—"jazzcyclist"

I KNOW that 100 years from now people will look back on our time and think how quaint it was for print versions of any journal or newspaper to have still been around, but

for those of us who grew up in the paper age it is a bit sadly nostalgic to see the end of an era (even as we recognize all the advantages of online publishing).

Track & Field News

Cromwell Named Olympic Coach

The first print edition:

**February 1948...** 

oor Season

ts Fast Start

SCHEDULE OF MEETS

Votoran Genis Shere Runs 440 in 47.8 IF YOU ARE A TRACK FANTHIS PAPER IS YOURS YEAR IN HISTORY

Track & Field News Free Subscriptions
Designed To Fill
Gup in Track World For Track paper
In Resked File
Track World For Track paper
In Resked File
Two Events

P. MULLINS TOPS AUSSIE STARS —David Graham

I MAY be one of your most loyal subscribers. I've been enjoying your magazine for 60-plus years. And I'll continue subscribing whether you send it by mail, the Internet or smoke signals.

That's because you and your staff consistently do a great job. So, by the way, does your tour staff.

I'm sorry that doping has so damaged our sport and that the digital age has victimized so many fine publications.

—Shep Campbell

**SMELLED** it coming ever since the e version started. No use saying anything more.

Beyond sad for me. The memories, the memories.

—"dukehjsteve" **AS** someone who has

spent the last 40 years colery edition of TFN this is just very.

lecting every edition of TFN this is just very, very sad.

—"Rich22"

VERY sad day indeed. I was thinking about just this the other day and wondered when it was coming. I guess I'll need to get a tablet now to read in the bathroom.

GREAT DIS

—"highjumpfan"

**NEEDLESS** to say, I'll miss it. That was my bedtime reading for decades.

-"Pego"

EACH month in HS I would catch a 20min train, then walk 20mins to go to the only magazine shop in Wellington that sold @ tandfn to see what times the fastest American kids were running.

—Kiwi miler Nick Willis on Twitter

FOR some odd reason I have always renewed my subscription annually, despite knowing that I would be a subscriber forever. With the new rates in place, I realize 2017 was the year I should have gone for the 3-year renewal.

Oh well. I'm thankful for all that T&FN has

meant to me over the years and I'll be happy to pay more to help keep it going.

That said, I worry that the new price might result in a reduction in the number of knowledgeable track fans, which is never good for the sport.

-"wamego relays champ"

I SWITCHED over to the e-version maybe just under 2 years ago and, maybe I'm alone, but I couldn't imagine going back to print.

The ability to quickly pull up the magazine on my phone to look something up from an old issue has been golden. I've only been subscribed since 2009, but collecting the magazines became a slight struggle.

Granted, the feel of a magazine is irreplaceable as is the excitement I got when I saw it in the mail.

—"ATK"

ITOTALLY understand the decision. I also know you haven't raised rates in many years.

I'm a bit disappointed as reading the mag (my only subscription) in the bathtub was some great "me" time. I never did drop an issue in the water. Not sure if I trust myself with an electronic tablet though!

—"Fortius 19"

I HAVE been worrying about this for years. It's beyond sad and I will miss the paper version. Have been subscriber since July 1958. \$79 a year is fine with me. It sure is worth it.

—"Per Andersen"

I FOUGHT the good fight for a few years.

I stuck to paper.

Then I started getting the newspaper only on weekends and reading some of the subscriptions online.

Reading the Sunday paper was always a great experience to me.

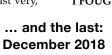
Eventually I was reading every subscription I had online and only reading the Sunday paper while sticking to online the rest of the days.

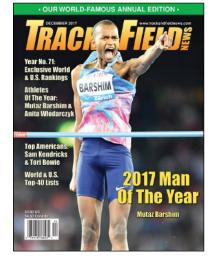
Then something happened. One Sunday morning, the Sunday newspaper didn't show up. I had nothing to read. I went online, plopped my reader

(aka laptop) on the table and started to read.

Somehow, I did not spontaneously combust. The next day I cancelled my newspaper delivery. While I appreciate the value of having the magazine in hand, I'll take an e-copy any time.

—"NotDutra5"

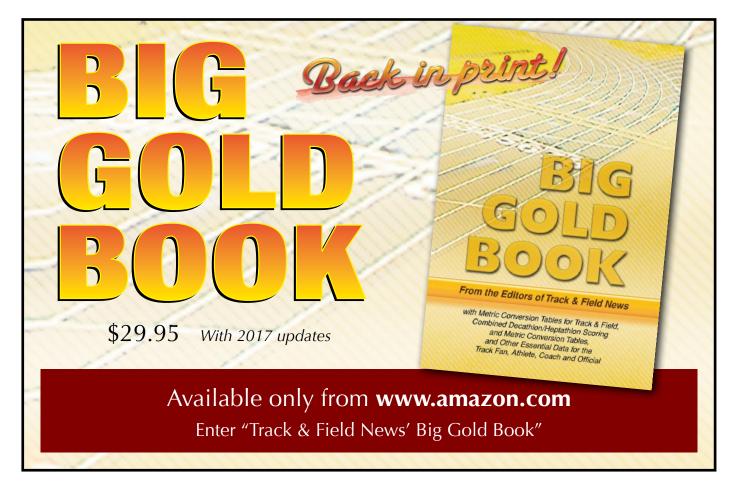




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# Coming Off The Shelf

Some big-name U.S. performers fight their way back from sit-downs of various kinds

#### **Clayton Murphy**

After rushing to a PR 1:42.93 to claim the Olympic 800 bronze just a couple of months after turning pro a year early, Clayton Murphy carried that momentum forward into '17.

His outdoor debut saw the Akron alum produce a stellar 1:43.60 victory at Mt. SAC, the fastest ever by an American in April.

A week later he anchored the successful U.S. defense of its World Relays 4x8 title.

Then in late May he slashed his mile best at the Pre Classic by nearly 4 seconds to 3:51.99.

He had earlier announced he would try an 800/1500 double at USATF, tough enough anytime but an effort made all the more arduous by Sacramento's searing mid-June heat. On the final backstretch of the 1500 final, Murphy's season unraveled.

Hamstring cramps hit and he slowed drastically, eventually coming in last. He then scratched from the 800 final after having logged 4 races in 3 days in the brutal conditions.

"I did everything I could to prepare," he says, "from hydrating to training on hot days at the times of the Nationals races. The hamstring problems were always there to a degree. The heat didn't cause the problems; it just exacerbated them."

Murphy tried to recoup for the second half of the summer, but managed only one race before ending his season, taking a much-needed mental break as well as regaining his physical health.

But now the 22-year-old Ohio native is off to a new start after joining the Nike Oregon Project and moving to the Portland area to be guided by Alberto Salazar.

Murphy started his '18 season with a pedestrian 1:51.44 victory at the Washington Preview in mid-January.

"I just wanted to execute a solid race in Seattle and I did," he says. "I knocked off the rust and got a good gauge of where I am in training. It's been awesome to be a part of the Oregon Project group and train with some great guys."

He adds, "I'm in a big training block right now but the first major goal for '18 is to win the U.S. Indoor 800, then make the podium at the Indoor Worlds."

He clarifies, "My focus is just on one major goal at a time. After indoors, Alberto and I will talk about outdoors. But we certainly aren't afraid to aim at Diamond League-level races."

Of the disappointments in '17, Murphy feels, "Last year was the best opportunity for me to grow mentally tougher as well as physically. You learn to fight through the hard times. It wasn't how I wanted the year to end, but it helped mold me into a better runner." /Jon Hendershott/

#### Barbara Nwaba

After making her Olympic debut in Rio Barbara Nwaba was ready to pick up in '17 right where she'd left off, as the nation's No. 1-rated heptathlete.

Her year began with a solid 4376 score in the pentathlon, and she was running a close 2<sup>nd</sup> after 3 of the 5 events at the USATE Indoor.

But while getting ready to long jump, a pain in her left knee surfaced and she could barely run. She scratched the rest of the meet and before long was forced to shelve any outdoor ambitions thanks to a diagnosis of a stress fracture in the



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medial femoral condyle.

It was a tough break for the UCSB grad, who set her heptathlon PR of 6500 to win the '15 USATF title. She captured the Olympic Trials crown the following year in a near-PR 6494, but was disappointed to only finish 12th in Brazil.

By last August she thought she was fully recovered. Unfortunately the pain returned within a month and it wasn't until early-December that she was able to resume training.

With no major championships on the schedule this summer, she's taking a lowkey approach to her comeback.

"My goals are pretty much just to get back out there and do the events without any pain," says Nwaba, now 29. She hopes to line up for the big multis festival in Götzis, Austria, in late-May.

"I'm not sure what my times or marks will be," she admits. "That's fine for now if they're not as good as they were. I want to start getting back into it to the point where I'm not losing any more time or experience."

Her big goal is focused a couple of years into the future. She hopes to atone for her anticlimactic performance in Rio, where she struggled mentally after the high of winning the Trials.

"I just want that moment to prove to myself that I can hang with the best," she explains. "I hope to go into the 2020 Trials a little bit more relaxed, but still on a mission, and then take

everything that I have into the Games." /Rich Sands/

#### Jake Blankenship

At last year's Pole Vault Summit Jake Blankenship's health problems came to a full head. In retrospect, that was a good thing.

"It had been lingering for several years," the 23-year-old Tennessee alum says of an injury he thought was to his hip.

It—a sports hernia which required surgery that ended his 2017 season—wasn't

lingering any more in Reno this year.

The net result is a healthy start to 2018 and the whole new attitude that comes with that.

"I wouldn't say I wasn't confident, but every time down the runway you don't feel your best, you don't feel like you're

A sports hernia made '17 a noheight year for Blankenship

at your best, it takes a little bit away," he said this January as he was boarding a plane from Knoxville to Reno for his return to competition.

"It's a lot easier to run when you feel your best. I definitely feel my confidence is way better."

That's certainly one less thing to worry about as he continues his transition into the professional ranks. He's still training at Tennessee, where he finished his 5 years of study to get his degree in electrical engineering. This year that entails working

close to fulltime, though with a flexible schedule that allows him to vault.

"The transition [last year] was pretty easy," says the '16 NCAA champion. "It took me 5 years to get my degree so last year I was still in school, it felt pretty much the same. I was still able to have

the college schedule. Now I'm an electrical engineer full time, but I have a job where I can set my hours so it works out well."

As for competition goals, "It's going to be a pretty mellow indoor season, I'm putting all my eggs outdoor," he says. "My goals are pretty technical, but the biggest thing is being aggressive, being committed to jumping, being confident, the results will come."

That's easier to do with a clean bill of health. /Bret Bloomquist/

#### Keturah Orji

In a slightly different world, one where her calf injury didn't reach a tipping point in the aftermath of the USATF Championships last year, triple jumper Keturah Orji would have been in London for the Worlds, she could have tried to build on that almost-podium 4<sup>th</sup> she got in the Rio Olympics, and who knows where she would be now.

"I wasn't jumping all that well in outdoor, but if I had done well at Worlds, maybe [going pro] would have been an option," the 21-year-old

Georgia senior says. "As it was, it really wasn't an option."

So Orji, who raised her American Record to 48-3¼ (14.71) at the Games, enters this year still wearing the red & black of the Bulldogs.

She's still focused on national championships and erasing that 1.8-point margin her team lost by to Oregon last June in Eugene, still experiencing a bit of calf pain but overall feeling much better.

"Sometimes I feel it a little, but it's a lot better," she says of the injury that

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#### Off The Shelf — cont

was diagnosed as inflammation of the fibular head. "I opened up a little better last year [she went 21-2 in the long jump at Clemson to open this year's indoor campaign], but I didn't have pain and I felt good about my run."

In fact, her run, particularly in the triple jump, is going to be a focus this indoor season.

"I'm doing more short approach in triple jump rather than more steps," the New Jersey native explains as she seeks to add to her total of 5 NCAA titles. "That slows down my speed so I can focus on my technique."

As for outdoors, she wants to find that Olympic magic and start replicating it weekly.

"I want to be more consistent," she says. "That 14.71 in Rio is pretty far past my average, I want to average closer to that consistently."

She brought that average up in her indoor debut this year (see p. 58), adding almost a foot to her American and Collegiate Records with a 47-8 (14.53) that also equals the absolute CR. /Bret Bloomquist/

#### **Candace Hill**

You perhaps didn't know that HS Recordholder Candace Hill had to go "on the shelf" last summer. But you probably noticed the World Junior 100 champ's '17 results weren't up to '15's or '16's and that she disappeared after USATF. Oh, yes, she admits, she crashed and burned last year but did repeat as U.S. Junior titlist.

"I had an iron deficiency," Hill explains, "and that caused me to not have the energy to be able to go through workouts and to go through rounds at the meets."

Taking four AP classes plus Science Fair at her rigorous magnet school in Georgia, Hill bit off more than she could chew as a prep senior/pro sprinter.

"Over time I wasn't properly treating my body well, I wasn't eating right, I wasn't hydrating properly, I wasn't getting enough sleep because of stress from school," she says.

Hill bottomed out in her USATF senior champs 200 semi, placing 8th before medics diagnosed her anemia, and she cut short the season for treatment and recovery.

Now ensconced in a University of

Georgia dorm as a Business/Finance major, Hill is a volunteer assistant for the Bulldogs and churned through fall endurance work with the collegiate 400 crew.

"I have energy again, Hill says. "I'm also watching my nutrition, and so I'm properly feeling my body. Now that I'm in college I'm only taking two classes a day, I'm getting 8 hours of sleep." Her mojo is back.

"For 2018 I'm just ready to be back to the old Candace who is winning every race, who is breaking records; the old Candace who was just confident and happy to run," she says.

"I'm happy, I'm looking forward to this season. I feel very, very strong as opposed to last year." /Sieg Lindstrom/

#### **Boris Berian**

After emerging globally in '15 with a still-standing PR of 1:43.34 that put him at No. 4 on the yearly world list, Boris Berian used the '16 campaign to full advantage, solidifying his international reputation.

In the Olympic year, he won the U.S. Indoor title before frontrunning to the World Indoor gold on the same Portland oval.

Outdoors, he won the Pre Classic, then took 2<sup>nd</sup> in the Olympic Trials. He then went all the way to the Rio final, placing 8th and earning No. 10 in the World Rankings.

But, the 25-year-old Colorado native reveals, "I did it with a small tear in my left Achilles. I first noticed pain in the tendon after a sprinting workout in the spring of '16.

"But it was an Olympic year and I had to make the team, so I just gutted it out in training. I got worried whenever we did any fast training. But I just tried to ignore any pain."

But by the spring of last year, Berian had to face the fact that the pain wouldn't go away. So coach Carlos Handler and the Big Bear TC therapist recommended a doctor who treated Berian's balky tissue with protein-rich platelets (PRP) injections.

Berian thus had to accept that he couldn't run at full fitness. He recalls, "I was pretty upset, but I also knew that I had to get healthy. I was able to get back to pretty much full training by around last October."

Berian has been logging about 45 miles per week, adding in some speedwork as the indoor season unfolds. He plans to race in several undercover contests as well as try to defend the indoor titles he scored in '16.

He says, "Carlos's wife [international mid-distance vet] Brenda Martinez helped so much last year, just giving me mental perspective and keeping everything positive.

"I want to get back into the rhythm of racing this outdoor season," he adds, "and run as many Diamond League races as I can." /Jon Hendershott/



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# **NCAA** Men's Eligibles

The top 15 performers—NCAA Division I only—for the '18 *outdoor* season are listed in order of their PRs (sometimes with slower notable people at the end). The column on the right is the finish in last year's outdoor. If the athlete didn't compete in the outdoor, then the indoor finish ("i") is given. A slash followed by another number/letter indicates competition in a different event.

Symbols: h=heat; sf=semi; fs=false start; rs=redshirt; hs=high school; int=international; jc=junior college; inj=injured; dnf=did not finish; dnc=didn't compete at nationals; dnq=didn't advance from field qualifying. Classes (outdoors): \*\*\*=frosh; \*\*=soph; \*=juniors; all others are seniors.

#### **100 METERS**

9.93	Cameron Burrell (Houston) 2
10.00	Jaylen Bacon (Arkansas St) 5
10.01	Cejhae Greene' (Georgia)3sf
10.05	.***Hakim Sani Brown' (Florida).int
10.06	*Kendal Williams (Georgia)8sf
10.07	Kenzo Cotton (Arkansas)3sf
10.11	Elijah Hall (Houston)dnc-qf
10.12	Tony Brown (Alabama)5sf
	Jalen Miller (TCU)dnc-sf
	Damarcus Simpson (Oregon)4sf
10.13	*Andre Ewers (Florida State)jc
10.15(A)	Julius Morris' (Wn Ky) dnc-sf
10.17	*Mario Burke' (Houston)4sf
10.18	*Ryan Clark (Florida)6sf
(A)	Emeilo Ferguson' (TCU) 7qf
	**Maxwell Willis (Baylor)6sf

#### 200 METERS

200 IVIE I ENS
20.12Jamiel Trimble (AF)7sf
20.14**Michael Norman (USC) 4/400
Ncincilili Titi' (SC)3sf
20.15 Renard Howell' (LSU) rs
20.18 Jaylen Bacon (Arkansas St) 8
20.20*Cravon Gillespie (Oregon) rs
20.21 Elijah Hall (Houston) dnc-h
20.24*Jaron Flournoy (LSU)5sf
20.26*Kendal Williams (Georgia). dnc-sf
20.28(A)Julius Morris' (WnKy)dnf-qf
20.29(A)*Correion Mosby (LSU)jc
20.32***Hakim Sani Brown' (Florida).int
20.35 Kenzo Cotton (Arkansas)6sf
20.38*Nick Gray (OhSt)7sf
20.39**Maxwell Willis (Baylor)5sf

#### **10 Frosh To Watch**

- 1. Corey Poole (Florida) 400H
- 2. Vernon Turner (Oklahoma) HJ
- 3. Ben Veatch (Indiana) 5000
- 4. Jordan Geist (Arizona) SP
- 5. Johannes Erm (Georgia) decathlon
- 6. Jakub Andrzejczak (Florida St) LJ
- 7. Zach Shinnick (USC) 400
- 8. Hakim Sani Brown (Florida) 100
- 9. Kevin Arreaga (Miami) HT
- 10. Tripp Piperi (Texas) SP

#### **400 METERS**

44.19**Nathon Allen' (Auburn) 2
44.47*Wil London (Baylor)8
44.60**Michael Norman (USC) 4
44.74**Akeem Bloomfield' (Auburn) 5
44.85 Mylik Kerley (Texas A&M)4st
44.97 Steven Solomon' (Duke) rs
45.01 Steven Champlin (Texas T) 4qt
45.07 Nathan Strother (Tennessee)4st
45.13*Kahmari Montgomery (Hous) 6h
45.20***Zach Shinnick (USC)hs
45.21**Raymond Kibet' (Tulane)5st
45.27*Izaiah Brown (Rutgers)in
45.43 *Kunle Fasasi' (Florida) 6qt
45.44Ricky Morgan (USC)5st
45.45*Mar'yea Harris (Iowa)4st
*Jhon Perlaza' (Liberty) int

#### **800 METERS**

1:44.53 *Isaiah Harris (Penn State) 2
1:44.61 **Michael Saruni' (UTEP) 8
1:45.71 **Devin Dixon (Texas A&M) 7
1:45.73 Joseph White (Georgetown) 3
1:46.26 *Robert Heppenstall' (WF) 4
1:46.42 Daniel Kuhn (Indiana)rs
1:46.53*Jonah Koech' (UTEP)8qf/1500
1:46.62 Abraham Alvarado (BYU) rs
1:46.70 Dylan Capwell (Monmouth) rs
Charles Jones (Texas Tech)7sf
1:46.87 Collins Kibet' (Arizona)rs
Ryan Manahan (Mississippi) 4qf
1:46.97 *Vincent Crisp (Texas Tech) 5h
1:47.09 Clay Lambourne (Utah St)3sf
1:47.29 **Domenic Perretta (PennSt)8sf

#### **1500 METERS**

3:35.99 *Josh Kerr' (New Mexico) 1
3:36.63+ Sean McGorty (Stanford) rs
3:37.35+ Robert Domanic (Mississippi) rs
3:37.79 Sam Prakel (Oregon) 7qf
3:38.33+*Morgan McDonald' (Wisc) dnc
3:38.40 Ben Saarel (Colorado) 8
3:38.62 **Matthew Maton (Oregon) rs
3:38.86+ Blake Haney (Oregon) 11
3:38.96 Andy Trouard (Nn Arizona) rs
3:39.23Justyn Knight' (Syracuse)3/5K
3:39.34 Garrett O'Toole ((Princeton). 10qf
3:39.45+ Sean Tobin' (Mississippi) rs
3:39.65 *James West' (Oregon) int
3:39.82 Ben Malone (Villanova)inj
3:39.92 Neil Gourley' (Virginia Tech) 5

ERROL ANDERSON/THE SPORTING IMAGE



## Allen figures to churn out some quick laps for Auburn.

#### **STEEPLE**

<u> </u>
8:32.48 Brian Barazza (Houston)rs
8:32.92 Scott Carpenter (Georgetown) 5
8:34.04 Jakob Abrahamsen' (EnKy) 5h
8:34.19Jamaine Coleman' (EnKy)6sf
8:34.32 Bryce Miller (UMKC)rs
8:35.38 Troy Fraley (Gonzaga)
8:36.40 *Emmanuel Rotich' (Tulane) 9
8:36.51 Troy Reeder (Furman)
8:36.65*Bailey Roth (Arizona)11
8:39.34**Aidan Tooker (Syracuse)12sf
8:42.85 *Noah Schutte' (Portland) 12
8:43.19Adam Peterman (Colorado)inj
8:43.23 **Jacob Heslington (BYU) 10
8:44.46 Max Benoit (Michigan St) 4h
8:44.47 Andrew Gardner (Washington)inj

The top returning placer from last year is highlighted in blue

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#### **5000 METERS**

13:15.83*Morgan McDonald' (Wisc) dnc
13:17.51 Justyn Knight' (Syracuse) 3
13:24.25 Sean McGorty (Stanford)rs
13:30.13 *Grant Fisher (Stanford) 1
13:34.28 Mike Tate' (Southern Utah) 10h
13:34.85 Colby Gilbert (Washington)inj
13:36.43 Andy Trouard (Nn Arizona) rs
13:38.15 Jack Bruce' (Arkansas) 2
13:38.81 Colin Bennie (Syracuse) 20/10K
13:39.90**Jacob Choge' (Mid Tenn) 21
13:40.66*Alex George' (Arkansas)dnf-h
13:40.72 Jack Keelan (Stanford)inj
13:41.17 Dillon Maggard (Utah State) .6XC
13:42.42*Vincent Kiprop' (Alabama)DII
13:42.57*John Dressel (Colorado) 8

#### **10,000 METERS**

28:04.95 Alfred Chelanga' (Alabama) 11
28:11.80 Jerrell Mock (Colorado St) 10
28:19.94*Vincent Kiprop' (Alabama)7XC
28:36.20*Andrew Ronoh' (Arkansas) rs
28:42.31**Jacob Choge' (Mid Tenn) 14
28:45.36*Clayton Young (BYU) 17
28:45.83 Grant Fischer (Colorado St) 12
28:46.07*Tyler Day (Nn Arizona)3XC
28:47.55 Jacob Thomson (Kentucky) 22
28:48.38*Robert Brandt (UCLA)dnf-h
28:51.75 Arsène Guillorel' (Samford) 4
28:52.46 Clark Ruiz (Michigan State) 28h
28:52.72 Colin Bennie (Syracuse) 20
28:54.86 Hassan Abdi' (Oklahoma St) dnf
28:58.74*Rory Linkletter¹ (BYU) 2

#### **110 HURDLES**

13.30 Ruebin Walters' (Alabama) 2
13.39 **Grant Holloway (Florida) 1
David Kendziera (Illinois) 3
13.47Isaiah Moore (South Carolina) 8
13.50 Ashtyn Davis (Cal) 4qf
13.51 Angelo Goss (Syracuse) 6h
13.56*Marquis Morris (USC)6
13.59*Amere Lattin (Houston)7sf
13.62Jamiel Trimble (Air Force)5sf
13.67*Michael Dickson (NC A&T) 7qf

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	STANFORD	S	in man	
	rant Fisher Part of a start	S S		
		Justine Knight		
				2
			The first 3 in t	·he
			5000 – Fisher, B & Knight – are b	ruce
		The state of the s		ALCOHOLD THE SECTION OF

13.68*Chad Zallow (Youngstown)3sf
13.69 Antoine Lloyd (Nebraska)4sf
13.71Tony Brown (Alabama) 5sf/100
13.75 Misana Viltz (Cal)8sf
13.76*Michael Nicholls' (Georgia)8sf

#### **400 HURDLES**

48.33*Rai Benjamin' (USC)	2
48.49 Kemar Mowatt' (Arkansas)	3
48.60 Kenny Selmon (N Carolina)	4
49.00 David Kendziera (Illinois)	7

In the 4x4, defender Texas A&M lost a huge leg in Fred Kerley, but brother Mylik, who split 44.2 last year, will be getting solid back-up.

Last year runner-up Arkansas didn't even use world-ranked 400 hurdler Kemar Mowatt at the big meet.

Florida could be big, even after losing three legs. Kunle Fasasi has run 45.43, and newcomers Chantz Sawyers (46.35) and Benjamin Vedel (45.85) should ably complement Grant Holloway (43.88r in last year's NCAA final).

Only losing one, Iowa State may still be solid. Texas Tech, in the same position, brought in prize frosh Sean Hooper (45.86).

49.15 Robert Grant (Texas A&M) 8
49.45*Taylor McLaughlin (Michigan).4sf
49.88hs
50.02(A)*Okeem Williams' (Alabama)jc
50.10**Norman Grimes (Texas T)inj
50.32**Jaelen Williams (Hampton)5sf
50.39 Gregory Chiles (Virginia Tech).7sf
50.55 Andrew Neal (Nebraska) 4h
50.57 Max Scheible' (BYU)6sf
50.59*Austin Corley (Wichita State) 8qf
*Amere Lattin (Houston) dnc-sf

#### **HIGH JUMP**

7-7¾ Trey Culver (Texas T) 2
7-6***Vernon Turner (Oklahoma)hs
7-5¾Christoffe Bryan¹ (Florida St) . 1
*Tequan Claitt (En Kentucky) dnq
7-51/4Randall Cunningham (USC) dnq
*Keenon Laine (Georgia) =4
7-5**Jah-Nhai Perinchief' (Ark)jc
***Tejaswin Shankar' (Kans St) int
7-41/2 **Clayton Brown' (Florida) =9
(Georgia)inj
Tye Williams (South Carolina) . =4
7-41/4**Brenton Foster' (Manhattan) .inj
7-4**Darryl Sullivan (Tennessee) dnq
7-3¾ Landon Bartel (Nebraska) 15
NaTron Gipson (Kansas St)inj
*Shelby McEwen (Alabama)jc
*Jordan Wesner (Memphis) dnq

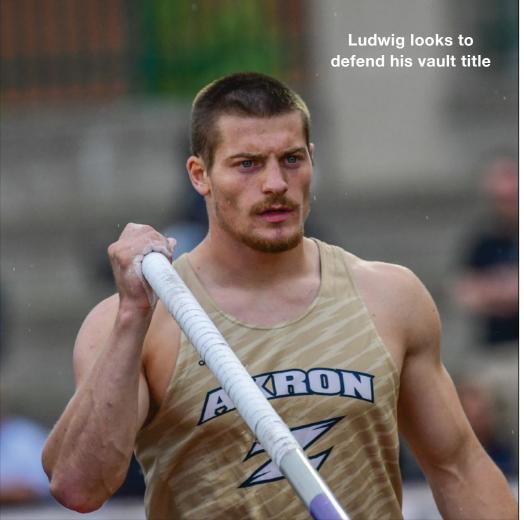
#### **A&M In Record Form**

Anchored by this year's fastest 100 returner Cameron Burrell (9.93), Houston won big in the 4x1 in '17 with its 38.34 and in '18 the Cougars return all 4, plus they can call on Elijah Hall (10.11).

The challenge might come from the team that didn't make the finals last year. Florida lost hurdler Eric Futch but picked up young Japanese star Abdul Hakim Sani Brown (10.05) to go with 10.18 performer Ryan Clark.

Auburn, North Carolina A&T and Texas have all been beaten up by graduations, but Arkansas lost only one.

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#### MIKE SCOTT

#### **POLE VAULT**

18-10¼**Chris Nilsen (South Dako	ota).=3
18-8¼ Devin King (SEn Louisiana	) 10
Torben Laidig' (Virginia Ted	ch)inj
*Matt Ludwig (Akron)	1

#### **Indoor Favorites**

(College Station, Texas; March 10-11)

60 - Cameron Burrell (Houston)

200 - Elijah Hall (Houston)

400 — Nathon Allen (Auburn)

800 — Isaiah Harris (Penn State)

1500 — Josh Kerr (New Mexico)

3000 - Morgan McDonald (Wisconsin)

5000 - Justyn Knight (Syracuse)

60H - Grant Holloway (Florida)

4 x 400 — Florida

Distance Medley - Oregon

**HJ** — Trey Culver (Texas Tech)

PV - Chris Nilsen (South Dakota)

LJ — KeAndre Bates (Florida)

TJ - KeAndre Bates (Florida)

SP - Mostafa Hassan (Florida State)

Wt - Denzel Comenentia (Georgia)

**Hept — Tim Duckworth (Kentucky)** 

Team - Florida

18-41/2 *Hussain Alhizam' (Kansas) =3
18-11/4 *Antonio Ruiz (SF Austin) nh
*Jacob Wooten (Texas A&M) 5
18-1***Joel Leon-Benitez' (Va Tech) int
*Sean Collins (South Alabama). 8
*Drew McMichael (Texas T) dnq
Nate Richartz (Notre Dame) 9
18-1/2 Tim Ehrhardt (Mich State) 14/dec
Nick Meyer (Kansas)rs
*Barrett Poth (Texas)11
LONG JUMP
LONG JUMP 26-8½*Charles Brown (Texas T)inj
26-8½*Charles Brown (Texas T)inj
26-8½*Charles Brown (Texas T)inj 26-8¼**Ja'Mari Ward (Missouri)inj
26-8½*Charles Brown (Texas T)inj 26-8¼**Ja'Mari Ward (Missouri)inj 26-7¾ Damarcus Simpson (Oregon) . dnq
26-8½*Charles Brown (Texas T)inj 26-8¼**Ja'Mari Ward (Missouri)inj 26-7¾ Damarcus Simpson (Oregon) . dnq 26-7¼ KeAndre Bates (Florida) 1
26-8½*Charles Brown (Texas T)inj 26-8¼**Ja'Mari Ward (Missouri)inj 26-7¾ Damarcus Simpson (Oregon) . dnq 26-7¼ KeAndre Bates (Florida) 1 26-5½ Cameron Burrell (Houston) 2/100
26-8½       *Charles Brown (Texas T)         26-8¼       **Ja'Mari Ward (Missouri)         26-7¾       Damarcus Simpson (Oregon)         26-7¼       KeAndre Bates (Florida)         26-5½       Cameron Burrell (Houston)         26-5       **Grant Holloway (Florida)
26-8½*Charles Brown (Texas T)inj 26-8¼**Ja'Mari Ward (Missouri)inj 26-7¾ Damarcus Simpson (Oregon) . dnq 26-7¼ KeAndre Bates (Florida) 1 26-5½ Cameron Burrell (Houston) 2/100 26-5**Grant Holloway (Florida) 2 26-4½ Travonn White (Arkansas) dnq
26-8½       *Charles Brown (Texas T)       inj         26-8¼       **Ja'Mari Ward (Missouri)       inj         26-7¾       Damarcus Simpson (Oregon)       dnq         26-7¼       KeAndre Bates (Florida)       1         26-5½       Cameron Burrell (Houston)       2/100         26-5       **Grant Holloway (Florida)       2         26-4½       Travonn White (Arkansas)       dnq         26-4¼       Will Williams (Texas A&M)       3

.......Adrián Valles' (Cincinnati)........2
.......Audie Wyatt (Texas A&M) .......7
18-6¾ ......\*Deakin Volz (Virginia Tech)...dnq

18-61/2 ...... Tray Oates (Samford)........... dnq

#### **TRIPLE JUMP**

55-10½	. Eric Sloan (USC)10	6
55-2	.KeAndre Bates (Florida)	1
54-8¾	. Jeremiah Green (Clemson) rs	s
54-4¾	.**Clayton Brown' (Florida) 1	1
54-11/4	.**O'Brien Wasome' (Texas) dno	q
53-11¼	.**Jordan Scott' (Virginia) 18	8
53-7¾	.*Charles Brown (Texas Tech)ir	ηj
53-7½	. *Eric Bethea (Indiana) 22	2
	.**Ja'Mari Ward (Missouri)ir	ηj
53-6½	.*Armani Wallace (Florida State) 9	9
53-5½	. Barden Adams (Kansas)	5
53-4½	. *John Warren (Sn Mississippi) rs	s
53-4¼	. Scotty Newton (TCU)10	0
53-3½	.**Tuomas Kaukolahti' (Cal) in	ıt
	.*Bryce Williams (Penn State) 1	7

#### SHOT

<u></u>
69-11 Mostafa Hassan' (Colo St) 2
68-4***Jordan Geist (Arizona)hs
67-2Jared Kern (Southern Illinois) dng
66-10¾ *Oghenakpobo Efekoro' (Va) 4
66-8½*Denzel Comenentia' (Georgia). 5
66-5 Nicolai Ceban' (Kansas) 17
66-3*Dotun Ogundeji (UCLA) dnq
66-1½ Nicholas Demaline (Ohio St) 3
65-11¾ Josh Awotunde (S Carolina) 19
64-11¼*Willie Morrison (Indiana) 9
64-9¾*Matthew Katnik (USC) 16
64-9¼ Péter Simon' (Cal) 7
64-7¾ Austin Droogsma (Florida St) 12
64-1Nick Ponzio (USC)6
63-11¾***Tripp Piperi (Texas)hs

#### **Outdoor Favorites**

(Eugene, Oregon; June 07-10)

100 — Cameron Burrell (Houston)

200 - Renard Howell (LSU)

400 — Nathon Allen (Auburn)

800 - Michael Saruni (UTEP)

1500 - Josh Kerr (New Mexico)

St — Brian Barraza (Houston)

5000 - Grant Fisher (Stanford)

10,000 — Vincent Kiprop (Alabama)

110H — Grant Holloway (Florida)

400H - Rai Benjamin (USC)

4 x 100 — Houston

4 x 400 - USC

**HJ** — Trey Culver (Texas Tech)

PV — Chris Nilsen (South Dakota)

LJ - KeAndre Bates (Florida)

TJ — KeAndre Bates (Florida)

SP - Mostafa Hassan (Florida State)

DT — Brian Williams (Mississippi)

HT - Rudy Winkler (Rutgers)

JT – Ioánnis Kyriazís (Texas A&M)

Dec - Harrison Williams

Team - Florida

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26-11/2 ...... \*Jacob Fincham-Dukes' (OkSt) 9

26-1 ......... Terrell McClain (Akron)........... 4

26-1/4 .........\*\*Rayvon Grey (LSU)............ dnq 26-0 ........\*Kemonie Briggs (LB State) .. dnq

# Chasing The Collegiate Record

Having added almost 50ft/15m to his javelin PR since arriving at Texas A&M in '15, peaking so far at 288-9 (88.01) last year, John (Ioánnis to his Greek compatriots) Kyriazís finds a lot to love in the U.S. collegiate system.

Like the '17 NCAA title and the No. 2 spot on the collegiate all-time list after Patrik Bodén's venerable 292-4 (89.10) set in '90.

Last summer, Aggie throws coach Juan De La Garza's training helped loft Kyriazís to 6<sup>th</sup> at the World Championships.

To try to get past Bodén this senior season De La Garza and Kyriazís are working on "staying further back so my knee has to go lower instead of pushing too much. And I'm trying to work a little bit on my arm pass because I used to rotate externally too much."

The latter technical deficiency led to elbow and shoulder pain, and largely explains why last year the  $6-4\frac{1}{4}/216$  (1.94/98) Kyriazís threw no farther than the PR he reached in his first



ERROL ANDERSON/THE SPORTING IMAGE

meet, where he took just one throw.

"As soon as my left leg hits the block," he says describing his technical evolution, "I start rotating my arm internally while I throw so I protect my shoulder and my elbow."

After a PR and SEC and NCAA repeat wins as goals for '18, "It would be the best to get a medal at the European Championships," Kyriazís says. "But that might be kind of hard."

He World Ranked No. 7 last year and 5 of those ahead of him are Europeans.

For inculcating familiarity with world-class athletics, though, A&M has been a godsend. "It's pretty motivating, it's pretty fun to be part of this team," Kyriazís says.

"My freshman year especially I was teammates with Deon Lendore and Bralon Taplin and all those guys, and being around them you see how they work and want to be as successful as they are." /Sieg Lindstrom/

#### **DISCUS**

213-8 Brian Williams (Mississippi) 4
207-11 Nicholas Percy' (Nebraska) 14
203-7 *Reno Tuufuli (lowa) 5
201-7*Kord Ferguson (Alabama) dnq
201-6 *David Lucas (Penn State) 9
201-4 Marek Bárta' (Virginia Tech) 7
197-9*Greg Thompson' (Maryland) 15
196-10 Nicolai Ceban' (Kansas) q
195-3 *Daniel Haugh (Alabama) dnq
194-9 *Viktor Gardenkrans' (Ariz) dnq
194-2 Gian Ragonesi' (Miami)rs
191-11 Josh Awotunde (S Carolina) 19/sp
191-1 Luke Vaughn (Memphis)rs
191-02 tied
HAMMER
251-10 Rudy Winkler (Rutgers) 1
243-5 **Gleb Dudarev' (Kansas) 3
237-5 *Hilmar Örn Jónsson' (Virginia) . 4
235-5 *Anders Eriksson' (Florida) dnq

235-4 ...... \*Denzel Comenentia' (Georgia). 5

227-3	. ***Kevin Arreaga' (Miami) int
226-3	.*Adam Kelly ((Princeton) dnq
225-11	. ***Jake Norris' (LSU) int
225-3	.*Brock Eager (Washington St) 14
225-0	.*Seth Whitener (Tennessee) 15
	.***Thomas Mardal' (Florida) int
223-10	. *Stevan Veselinović' (Char) dnq
223-1	. Love Litzell' (Manhattan) dnq
JAVELIN	
<b>JAVELIN</b> 288-9	<mark> </mark> . Ioánnis Kyriazís¹ (Texas A&M). 1
288-9	
<b>288-9</b> 278-3	. loánnis Kyriazís' (Texas A&M). 1
<b>288-9</b> 278-3 271-11	. loánnis Kyriazís' (Texas A&M). 1 .*Anderson Peters' (Miss St) int
<b>288-9</b> 278-3 271-11 259-10	. Ioánnis Kyriazís' (Texas A&M). 1 .*Anderson Peters' (Miss St) int . Curtis Thompson (Miss St) 7
<b>288-9</b> 278-3 271-11 259-10 258-3	. Ioánnis Kyriazís' (Texas A&M). 1 .*Anderson Peters' (Miss St) int . Curtis Thompson (Miss St) 7 .**Matija Muhar' (Virginia Tech). rs
<b>288-9</b> 278-3 271-11 259-10 258-3 253-6	. Ioánnis Kyriazís' (Texas A&M). 1 .*Anderson Peters' (Miss St) int . Curtis Thompson (Miss St) 7 .**Matija Muhar' (Virginia Tech). rs .**Simon Litzell' (UCLA) 16
288-9 278-3 271-11 259-10 258-3 253-6 251-10	. Ioánnis Kyriazís' (Texas A&M). 1 .*Anderson Peters' (Miss St) int . Curtis Thompson (Miss St) 7 .**Matija Muhar' (Virginia Tech). rs .**Simon Litzell' (UCLA) 16 .**Sindri Gudmundsson' (UtSt) 6
288-9 278-3 271-11 259-10 258-3 253-6 251-10 251-1	. Ioánnis Kyriazís' (Texas A&M). 1 .*Anderson Peters' (Miss St) int . Curtis Thompson (Miss St)
288-9 278-3 271-11 259-10 258-3 253-6 251-10 251-1	. Ioánnis Kyriazís' (Texas A&M). 1 .*Anderson Peters' (Miss St) int . Curtis Thompson (Miss St)

232-10 ......\*Joseph Ellis' (Michigan)........... 8 231-5 ....... Dempsey McGuigan' (Miss).... 10

240-9 Sam Hardin (Texas A&M) 11 239-9**Hudson Keffer (Arizona St) rs 238-7 Bartul Bašić' (La–Lafayette)inj 237-2**Greg McManus (Rhode Isl) dnq 236-6 Kevin Foster (Connecticut) dnq
DECATHLON
8108Karl Saluri' (Georgia)dnf
8032*Harrison Williams (Stanford) rs
7973 Tim Duckworth' (Kentucky) 19
7937 Cody Walton (Nebraska) 7
7915 Scott Filip (Rice) 5
7897 Wolf Mahler (Texas)
7866 Hunter Veith (Wichita State) 6
7801Hunter Price (Colorado State) dnf
7725 **TJ Lawson (Kent)
7720 Markus Leemet' (S Carolina) . dnf
7715 Steele Wasik (Texas) 10
7699*Gabe Moore (Arkansas) 13
7677Tim Ehrhardt (Michigan State) 14
7635 Derek Jacobus (Arkansas) 18
7593 ***Johannes Erm' (Georgia) int

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# **NCAA Women's Eligibles**

#### **100 METERS**

10.85 Aleia Hobbs (LSU)
10.96 Mikiah Brisco (LSU) 1
10.99 Hannah Cunliffe (Oregon).dnc-qf
11.01 Ashley Henderson (SDiegoSt) 6
*Ariana Washington (Oregon) 4
11.06 *Teahna Daniels (Texas) 3
11.09*Kortnei Johnson (LSU)5sf
11.13*Jonielle Smith' (Auburn)7sf
11.14 *Brenessa Thompson' (TxAM).8sf
11.17 Deanna Hill (USC)3sf
*Ky Westbrook (USC)
11.20*Kianna Gray (Kentucky)4sf
11.21 Destiny Smith-Barnett (UNLV).6sf
11.24hs
*Gabrielle Thomas (Harvard)7sf

#### **200 METERS**

22.21	*Ariana	Was	hingto	on (Ore	gon). 2
22.41	Deanna	Hill	(USC).		6

#### 10 Frosh To Watch

- 1. Sydney McLaughlin (Ky) whatever!
- 2. Tara Davis (Georgia) hurdles/jumps
- 3. Alyssa Wilson (UCLA) shot/discus
- 4. Sammy Watson (Texas A&M) 800
- 5. Lisa Gunnarsson (Virginia Tech) PV
- 6. Rachel Baxter (Virginia Tech) PV
- o. Haoner Baxter (Virginia Teori)
- 7. Kate Murphy (Oregon) 1500
- 8. Chanel Brissett (USC) 100H
- 9. Weini Kelati (New Mexico) 5000
- 10. Madison Wiltrout (N Carolina) JT

22.47*Gabrielle Thomas (Harvard) 3
22.49 Hannah Cunliffe (Oregon) dnc-qf/1
22.54(A) Ashley Henderson (SDiegoSt) .3sf
22.55 Brittany Brown (lowa)
22.71*Taylor Bennett (Baylor)4sf
22.77**Natalliah Whyte' (Aub) dnc-sf
22.78*Kortnei Johnson (LSU)6sf
22.79*Kianna Gray (Kentucky)5sf
Kendall Ellis (USC) 3/400
22.80*Latessa Johnson (SMU) 6qf
***Lauren Rain Williams (Ore)hs
22.81*Shania Collins (Tennessee)6sf
22.84**Jaevin Reed (TexasA&M). 8/400

#### **400 METERS**

50.00	Kendall Ellis (USC)3
51.04	Kadecia Baird' (Texas A&M) 6qf
51.29	Felecia Majors (Tennessee) rs
51.35	**Takyera Roberson (Ala)5sf
51.39	***Lynna Irby (Georgia)hs
51.42	**Makenzie Dunmore (Ore)4sf

- see p. 16 for a key to the abbreviations -

51.52 **Jaevin Reed (TxAM) 8
51.61***Sydney McLaughlin (Ky)hs
51.66 *Brittny Ellis (Miami)6qt
51.67 *Sharrika Barnett (Florida) 5
51.99 ***Shae Anderson (Oregon)hs
Emerald Egwim' (Minnn)7sf
52.00*NaAsha Robinson (Tenn T)4sf
52.02 *Zola Golden (Texas) 5qt
52.03 Abike Egbeniyi' (Mid Tn). 5sf/800

#### **800 METERS**

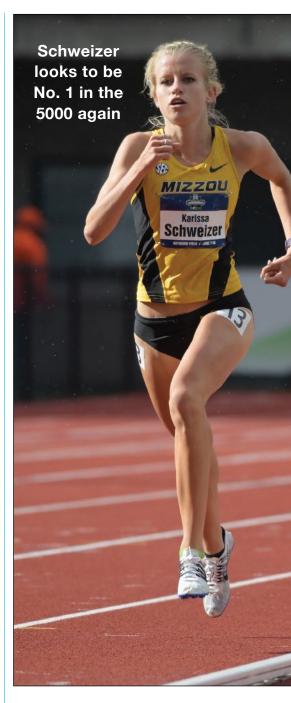
OOO MILTERIO
2:00.65 ***Sammy Watson (TexA&M)hs
2:00.69 *Jazmine Fray' (Texas A&M)6sf
2:01.02 Olivia Baker (Stanford) 8
2:01.54 Brooke Feldmeier (Oregon) 3
2:01.98 Síofra Cléirigh Büttner (Vill)5sf
2:02.33 *Sadi Henderson (Boise)5sf
2:02.34 Abike Egbeniyi' (Mid Tenn)5sf
2:02.53 **Danae Rivers (Penn State)4sf
2:02.66 *Susan Aneno' (Connecticut)6sf
2:02.67 Alethia Marrero' (Arizona St)8sf
*Rachel Pocratsky (Va Tech) 5qf
2:02.89 ***Aaliyah Miller (Baylor) rs
2:03.01 **Ruby Stauber (Oregon)7sf
2:03.08 *Jasmine Staebler (Iowa St)3sf
2:03.10 Sabrina Southerland (Oregon). rs

#### **1500 METERS**

1300 IVIETENS
4:07.21 ***Kate Murphy (Oregon)hs
4:08.42 *Dani Jones (Colorado) 5
4:08.71 **Christina Aragon (Stanford) 7
4:09.08 **Katie Rainsberger (Oregon) 4
4:09.49+ Elinor Purrier (N Hampshire).4/St
4:09.54 Elise Cranny (Stanford) 11qf
4:09.56 Rhianwedd Price' (Miss St) 9
4:10.28 Nikki Hiltz (Arkansas) 2
4:10.91 Karisa Nelson (Samford) 3
4:11.00 Amy-Eloise Neale' (Wash) 8
4:11.19 *Lilli Burdon' (Oregon) 8h
4:11.67 *Jessica Harris (Notre Dame) . 10
4:11.92 Jaimie Phelan' (Michigan) 1
4:12.37+ **Danae Rivers (Penn St) 4sf/800
4:12.54 Millie Paladino (Providence) .12sf

#### **STEEPLE**

SIEEPLE
9:41.31 **Allie Ostrander (Boise St) 1
9:43.65 Elinor Purrier (N Hamp) 4
9:44.62 **Charlotte Prouse' (NMexico). rs
9:46.48 **Madie Boreman (Colorado) 2
9:48.72 Erin Clark (Colorado)5/10K
9:49.25 *Devin Clark (Arkansas)inj
9:51.83 Madeline Strandemo (Minn) 9
9:52.89 **Sarah Edwards (Va Tech) 10
9:53.04 Grayson Murphy (Utah) 5
9:55.59 Katy Kunc (Kentucky)11
9:56.33 Brianna Ilarda' (Providence) 8
9:56.51 *Minttu Hukka' (Boise State) rs
9:56.57 Claire Borchers (Michigan)10sf
9:59.32 **Antonia Hehr' (Miss State) rs
10:01.19 Amy Cashin' (West Virginia)8sf



#### **5000 METERS**

JOOO IVIL I LI 10
15:17.31 Karissa Schweizer (Mo) 1
15:19.03 *Ednah Kurgat' (N Mexico) rs
15:20.57 Sarah Disanza (Wisconsin) 7
15:21.85 **Allie Ostrander (Boise State) 4
15:23.16 Erin Finn (Michigan)inj
15:25.48 Vanessa Fraser (Stanford) rs
15:28.89 *Katherine Receveur (Indiana) 3
15:28.99 *Tessa Barrett (Penn State) 20
15:29.83 **Anna Rohrer (N Dame)dnf-h
15:35.55 Allie Buchalski (Furman) 6
15:37.03 ***Weini Kelati' (New Mexico)hs
15:38.81 *Lauren LaRocco (Portland) rs
15:39.05 Sharon Lokedi' (Kansas)3/10K
15:39.30 Amy-Eloise Neale' (Wash) 14h
15:41.23 Erika Kemp (NC State) 13

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#### **100 HURDLES**

12.58 *Jasmine Camacho-Quinn¹ (Ky) 2
12.64 Pedrya Seymour' (Texas)inj
12.65 **Rushelle Burton' (Texas) 3
12.69 *Alaysha Johnson (Oregon) 4
12.74 Devynne Charlton' (Purdue) 5
*Dior Hall (USC)7
12.83 Payton Stumbaugh (Ark)dnf/hept
12.85 Mikiah Brisco (LSU) 1/100
12.89 **Anna Cockrell (USC)
12.90 Jacklyn Howell (Kentucky) .dnc-sf
12.93 **Alexis Duncan (Tennessee) rs
12.94 *Kayla White (NC A&T)4sf
12.95 ***Chanel Brissett (USC)hs
hs
12.96 *Peta-Gay Williams' (Fla St)4sf

400 HURDLES
53.82 ***Sydney McLaughlin (Ky)hs
55.14 **Anna Cockrell (USC) 2
55.50 Kymber Payne (LSU)
56.01 Symone Black (Purdue) 7
56.16 **Brandee Johnson (Florida) 6h
56.44 Ariel Jones (Texas) 4
56.48 Taysia Radoslav' (Cornell)6sf
56.53***Gabrielle McDonald' (TxAM)int
56.79 ***Xahria Santiago' (Maryland)int
57.03 *Anna Runia' (Miami) 6qf

Gruver is favored to defend her outdoor vault title for Kentucky

57.12 Kiana Hawn (Baylor)8sf
57.24 Daeshon Gordon' (NWn La)inj
57.36 *Markeeta Thomas (Clemson) .7sf
57.51 ***De'Andreah Young (CSN)hs
57.59 *Jasmine Barge (Nebraska)5sf
57.61 Jaclyn Siefring (Akron) 6qf

#### **HIGH JUMP**

KIRBY LEE/IMAGE OF SPORT

6-4	Mady Fagan (Georgia)1
6-31/4	Tatiána Gusin' (Georgia) 2
6-2¾	Logan Boss (Mississippi St) 4
	*Stacey Destin (Alabama) =6
6-2	*Nicole Greene (N Carolina) dnq
	**Eleonora Omoregie' (Fla St). 15

...... Réka Czuth' (Nebraska).....inj 6-1½ ...... Shelley Spires (Air Force) .... =12

#### Whither McLaughlin?

Kentucky's dilemma is an enviable one: where to put super-frosh Sydney McLaugh-lin?

Conceivably she could fit in on the Wildcats' defending 4x1—though frosh Celera Barnes (11.41) might take care of the one vacant spot.

Or in the 4x4, where Kentucky loses half of its 3:30.24, McLaughlin (50.96 in her first collegiate indoor carry) could make the team a contender.

In the short relay, the teams that broke the CR last season but didn't make it to the big dance will want a redo. Oregon lost anchor Deajah Stevens but brings in superfrosh Lauren Rain Williams. And LSU likewise lost only one leg, but brings in 11.31 Trinidadian Zakiya DeNoon.

The best reload was Alabama's. The runners-up lost two but recruited 4 frosh at 11.52 or better.

At 4x4, the Ducks lost three-quarters of its CR team, including anchor Raevyn Rogers. Will frosh Shae Anderson (51.99) be enough? USC graduated half of its runnersup, but wasn't able to bring in big guns.

That leaves the crown up for grabs. Always strong Texas A&M looks good, losing one but picking up Sammy Watson and Virginia Kerley.

#### **POLE VAULT**

15-5 *Lexi Jacobus (Arkansas) 2
15-1*Olivia Gruver (Kentucky) 1
15-0*Tori Hoggard (Arkansas) 6
14-11 ***Lisa Gunnarsson' (Va Tech) . int
14-71/4 *Desiree Freier (Arkansas) =8
14-6 Kally Long (Texas) nh
14-51/2 ***Rachel Baxter (Va Tech )hs
*Mackenzie Shell (Okla) dnq
14-51/4 ***Lucy Bryan' (Akron)rs
14-41/2 **Helen Falda' (S Dakota) =8
14-31/4 Bonnie Draxler (S Diego St) nh
Madison Heath (Duke)
14-2¾ *Lindsey Murray (Miss)rs
14-21/2 Emily Gunderson (Tex AM) dnq
14-134 Laura Taylor (Kansas) 14

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# Georgia Relying On Field Power

#### by Jeff Hollobaugh

Will Georgia's field eventers once again be able to threaten for the national crown? Last year the Bulldogs missed defeating Oregon by a mere 1.8 points in a nail-biting classic.

Bulldog head Petros Kyprianou

(6-4/1.93), HJ runner-up Tatiána Gusin  $(6-3\frac{1}{4}/1.91)$ , long jump winner Kate Hall (22-5/6.83), and AR-holding triple jump champ Keturah Orji  $(48-3\frac{1}{4}/14.71)$ , who also placed  $2^{nd}$  in the LJ  $(22-\frac{3}{4}/6.72)$ .

Throw in some high-power recruits and the favored Bulldogs (see p. 30) should

be a big fish in a small pond. I'm OK not being the best on my team. I want to be pushed every day."

Hall, the American Junior record holder in the long jump, hit her collegiate best of 22-1 (6.73) in winning last year. That came as she just started getting the hang

of a new training plan in her first year in Athens.

She opened up'18 with an indoor PR21-9½ (6.64). One big difference is that her speed (PR 11.30 last season) has improved significantly and she is finally learning how to utilize it on the runway. "I'm not slowing down the last 4 steps but speeding up and turning over quicker," she explains. "That's really helped."

"Ifeel very good about where Kate is physically and mentally," says Kyprianou. "People think it's easy to long jump but it's very hard to control that speed at take-off, so that was something that she and I worked a lot on this past fall."

"My favorite thing about being here is the training atmosphere,"

Hall says. "While we're all joking, we're all very serious and working hard at the same time."

Orji followed up her NCAA win with a USATF title, but then a calf injury cut her season short. Now she's coming back (see page 18).

"Keturah is our heavy-hitter," says Kyprianou. "She's the one that we expect a lot of good things from. What she has done the last outdoor season, we would love to have more of that."

Past Nationals qualifiers Aliyah Johnson (43-6/13.26) and Louisa Grauvogel (5747) should help, to say nothing of a pair of multi-talented blue chip recruits in Tara Davis and Lynna Irby.

Davis hurdled 12.95 to move to =No.



recalls getting a message to assemble his team on the track after the 4x4 to accept the trophy.

"I said, 'Guys, are we jumping the gun here or not?' "

He held off and watched the final race, grimacing as the Ducks pulled out the win over USC.

Since then, the near-miss has been an epic motivator for the team. "It's something that I've been talking to them about since the first team meeting," he admits. "I think they're tired of me telling them how we lost last year."

The team has graduated heptathlon champ Kendell Williams, but returns über-serious jumps firepower in 2-time high jump winner Mady Fagan make their NCAA rivals very concerned this spring.

The high jumpers look solid. Fagan, who won the NCAA crowns indoors and out, had biceps surgery after a wake-boarding accident over the summer, but is training well now. Greek teammate Gusin is out of eligibility indoors but will be ready outdoors.

Says Fagan of her training partner, "It's humbling. You're never really the best on our team. You're always being pushed.

"There'll be plenty of days where I jump better and there will be plenty of days where she jumps better. And she'll be my shoulder to cry on or the first person that I hug after we have a great meet.

"I did not want to go to school and

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4 on the all-time HS list but that may not be her best event.

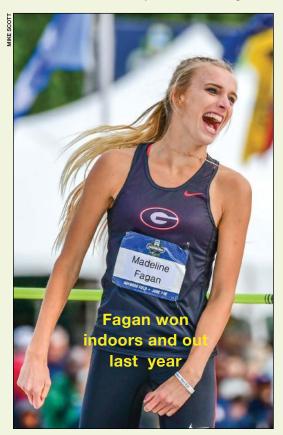
She also can long jump, with a best of 22-1 (6.73) that moved her to No. 3 prep ever, giving Georgia an unprecedented three 22-footers.

She's no slouch in the triple either, with a best of 43-4 (13.20), a mere No. 13 ever.

"I could write a whole book on Tara," says Kyprianou of his ebullient frosh. "She's a true winner so I can't wait to see what she will do at the major championships."

For Davis, the step up to the next level has its challenges. "At first it was a little bit of a hard transition, having a new coach and just going the way that he does with things, but in time, I got used to it," she says. "The girls have opened their arms to me and taken me under their wings."

In which of her events will we see improvement? "Right now, I see improvement in the hurdles just because I'm get-



ting faster and I've been in the weightroom more than I have been before. I'm just getting more powerful. But hopefully I will see improvement in all three events."

Irby clocked 11.41, 23.41 & 51.39 in

her prep years, rating as our No. 1 All-America as a junior. She won 400 silver in the World Juniors, a year after taking silver in the World Youth Champs.

Kyprianou also pulled in some possible javelin points with Norwegian Marie-Therese Obst, who has a best of 188-5 (57.44).

"She's a freshman, but she's very experienced at an international level,"

He adds, "I think we're going to be a lot stronger outdoor then we are indoor."

The Bulldogs will likely score points on the track as well this year, but Orji says the field eventers are what drive the team.

"Wherever we go," she says, "if it's a big meet, SEC or Nationals, we know we've done well in the past in the field events and we build off the momentum from each other. The high jumpers do

well, then the long jumpers do well, I'm in the triple jump, we keep building momentum."

Says Fagan, "Winning again is not a given. It's a clean slate in this new year. It doesn't matter what happened last year. All it does is fuel us.

"We were so close, but we have to do a lot of things right again. We have to have some people step up, some newcomers step up. I think that will happen. We lost Kendall so we are going to have to fill some holes."

What more could a defending champion like Fagan do in '18? She says, "Even though I got 10 points at that meet, it's not all I could do in regards to being a leader and being someone that motivates the rest of the team."

That loss to the Ducks, says Hall, "Definitely motivated everyone. We're just pushing for it and praying that we'll have a chance to get it this year."

Kyprianou knows the odds are against all of his stars timing it perfectly in Eugene like they did last year, but he says, "Once again, we've got 5 or 6 bullets, let's see if we can fire them all again. We just have to control our own destiny and not worry about

LONG JUMP
22-5 **Kate Hall (Georgia) 1
22-1hs
22-¾ Keturah Orji (Georgia)
*Rougui Sow' (S Carolina) 6
21-101/4 Savannah Carson (Purdue) 7
21-7 <sup>1</sup> / <sub>4</sub> Jhoanmy Luque' (lowa St) 4
21-61/4 *Ayesha Champagnie' (Minn)jc
*Yanis David' (Florida)
21-6 Darrielle McQueen (Florida) 10
**Wurrie Njadoe (Kansas St) 8
21-4 Taliyah Brooks (Arkansas) . 3/hep
Jogailė Petrokaitė' (Fla St) dnq
21-31/2 **Bria Matthews (Ga Tech) rs
21-31/4 Dominique Bullock (Auburn). dnq
**Samiyah Samuels (Houston).inj
TRIPLE JUMP
48-31/4 Keturah Orji (Georgia) 1
45-81/2 *Yanis David' (Florida) 3
45-21/4 Simone Charley (Vandy)rs
45-1½ *Shardia Lawrence' (Kans St). 23
45-1 Jessie Maduka' (UCLA) dnq
45-½ **Bria Matthews (Ga Tech) rs
44-9½ Jhoanmy Luque' (lowa St) 4
44-8¾ *Marie-Josée Ebwea-Bile' (Ky). 2
44-8 Darrielle McQueen (Florida) 16
44-6(A) *Latavia Coombs' (Kentucky)jc
44-5½ **Konstantina Romaiou' (KsSt)3f
44-4¾ Tonyecia Burks (Houston)inj
Tiffany Flynn (Miss State) 8
44-4 *Chaquinn Cook (Oregon) 9
44-3/4 Paetyn Revell (Texas Tech) dnq
SHOT
64-10 Raven Saunders (Miss) 4
61-3 Maggie Ewen (Arizona St) 6
60-3 Jessica Woodard (Oklahoma) 8
58-71/4 Janeah Stewart (Mississippi) 5
58-3¾ *Stamatia Scarvelis' (Tenn) dnq
58-1hs
57-4¾ *Ashlie Blake (UCLA) 15
57-3¾ Lloydricia Cameron (Florida) 7
56-11½ Breana Jemison (USC)rs
56-103/4 *Sade Olatoye (Ohio St) dnq
56-91/4 Lena Giger (Stanford)
56-8¾ Gleneve Grange' (Florida St) . dnq
56-4 *Kiley Sabin (Minnesota) dnq
56-1/2 Haley Teel (Alabama) dnq
56-0 *Toni Tupper (Nebraska) 10
DISCUS
212-3 Valarie Allman (Stanford) rs
205-4 *Shadae Lawrence' (Ks St) 1
198-7 Katelyn Daniels (Michigan St) 6
198-6 Maggie Ewen (Arizona St) 2
194-10 Kayla Hopkins (Fresno St) 11
194-9 **Laulauga Tausaga (lowa) 7
191-0 *Gabi Jacobs (Missouri) 5
190-5 Gleneve Grange' (Florida St) 8
190-0 Agnes Esser' (Minnesota) dnq
186-10 **Elena Bruckner (Texas) dnq
186-6 **Serena Brown' (Texas A&M) 3f
100 0 Gerena brown (Texas Adivi) Si

continued —

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anyone else."



#### **Indoor Favorites**

(College Station, Texas; March 09-11)

60 — Hannah Cunliffe (Oregon)

200 — Ariana Washington (Oregon)

400 — Sydney McLaughlin Kentucky)

800 - Sammy Watson (Texas A&M)

Mile - Nikki Hiltz (Arkansas)

3000 - Elinor Purrier (New Hampshire)

5000 - Karissa Schweizer (Missouri)

100H - Jasmine Camacho-Quinn (Ky)

4 x 400 - Florida

Distance Medley - Oregon

HJ - Mady Fagan (Georgia)

PV - Lexi Jacobus (Arkansas)

LJ - Kate Hall (Georgia)

TJ - Keturah Orji (Georgia)

SP - Maggie Ewen (Arizona State)

Wt - Annette Echikunwoke (Cincy)

Pent - Nina Schultz (Kansas State)

Team - Oregon

	Davis Carradana (Miss)	
	Raven Saunders (Miss) de	nq
186-2	Micaela Hazlewood (Purdue)	13
	*Sarah Hillman (Delaware) d	nq
185-10	Jessica Woodard (Oklahoma).	17
185-0	Janeah Stewart (Mississippi)	۵

#### LIABARAED

HAMMER
244-7 Maggie Ewen (Arizona St) 1
227-11 **Veronika Kaňuchová' (Fla St) . 5
225-1 Brooke Andersen (Nn Arizona). 2
219-8 Janee' Kassanavoid (Kans St) 4
214-1 *Stamatia Scarvelis' (Tenn) 3f
213-2 Molli Detloff (North Dakota) 12
212-3 Janeah Stewart (Mississippi) 10
**Emma Thor' (Virginia Tech) 8
210-5 **Helene Ingvaldsen' (Kans St) 15
210-0 *Temi Ogunrinde (Minnesota) . 18
209-8 Annette Echikunwoke (Cinc)dnq
208-2 *Pavla Kuklová' (Virginia Tech) 9
208-1 *Erin Reese (Indiana State) dnq
***Camryn Rogers' (Cal) int
207-3 *Linnea Jonsson' (Colo St) 19
*Haley Showalter (Wisconsin)inj
207-2 Danielle McConnell' (Al) 16

#### **JAVELIN**

192-11 Avionne Allgood (Florida) rs
189-0 *Mackenzie Little' (Stanford) 4
188-5 ***Marie-Therese Obst' (Ga) int
187-2 Audrey Malone (Texas A&M) 7
186-9 *Ashley Pryke' (Memphis) 3
185-8 ***Madison Wiltrout (N Car)hs
184-10 Nicolle Murphy (Minnesota) rs
181-5 *Madalaine Stulce (TexA&M) 21
181-2 Haley Crouser (Texas) 8
180-4 ***Sophia Rivera (Wisconsin) rs
180-0 ***Laura Paredes' (Florida St) . int
179-8 *Marija Bogavac' (Virginia) dnq
178-9 *Brittni Wolczyk' (Nebraska) 14
178-0 **Katelyn Gochenour (Duke) 6
175-1 **Kylee Carter (Auburn)rs
<u>HEPTATHLON</u>
<b>HEPTATHLON</b> 6099 Taliyah Brooks (Arkansas) 3
6099 Taliyah Brooks (Arkansas) 3
6099 Taliyah Brooks (Arkansas) 3 6023 Payton Stumbaugh (Ark) dnf
6099 Taliyah Brooks (Arkansas) 3 6023 Payton Stumbaugh (Ark) dnf 6021**Nina Schultz' (Kansas St) 2
6099 Taliyah Brooks (Arkansas) 3 6023 Payton Stumbaugh (Ark) dnf 6021 **Nina Schultz' (Kansas St) 2 5935 Georgia Ellenwood' (Wisc) rs
6099 Taliyah Brooks (Arkansas) 3 6023 Payton Stumbaugh (Ark) dnf 6021 **Nina Schultz' (Kansas St) 2 5935 Georgia Ellenwood' (Wisc) rs 5869 *Kaylee Hinton (Texas Tech) 8
6099 Taliyah Brooks (Arkansas) 3 6023 Payton Stumbaugh (Ark) dnf 6021 **Nina Schultz' (Kansas St) 2 5935 Georgia Ellenwood' (Wisc) rs 5869 *Kaylee Hinton (Texas Tech) 8 5829 *Ashtin Zamzow (Texas) rs
6099 Taliyah Brooks (Arkansas) 3 6023 Payton Stumbaugh (Ark) dnf 6021*Nina Schultz' (Kansas St) 2 5935 Georgia Ellenwood' (Wisc) rs 5869*Kaylee Hinton (Texas Tech) 8 5829*Ashtin Zamzow (Texas) rs 5820*Kelsey Herman (Arkansas) dnf 5803Alissa Brooks-Johnson (WaSt) . 6 5789Lucia Mokrášová' (UTEP) 17
6099       Taliyah Brooks (Arkansas)       3         6023       Payton Stumbaugh (Ark)       dnf         6021       **Nina Schultz' (Kansas St)       2         5935       Georgia Ellenwood' (Wisc)       rs         5869       *Kaylee Hinton (Texas Tech)       8         5829       *Ashtin Zamzow (Texas)       rs         5820       *Kelsey Herman (Arkansas)       dnf         5803       Alissa Brooks-Johnson (WaSt)       6
6099 Taliyah Brooks (Arkansas) 3 6023 Payton Stumbaugh (Ark) dnf 6021*Nina Schultz' (Kansas St) 2 5935 Georgia Ellenwood' (Wisc) rs 5869*Kaylee Hinton (Texas Tech) 8 5829*Ashtin Zamzow (Texas) rs 5820*Kelsey Herman (Arkansas) dnf 5803Alissa Brooks-Johnson (WaSt) . 6 5789Lucia Mokrášová' (UTEP) 17

#### **Outdoor Favorites**

(Eugene, Oregon; June 06-09)

100 - Mikiah Brisco (LSU)

200 — Ariana Washington (Oregon)

400 - Kendall Ellis (USC)

800 — Sammy Watson (Texas A&M)

1500 - Katie Rainsberger (Oregon)

Steeple - Madie Boreman (Colorado)

5K - Karissa Schweizer (Missouri)

10K - Ednah Kurgat (New Mexico)

100H - Alaysha Johnson (Oregon) 400H - Anna Cockrell (USC)

4 x 1100 - LSU

4 x 4 - USC

HJ — Mady Fagan (Georgia)

PV — Olivia Gruver (Kentucky)

LJ — Tara Davis (Georgia)

TJ - Keturah Orji (Georgia)

SP - Raven Saunders (Mississippi)

DT - Valarie Allman (Stanford)

JT — Avionne Allgood (Florida)

HT - Maggie Ewen (Arizona State)

Hept - Nina Schultz (Kansas State)

Team - Georgia

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## **HS Boys Preview**

LAST YEAR'S AOY, Mondo Duplantis (see p. 15) looks ready to gobble up a lot of headlines this year. He's just 1 of 7 No. 1s to return, joined by Anthony Schwartz (100), Tyrese Cooper (200), Jamal Walton (400), Brodey Hasty (2M), Eric Edwards (110H) & Thomas Burns (300/400H).

They'll be joined by a trio of No. 2s.

Overall, 24 previous A-A's are back, very similar to '17 (25)

The top eligibles (see key at the bottom of the page):

#### **100 METERS**

10.15 . Anthony Schwartz (American Heritage, Plantation, Florida) (1)
10.22Kalon Barnes (Silsbee, Texas)
10.32Kesean Carter (The Woodlands, Texas) (2)
Keishawn Everly (Trimble, Ft Worth, Texas)
10.36*Tyrese Cooper (Norland, Miami Gardens, Florida) (2*)
10.41Cole Beck (Blacksburg, Virginia)
Tyson Campbell (American Heritage, Plantation, Florida)
10.42 Ronald Fuller (Lower Richland, Hopkins, South Carolina)
10.43Asani Hampton (Yucaipa, California)
Terrence Horne (Miramar, Florida)
Terell Smith (South Gwinnett, Snellville, Georgia)

#### **200 METERS**

20.51*Tyrese Cooper (Norland, Miami Gardens, Florida) (1)	
20.54Kalon Barnes (Silsbee, Texas) (4)	
20.57 Jamal Walton' (Miramar, Florida) (2)	
20.66 . Anthony Schwartz (American Heritage, Plantation, Florida) (3)	
20.71 Elija Godwin (Newton, Covington, Georgia)	
20.83Tyson Campbell (American Heritage, Plantation, Florida)	
20.91 Shaun Shivers (Chaminade-Madonna, Hollywood, Florida)	
20.95*Brian Herron (Lakeside, Atlanta, Georgia)	
20.96Tyler Harrell (Columbus, Miami, Florida)	
20.98 Cameron Council (North, Pittsboro, North Carolina)	
21.01/20.82w*Kennedy Lightner (North Little Rock, Arkansas)	
20.84wTerell Smith (South Gwinnett, Snellville, Georgia)	

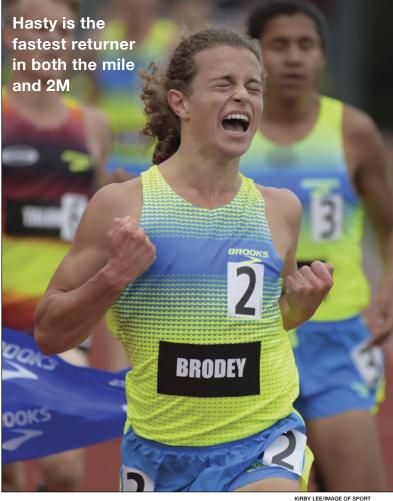
#### **400 METERS**

44.99	Jamal Walton' (Miramar, Florida) (1)
45.23	. *Tyrese Cooper (Norland, Miami Gardens, Florida) (2)
45.83	Elija Godwin (Newton, Covington, Georgia) (4)
46.07	*Brian Herron (Lakeside, Atlanta, Georgia)
46.19	Kenneth Bednarek (Rice Lake, Wisconsin)
(A)	**Sean Burrell (Zachary, Louisiana)
46.51(A)	Tyrees Moulton (North Canyon, Phoenix, Arizona)
46.71	Onye Ohia-Enyia (Hackley, Tarrytown, New York)
46.77	Tyquan Thornton (Washington, Miami, Florida)
46.84	*Mario Heslop (Franklin, Somerset, New Jersey)
46.86	Darius Davis (West Feliciana, St Francisville, Louisiana)
46.91	*Karson Lippert (La Costa Canyon, Carlsbad, California)

#### **Explaining The Preview**

For each of the standard events, Boys High School Editor Jack Shepard has listed the top 12 returning performers, based on PRs.

Returning '17 All-Americas are highlighted in bold, with their A-A status. An asterisked placing represents an athlete with A-A status in '16, but not '17.



#### **800 METERS**

1:49.37Josh Hoey (Shanahan, Downingtown, Pennsylvania)
1:49.87**Brandon Miller (Burroughs, St Louis, Missouri)
1:50.64Alex Scales (Bellarmine, San José, California)
1:50.72Cole Johnson (Rockford, Michigan)
1:50.96Ben Bulkeley (Fairport, New York)
1:51.07Jett Charvet (Heritage, Brentwood, California)
1:51.14Mulual Mu (Central, Trenton, New Jersey)
1:51.29Riley McDermott (Middletown, Maryland)
1:51.47Moises Medrano (Highland, Bakersfield, California)
1:51.48*Daniel Maton (Camas, Washington)
1:51.56Jake Merrell (Turkey Valley, Turkey, Texas)
1:52.00 Davonte Fuller (Stratford, Goose Creek, South Carolina)
1:52.01Hudson Delisle (Quakertown, Pennsylvania)

<u>MILE</u>	
4:01.75	Brodey Hasty (Brentwood, Tennessee)
4:06.12+	Gabe Fendel (Hamilton Southeastern, Fishers, Indiana)
4:07.82	Dustin Horter (Lakota East, Liberty Township, Ohio)
4:08.12+	Daniel Viegra (Henderson, Pflugerville, Texas)
4:08.21i	Dalton Hengst (McDonogh, Owings Mills, Maryland)
4:08.22	Scott Thompson (Brentwood, Tennessee)
4:08.59i	Josh Hoey (Shanahan, Downingtown, Pennsylvania)
4:08.63+	Joshua Schumacher (Jesuit, Portland, Oregon)
4:09.09	
4:09.45	Andy Monroe (Crater, Central Point, Oregon)
4:09.89i	*Sam Affolder (Loudoun Valley, Purcellsville, Virginia)
4:10.05+	

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## **Herron Best Of The Prodigies?**

#### by Jeff Hollobaugh

When Brian Herron (Lakeside, Atlanta) crossed the finish line of the 300 at the Virginia Showcase (see p. 58), he knew he had executed his race plan to the T.

"It was the perfect race for the shape I'm in now," he says.

Adds his club coach, Andre Oliver of Flight400 TC, "We wanted to come through in 21.2 or 21.3, just get a good push out of the blocks, stay within the game plan and that's what he did. The rest was just heart."

The result was stunning: a World Junior/High School Record 32.64. The old best, 32.87, belonged to Tyrese Cooper, who finished 3<sup>rd</sup> in lane 5.

Herron ran from lane 4, after originally thinking he would be in 6. "I was fine with that. It was really just me executing the race, because that's what we focus on. It doesn't matter who's in the race."

Just a high school junior, Herron had opened up his season with a 20.95/46.34 double 3 weeks earlier, the latter a junior-class record.

Clearly, the 17-year-old general phenom has ratcheted up his already prodigious trajectory.

As a 15-year-old frosh, he clocked bests of 20.93 and 46.30. Last season, he improved that 400 to 46.07 and ran on the Pan-Am Junior 4x4 that tied the WJR.

Not bad for a youngster who followed his brother onto the track club—and was sent home his first season.

Explains Oliver, "He was just real playful. He actually got in the way of the other athletes. My wife keeps everybody in line: she sent him home just because he wasn't ready yet. And he was still young, so there was no rush."

The next year, at age 12, they let him

stick around. His first 400 race took 61 seconds. "I really don't know how good that is for a 12-year-old," he laughs. "It was really good for me."

By the end of that season, he hit 56. The

last summer: "The past few years it wasn't as serious as it is right now. Going to the Pan-Ams really showed me that I can go far in the sport and that I have to really get serious and start

running fast times. I know at the collegiate level to be successful, you have to run fast."

The big news now is that Herron will not be competing for his prep team this spring. "We've been talking about that probably since last June," he explains.

"It just seems like with the high school schedule, it's hard to run. We're at Regionals one weekend, Sectionals the next and State Meet the next."

"It's just hard having to run fast times each weekend. It's real hard. And there's a lot going on at the high school that makes it hard for me to focus."

Adds Oliver, "He thought it was best and I support him in that decision. Now we've got to keep it going."

That means a more aggressive indoor campaign than usual, with a possible attempt—really—at making the World Indoor team, followed by a late-April outdoor start.

"I want to win the World Juniors if I can," he says. "And maybe break that World Record in the relay again."

In the end, for Herron, running fast is what it's all about: "When I get on the track I just feel comfortable. There's no stress because I know that if I just focus on my execution of the race that I can be comfortable about it. And I know I will run fast if I execute. I feel free."



next year, a JO title in 50.59. Then 48.30 in the 8th grade.

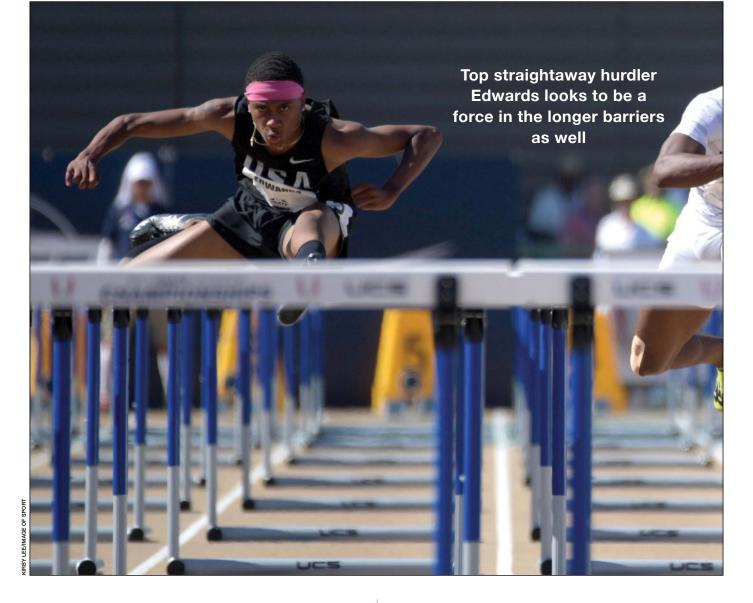
"From that point forward," says Oliver, "we just continued to stay the course, with his technique, with his flexibility, just doing it the right way to make sure as he got older he would progress.

"We've been taking our time. We've always known Tyrese is out there but our focus has always been to just get stronger, get faster.

"And man, he just understands it now. He gets it. So the times are coming. He's hungry."

The turning point, says Herron, came

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#### 2 MILES

8:45.16i	Brodey Hasty (Brentwood, Tennessee) (1)
8:53.62	Joshua Schumacher (Jesuit, Portland, Oregon)
8:53.64+	. Gabe Fendel (Hamilton Southeastern, Fishers, Indiana)
8:55.39+	*Alex Maier (Flower Mound, Texas)
8:57.63+	James Mwaura (Lincoln, Tacoma, Washington)
8:57.89+	Justin Hazell (ECR, Woodland Hills, California)
8:59.61+ Ca	ameron Ponder (Mt Tabor, Winston-Salem, North Carolina)
8:59.74+	Dustin Horter (Lakota East, Liberty Township, Ohio)
9:00.08+	Dalton Hengst (McDonogh, Owings Mills, Maryland)
9:00.30+	Scott Thompson (Brentwood, Tennessee)
9:01.89+	Ryan Raff (Lehi, Utah)
9:02.59+	

#### **110 HURDLES**

13.32	Eric Edwards (Langham Creek, Houston, Texas) (1)
13.51	Noah Green (Duncanville, Texas) (4)
13.53	
13.68	Rainey Anderson (Westlake, Atlanta, Georgia)
13.76	Ayden Owens (North Allegheny, Wexford, Pennsylvania)
13.78	Tyrone Bryan (Parkdale, Riverdale, Maryland)
13.80	Jalen Woods (Steele, Cibolo, Texas)
13.86	Tai Brown (Midwood, Brooklyn)
13.91	Joah Banks (Prairie, Cedar Rapids, Iowa)
13.93	Bret Dannis (St Bede, Peru, Illinois)
	Timothy Payne (Heritage, Newport News, Virginia)
13.95	*Kurt Powdar (Smith, Chesapeake, Virginia)

#### **300 HURDLES**

35.25(A)/50.12 Thomas Burns (Northwestern, Miami, Florida) (1)
36.26(A) Eric Edwards (Langham Creek, Houston, Texas) (5)
36.28(A) Noah Green (Duncanville, Texas)
36.53 Deion McShane (Freeport, Illinois)
36.63 Lorenzo Lingard (University, Orange City, Florida)
36.95Blake Hennesay (SM, Rancho Santa Margarita, California)
37.04 Deion McShane (Freeport, Illinois)
37.11Cass Elliott (West, Seattle, Washington)
37.16*Caleb Roberson (Upland, California)
37.26 Marion Humphrey (Hoover, Alabama)
37.28*Jameson Williams (Ritter, St Louis, Missouri)
37.35Remington Crossnoe (Bushland, Texas)

#### **HIGH JUMP**

<u>HIGH JUMP</u>	
7-2	Tyler Cronk (Kentridge, Kent, Washington)
Kyle Ga	rland (Germantown, Ft Washington, Pennsylvania)
	Nate Patterson (Plymouth, Indiana) (4)
7-1½	**Trey Tintinger (Helena, Montana)
7-1/4	Mayson Conner (York, Nebraska)
	.Sean Lee (Trabuco Hills, Mission Viejo, California)
7-0	Camron Donatlan (West, Aurora, Illinois)
6-11½	Jaasiel Torres (Sarasota, Florida)
6-11	Trey Causey (Handley, Winchester, Virginia)
J	ake Grimsman (Vista del Lago, Folsom, California)
	.Jack Scarborough (Johnson, San Antonio, Texas)
6-10¾	4 tied

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VICTOR SAILER/PHOTO RUN

#### **POLE VAULT**

19-41/4	Mondo Duplantis' (Lafayette, Louisiana) (1)
18-0(A)	Sondre Guttormsen' (Davis, California)
17-8½(A)	K.C. Lightfoot (Lees Summit, Missouri) (3)
17-8	Zachary Bradford (Bloomington, Illinois)
17-1	Colton Crum (Frankfort, Indiana)
16-10	Branson Ellis (Lee, Tyler, Texas)
	Brock Hottel (Purcell, Oklahoma)
16-7	*Haze Farmer (Lake Hamilton, Pearcy, Ar)
16-3	Charles Crispi (Farrell, Staten Island, New York)
	*J.T. Herrscher (Greenhill, Addison, Texas)
	Kenny Odinet (Ascension, Youngsville, Louisiana)
16-2¾	Luke Williams (Wellington, Tx)

#### **LONG JUMP**

25-51/4(A)	D.J. Henderson (Trinity, Dallas, Texas) (5)
24-8	
24-6½(A)	Frank Nash (West, Pueblo, Colorado)
24-51/4	Isaac Guerendo (Avon, Indiana)
24-5i	Cameron Murray (Westlake, Atlanta, Georgia) (3)
24-41/2	Jahan Dotson (Area, Nazareth, Pennsylvania)
24-21/4	Ja'Marr Chase (Rummel, Metarie, Louisiana)
	*Frank Royal (St Christopher's, Richmond, Virginia)
24-2	
24-10w	*Anthony Riley (Westmoore, Oklahoma City, Oklahoma)
24-9½w	
24-5½w	DeJuan Ellis (McDonogh, Owings Mills, Maryland)

TRIPLE JUMP
50-7¼(A)Jequan Hogan (Fountain-Ft Carson, Fountain, Colorado)
49-9*Kevin Snyder (Christ, Arden, NC)
49-7¾C.J. Stevenson (Great Oak, Temecula, California)
49-71/4Travian Blaylock (Atascocita, Humble, Texas)
49-7Melvin Briley (Oakleaf, Orange Park, Florida)
Treyvon Ferguson (Hershey, Hershey, Pennsylvania)
49-6Jamar Davis (Orange, Hillsborough, North Carolina)
48-5%Ahmir Johnson (Wissahickon, Ambler, Pa)
Tyrek McNeese (Sealy, Texas) 48-51/4Jalyn Jackson (Eastlake, Chula Vista, California)
49-23/4Darian Clyburn (Male, Louisville, Ky)
49-21/4wCordell Tinch (Bay Port, Green Bay, Wisconsin)
SHOT
68-6
67-6½Tyson Jones (Desert Edge, Goodyear, Arizona) 67-2John Meyer (Township, Lockport, Illinois) (5)
66-7½Patrick Larrison (Moore, Oklahoma)
65-11¾Joshua Sobota (Bearden, Knoxville, Tennessee)
65-10½iNick Phelps (Kingsley-Pierson, Kingsley, Iowa)
64-5½ C.J. Licata (Gill-St Bernard's, Gladstone, New Jersey)
63-91/4*Andrew Stone (Fond du Lac, Wisconsin)
63-81/4Boyd Dietzen (Kimberly, Wisconsin)
63-8Jermaine Anderson (Chapel Hill, Douglasville, Georgia)
63-3Cameron Jurgens (Beatrice, Nebraska)
62-41/2*Daniel Viveros (Liberty, Bakersfield, California)
DISCUS
196-10 Mitchell Weber (St Clair, Minnesota)
196-8Cameron Jurgens (Beatrice, Nebraska)
192-10 LeeRoi Johnson (Tonganoxie, Kansas)
191-7Nick Phelps (Kingsley-Pierson, Kingsley, Iowa)
190-9Patrick Larrison (Moore, Oklahoma)
190-6Joshua Sobota (Bearden, Knoxville, Tennessee)
190-3*Bryan Hudson (Scott, Georgetown, Kentucky)
189-5
188-4Samuel Moore (Bertha-Hewitt/Verndale, Verndale, Minnesota)
187-1
186-9
186-3*Carlos Aviles (Ventura, California)
<u>HAMMER</u>
219-10*Jacob Farland (Classical, Providence, Rhode Island)
218-8**Trey Knight (Ridgefield, Washington)
209-4
206-1Silas Hurst (Santiago, Corona, California)
200-9*Ryan Morel (Hendricken, Warwick, Rhode Island)
197-5*Garrett Doyle (Lincoln, Rhode Island) 196-4Joe Ryan (Massapequa, New York)
195-11 Evan Grivers (Lincoln, Rhode Island)
JAVELIN
216-2 Sawyer Christopher (Lincoln, Portland, Oregon)
215-7Chandler Ault (Home, Midland, Michigan) (4)
213-5 Nicholas Mirabelli (Rancocas Valley, Mt Holly, New Jersey)
212-10 Gavin Darcy (Dunmore, Pennsylvania) (3)
<b>208-9</b> * <b>Ty Hampton (North Bend, Oregon) (5)</b> 208-0 Ethan Dabbs (Richland, Johnstown, Pennsylvania)
207-6 Roman Mitchell (Southeast, Raleigh, North Carolina)
207-0Tripp Marcus (Cedar Creek, Ruston, Louisiana)
206-4 Carlan Naisant (Marcos de Niza, Tempe, Arizona)
206-0Tzuriel Pedigo (Parkview, Baton Rouge, Louisiana)
205-11**Sam Hankins (Manhattan, Kansas)
205-10 Alexander Scheivert (Penn Manor Millersville Pennsylvania)

205-10 . Alexander Scheivert (Penn Manor, Millersville, Pennsylvania)

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# **HS Girls Preview**

LOOK FOR LOTS OF new faces: the '17 season was so senior-dominated that only 2 of last year's No. 1 All-Americas—Tianna Davis in the 200, Lexy Halladay in the mile—return. That compares to 8 who returned last year. Davis & Halladay will be joined by 9 No. 2s. Overall, just 24 members of last year's A-A team are back, compared to 39 last year.

The star of early indoor season has been last year's No. 4 miler, Katelyn Tuohy (see p. 38), who has been making big noise at longer distances. The top eligibles:

## **100 METERS**

11.28Sha'Carri Richardson (Carter, Dallas, Texas) (2)			
11.30**Briana Williams' (Cham-Madonna, Hollywood, Florida) (5)			
11.43 *Thelma Davies (Girard, Philadelphia, Pennsylvania) (4)			
Kynnedy Flannel (Alvin, Texas)			
11.48****Tamari Davis (Lincoln, Gainesville, Florida)			
Ashley Seymour (Bullis, Potomac, Maryland)			
11.53(A)*Arria Minor (East, Denver, Colorado)			
11.55*Aliya Wilson (Tahoma, Maple Valley, Washington)			
11.57 Ariyonna Augustine (Poly, Long Beach, California)			
*De'Anna Nowling (Calabasas, California)			
11.59 Abby Steiner (Coffman, Dublin, Ohio)			
11.60Daloria Boone (Milledge, Milledgeville, Georgia)			
*Alexis Brown (Kennedale, Texas)			
Kelcie Simmons (Leonard, Texas)			

## **200 METERS**

23.21****Tamari Davis (Lincoln, Gainesville, Florida) (			
23.28	Sha'carri Richardson (Carter, Dallas, Texas) (3)		
23.34*	**Kayla Davis (Southwest, Charlotte, North Carolina)		
	Kynnedy Flannel (Alvin, Texas) (4)		
23.37	*Rosaline Effiong (DeSoto, Texas)		
23.42Lanae-	Tava Thomas (Rush-Henrietta, Henrietta, New York)		
(A)	*Arria Minor (East, Denver, Colorado)		
23.47	Ariyonna Augustine (Poly, Long Beach, California)		
23.52	*Mariah Ayers (Lakeview, Garland, Texas)		
23.56	Abby Steiner (Coffman, Dublin, Ohio)		
**Briana	Williams (Chaminade-Madonna, Hollywood, Florida)		
23.59	*LaSarah Hargrove (Gaither, Tampa, Florida)		

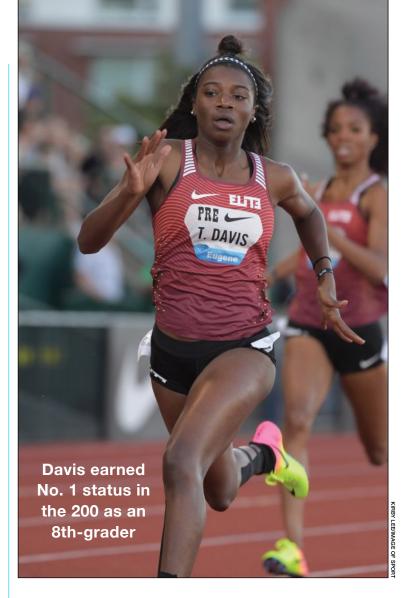
## **400 METERS**

52.05	*Arria Minor (East, Denver, Colorado) (2)
52.54	***Kayla Davis (Southwest, Charlotte, North Carolina)
52.69	*Sterling Lester (Marietta, Georgia)
52.94	Kennedy Simon (Westlake, Atlanta, Georgia)
53.02	Bailey Lear (Heritage, Frisco, Texas)
53.24	Tierra Robinson-Jones (O'Dowd, Oakland, California)
53.25	*Britton Wilson (Godwin, Henrico, Virginia)
53.27	Maiah Walker (Lake Wales, Florida)
53.32	Maliyah Medley (El Toro, Lake Forest, California)
53.44	*Brooke Jaworski (West, Wausau, Wisconsin)
53.50	**Kimberly Harris (Buford, Georgia)
53.53	Kiya Oviosun (SE Guilford, Greensboro, North Carolina)

## **Explaining The Preview**

For each of the standard events, Girls High School Editor Mike Kennedy has listed the top 12 returning performers, based on PRs.

Returning '17 All-Americas are highlighted in bold, with their A-A status. An asterisked placing represents an athlete with A-A status in '16, but not '17.



## **800 METERS**

2:03.32	
2:06.03	Gabrielle Wilkinson (FC, Wynnewood, Pennsylvania) (5)
2:06.86	Alyssa Brewer (California, San Ramon, California)
2:07.06	*Morgan Foster (Chandler, Arizona)
2:07.18	**Athing Mu (Central, Trenton, New Jersey)
2:07.27	Hannah Reale (Shenendehowa, Clifton Park, New York)
2:07.34	Nyjari McNeil (Franklin, Reisterstown, Maryland)
2:07.47	*Gianni Napoleon (Worthington, Ohio)
2:07.62	Cathilyn McIntosh (Del Oro, Loomis, California)
2:08.05	***Jinah Mickens-Malik (Mater, Hialeah, Florida)
2:08.18*	*Victoria Vanriele (Livingston, Berkeley Heights, New Jersey)
2:08.44	*Caroline Timm (Lourdes, Poughkeepsie, New York)

## **MILE**

4:39.20+**Kat	elyn Tuohy (North Rockland, Thiells, New York) (4)
4:39.78+	Caitlin Collier (Bolles, Jacksonville, Florida)
4:40.18+	Annie Hill (Glacier, Kalispell, Montana) (5)
4:41.80 **	Lexy Halladay (Mountain View, Meridian, Idaho) (1)
4:44.56+Kath	erine Lee (Shore-Wading River, Shoreham, New York)
4:44.84+	Anne Forsyth' (Pioneer, Ann Arbor, Michigan)
4:44.90+	*Olivia Howell (Solon, Ohio)
4:44.92+	*Kelsey Chmiel (Saratoga Springs, New York)
4:45.63	*Rebecca Story (Christian, Knoxville, Tennessee)
4:45.87	**Taylor Roe (Lake Stevens, Washington)
4:46.54	**Katelynne Hart (Glenbard West, Glen Ellyn, Illinois)
4:46.64+ N	Maddy Denner (Oak Ridge, El Dorado Hills, California)

# **Tuohy The New New York Phenom**

## by Rich Sands

Since finishing 2<sup>nd</sup> in her State Indoor 1500 last year, Katelyn Tuohy (North Rockland, Thiells, New York) has not lost an individual race.

And it's unlikely she's going to any time soon. The not-quite-yet-16 sophenom has dominated her competition, including a staggering 40-second margin of victory at the Nike XC Nationals.

She started '18 out on a particularly auspicious note, clocking 9:05.26 to move to No. 4 on the all-time absolute 3000 list (see p. 58).

Two weeks later she obliterated the American Junior and HS bests in the 5000 with a 15:37.12 effort.

Mary Cain set the previous HSR (15:45.46) outdoors and her indoor 3000 record survived Tuohy's assault by just 0.75.

In between her big distance races Tuohy lowered her mile best to 4:43.62 in an easy effort at the Millrose Trials; it's a time likely to be shattered into oblivion before long.

North Rockland XC/indoor coach Brian Diglio first saw potential in Tuohy as a 5th-grader when she was jogging at the local track with her dad. Running was just a way to get in shape for soccer until

Diglio convinced her to give indoor track a try in 7th grade.

"I was a big soccer player, but I instantly fell in love with the sport and the team," Tuohy says. The following fall she qualified for NXN and by the time she was a frosh she was the State harrier runner-up.

Following that loss at the '17 State Indoor, she anchored winning distance medleys at New Balance Indoors and the Penn Relays and clocked PRs in the 1500 (4:18.51) and mile (4:45.95) to win outdoor State and New Balance titles.

Needless to say, considerable scrutiny has been focused on the prodigy, and Diglio understands the pressure he's under.

"This is something she would like to



try to do for the rest of her life, and with that as a goal, the question is, 'How do we slowly get there?" " he says.

"The problem has been that the times that she's putting out there are attracting attention and making people think this is unsustainable."

The answer has been racing her relatively sparingly (and only a handful of 3000s in her first few seasons) and keeping her mileage under 50M/week.

He solicits advice from former coaches and friends, including '92 Olympian John Trautmann, a high school teammate who now works with the NJ/NY Track Club. "The bottom line is, there's not really a rule book for how you handle a talent this young," Diglio says.

> "There are plenty of examples of what you don't do, but it has not been done successfully, so it's a huge concern of mine."

> Last summer Tuohy increased her long runs to 10M, and it paid off in her dominating cross country season and as the indoor campaign has begun.

> While she surpassed Cain's 5000 record (and scared her 3000 mark), Tuohy is realistic that the fellow New Yorker's mile standard of 4:28.25 might be unapproachable. For now.

> Says Tuohy, "The 1500/mile has always been my special event, so I'm really looking forward to seeing what time I can pull this year.

> "I've grown so much stronger over the last year. I'm not really sure if I can run as fast as Mary did, but I'm definitely looking at the time as a goal for the future."

> Diglio won't predict times, but the idea of getting her into a professional race to see her full potential is a possibility for later in the season.

> "I would like to see her run against people who can beat her and push her," he says. "I think there's a lot of value in losing races. There aren't many high school girls who can push her in most of her

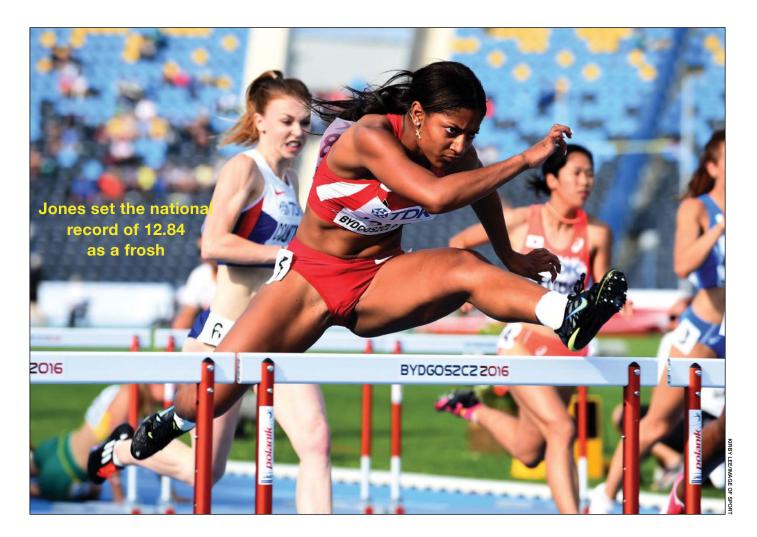
races, so finding competition is obviously a challenge."

For now, Tuohy's getting used to the proverbial loneliness of the long distance runner.

"When I'm out there by myself I'm focusing on my form and pushing myself to the best of my ability, and trying not to psyche myself out mentally," she says.

"Knowing no one's behind you, and it's just you against the clock, that's definitely hard to do. But over the last year I've gotten better at running by myself."

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## 2 MILES

9:48.89+**Katelyn Tuohy (North Rockland, Thiells, New York)			
10:00.44+*Kelsey Chmiel (Saratoga Springs, New York) (3)			
10:01.00+*Claudia Lane (Malibu, California) (2)			
10:04.73**London Culbreath (North, McKinney, Texas) (4)			
10:09.23+ Jacqueline Gaughan (Exeter, New Hampshire)			
10:11.24*Rebecca Story (Christian, Knoxville, Tennessee)			
10:11.36 Molly Born (Shawnee Mission NW, Shawnee, Kansas)			
10:14.34Olivia Theis (Catholic, Lansing, Michigan)			
10:15.09+**Katelynne Hart (Glenbard West, Glen Ellyn, Illinois)			
10:16.79+Rylee Bowen (Sonoma, Santa Rosa, California)			
10:18.00 Clara Savchik (North Alleghany, Wexford, Pennsylvania)			
10:18.56+Elena Denner (Oak Ridge, El Dorado Hills, California)			
10:18.75+ Maddy Denner (Oak Ridge, El Dorado Hills, California)			
10:18.78+Annie Hill (Glacier, Kalispell, Montana)			

## **100 HURDLES**

2.84*Tia Jones (Walton, Marietta, Georgia) (2)	12.84*Tia Jones (Walton, Marietta, Georgia				
3.40 Britten Bowen (Pioneer, Ann Arbor, Michigan)	13.40				
(A) Emily Sloan (Rock Canyon, Highlands Ranch, Colorado)	(A)				
3.51 *Shadajah Ballard (Western Branch, Chesapeake, Virginia)	13.51				
3.54*Grace Stark (Lakeland, White Lake, Michigan)	13.54				
3.56*Kori Carter (Nansemond River, Suffolk, Virginia)	13.56				
3.67 Akira Rhodes (Mallard Creek, Charlotte, North Carolina)	13.67				
3.68**Jasmine Jones (Christian, Norcross, Georgia)	13.68				
3.71Jayda Drake-Howard (North Spring, Sandy Springs, Georgia)	13.71				
3.72Imani Carothers (Brooks, Chicago, Illinois)	13.72				
Aaliyah Wilson (Stockdale, Bakersfield, California)					
3.40wJada Hicks (Upland, California)	13.40w				

## **300 HURDLES**

40.28**Markalah Hart (Northwestern, Miami, Florida) (3)
41.24(A) Emily Sloan (Rock Creek, Highlands Ranch, Colorado)
41.87 Breanna Bernard-Joseph (Roosevelt, Eastvale, California)
41.93*Kori Carter (Nansemond River, Suffolk, Virginia)
42.00 Jayda Drake-Howard (North Spring, Sandy Springs, Georgia)
42.04/59.70Kylie Cutlip (Buckeye Trail, Lore City, Ohio)
42.14
42.15/57.55 Masai Russell (Bullis, Potomac, Maryland)
42.20*Britton Wilson (Godwin, Henrico, Virginia)
42.23(A)Jae'nisa Heckstall (Westview, Avondale, Arizona)
42.24(A) Jai Gruenwald (Chandler, Arizona)
42.26Kattiana Ealy-Pulido (Collins, Klein, Texas)

HIGH JUMP
6-3/4**Jenna Rogers (Rutherford, New Jersey) (3)
6-0 Katie Isenbarger (Zionsville, Indiana)
5-11*Sydney Banks (Osbourn Park, Manassas, Virginia)
5-10¾**Morgan Smalls (Panther Creek, Cary, North Carolina)
5-10½*Anna Hall (Valor, Highlands Ranch, Colorado)
5-10 Rylee Anderson (Silver Creek, Longmont, Colorado)
Sanaa Barnes (Nelson, Trophy Club, Texas)
*Abrianna Barrett (Montgomery, Skillman, New Jersey)
**Kamiya Dendy (Pendleton, South Carolina)
**Tierra Hooker (Timber Creek, Sicklerville, New Jersey)
Kenya Livingston (Rocky River, Mint Hill, North Carolina)
Alyssa Miller (Boyd, McKinney, Texas)
**Alacia Myles (Edna Karr, New Orleans, Louisiana)
*Shelby Tyler (Noblesville, Indiana)

# Ellis Emerges As Top Vaulter

## by Jon Hendershott

Tagging along to vault practice with older brother Ryan eventually led Erica Ellis (Gates-Chili, Rochester, New York) to pick up a pole herself.

It took only a few years before she

added her name to the prep record roster.

Now 16, Ellis topped an indoor national juniorclass best 14-1¼ at Akron's Pole Vault Convention in January to become the No. 6 undercover performer ever and No. 8 overall.

She won't compete for Gates-Chili this season because she is being directed by Rick Suhr, husband and coach of AR holder and '12 Olympic champion Jenn Suhr.

"I am so thankful for all Rick and Jenn have done for me," says Ellis earnestly. "I can't even put into words how central they have been to my improvement."

Adds father Rickey Ellis, "Their presence has been so crucial and their friendship so central for everyone. I can't say enough about how they have treated Erica. They push her when she needs it, but most of all they are great friends for us all."

Brother Ryan was an indoor 14-footer in '13 as a junior and a year later,

Erica first tried vaulting herself as a 7th-grader. She cleared 8-6.

"I always went to Ryan's meets and I got 'serious' about vaulting in 8th grade," she points out. "I just found that the more I vaulted, the more I enjoyed it."

She made 10-0 in 8th grade and 12-3 in her frosh season. Last year as a soph, she topped 13-1 indoors and then 13-3 outside.

Coach Suhr recalls, "The Ellises lived

only about 10M up the road from us. Her folks asked me to look at her while she was in 8th grade. I was training only Jenn at that time but I had trained some other good local high school girls in the past."

Suhr pupils Mary Saxer (14-2 prep

Ellis has already improved almost a foot this year

PR) and Tiffany Maskulinski (14-0 best) currently claim places No. 7 and =No. 9 on the all-time girls list.

"Erica just kept coming around to our training facility," Suhr continues. "I have to say she is the best of any high schooler I ever have coached. She has all the physical ability, plus she understands event parameters like poles and grip height."

The Akron gathering was just Ellis's second meet of the winter, but she soared nonetheless. After topping 12-0 in her first

meet—"just to knock the rust off," she says— she knew she "was capable of jumping really well in Akron. I wanted to use the meet to build my confidence."

Competitive confidence, yes, but also confidence in using the largest

pole she had ever tried, a 14-foot/165-170 stick. Suhr recalls, "Mary Saxer got on a 14-foot/160 pole in high school, a monster pole. Yet here is Erica trying a pole so much bigger."

After clearing 12-8, 13-2 and a career-high 13-8, Ellis had the bar elevated to the 14-1¼ setting. She missed her first two attempts, but not badly.

She says, "Iwas confident I could bend that big pole and ride it up. You want to control the pole, not have it control you."

On her third effort, she sprinted down the runway with powerful confidence, flew up and wrapped around the bar for the junior-class best.

"I was so excited to make it," she admits. "We had done so much work. Now I want to just keep pushing ahead, keep getting more confident."

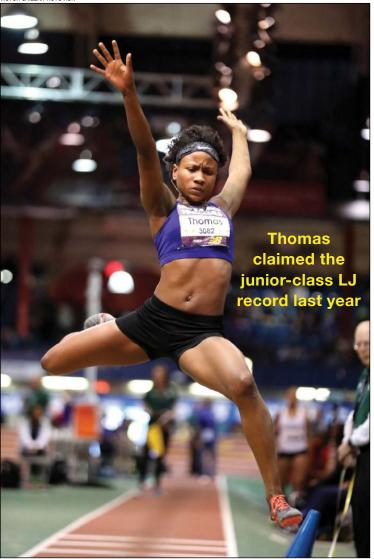
Suhr says, "Erica has great takeoff dynamics and accelerated very well on her big jump. She is what I call an 'adrenaline jumper,' one

who goes after the bar as it goes up. Jenn and Mary do that and so does Erica."

Ellis then took three unsuccessful shots at an absolute class record 14-4. But Suhr says, "This is just the start for her. Her potential is incredible."

Erica feels, "I just want to keep jumping higher. I won't compete for my high school this year, so I can focus just on vaulting. But that will keep building my confidence. That's exciting and that will help me keep progressing."

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## **POLE VAULT**

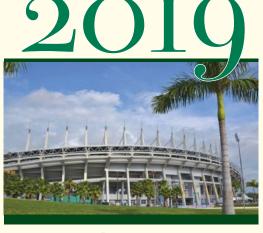
14-11/4*Erica Ellis (Gates-Chili, Rochester, New York)
13-10 Reagann LeLeux (Catholic, New Iberia, Louisiana)
13-6*Makenzie Hayward (Marcus, Flower Mound, Texas)
*Ellie Talius (Eastlake, Sammamish, Washington)
13-5 Nastassja Campbell (New Caney, Texas)
13-41/4**Mia Manson (Monarch, Superior, Colorado)
13-3Jaci Bickett (County, Henderson, Kentucky)
Olivia Moore (Pickens, Jasper, Georgia)
13-2½*Anna Cathryn Griffith (Taylor, Texas)
13-2*Laurel Wong (Santa Catalina, Monterey, California)
13-1½*Chloe Cunliffe (West, Seattle, Washington)
Deidra Marrison (Geneva, Ohio)
Alex Potts (Woodward, College Park, Georgia)

## **LONG JUMP**

21-11 .Lanae-Tava Thomas (R-Henrietta, Henrietta, New York) 21-2¾(Ivin, Texas)	
	Maya Evans (Lutheran, Parker, Colorado) (5)
20-6¼(A)	Sametria Smith (Midland, Texas)
20-5	Titiana Marsh (Dale, Chester, Virginia)
20-3¾	*Jasmine Moore (Lake Ridge, Mansfield, Texas)
20-1¾	Hannah Morris (Bloom, Chicago Heights, Illinois)
20-¼	Daloria Boone (Milledge, Milledgeville, Georgia)
	*Alexis Brown (Kennedale, Texas)
19-11¾	*Nyla Ward (Williams, Alexandria, Virginia)

20-9w.....\*Shatara Johnson (Drew, Riverdale, Georgia) 20-81/2w..... Breana Gambrell (Athens, Pennsylvania) **TRIPLE JUMP** 43-71/4 ......\*Jasmine Moore (Lake Ridge, Mansfield, Texas) (2) 43-5 ...... Titiana Marsh (Dale, Chester, Virginia) (4) 42-2 ...... Alonie Sutton (Smiths Station, Alabama) 41-10A ......Sydnee Larkin (Cherokee Trail, Aurora, Colorado) 41-81/4 ......Alexis Ellis (Curtis, University Place, Washington) 41-71/4 ...... Arianna Fisher (Silver Creek, San José, California) 41-21/2 .....\*Serena Bolden (Southeast, Springfield, Illinois) 41-2 ......Jznae Kim (Conroe, Texas) 41-11/2 ......Allanah Lee (Castro Valley, California) 41-1 ......\*Tosin Alao (Allen, Texas) 41-0 ...... Kali Hatcher (St Mary's, Berkeley, California) 42-10w...... Imani Carothers (Brooks, Chicago, Illinois) SHOT 47-91/4 ......Veronica Fraley (Wakefield, Raleigh, North Carolina) 47-73/4 ..... Ellie Weltha (Bloomington, Illinois) 47-5 .....\*Chloe Lindeman (Fulton, Illinois) 47-3 ...... Payden Montana (Berwick, Pennsylvania) 47-21/2 ......Alexis Clark (Monroe, Fredericksburg, Virginia) 47-3/4 .....\*Kat Moody (Waukee, Iowa) 47-0 .....\*Alicia Tiney-Williams (Northrop, Ft Wayne, Indiana) 46-11% ...... Faimalie Sale (Los Alamitos, California) 46-7 ...... Amaya King (Mason, Ohio) 46-41/2 ..... Emma Gilbert (International Falls, Minnesota) ......Kristian Jackson (Zachary, Louisiana) 46-23/4 ......Natasha Stamp (Grayson, Loganville, Georgia) **DISCUS** 171-4 ...... Karlee Freeman (Raymond, Washington) 170-6 ......Shelby Moran (Sherwood, Oregon) 170-4 ......Veronica Fraley (Wakefield, Raleigh, North Carolina) 170-2 ...... Tedreauna Britt (Woodland, Dorchester, South Carolina) 169-10 .....\*Jocelynn Budwig (Fowler, California) 167-9 ..... Erica Grotegeer (Wheatland, California) 166-11 .....\*\*Kalynn Meyer (Superior, Nebraska) 163-9 ...... Makayla Kelby (West, Lees Summit, Missouri) 161-0 .....\*\*Shelby Frank (Red River, Grand Forks, ND) 160-8 ...... \*\*\*Faith Bender (Liberty, Bakersfield, California) 158-1 ..... Essence Henderson (Jefferson, Lafayette, Indiana) 156-8 ......Felicia Crenshaw (Costa Mesa, California) HAMMER 185-8 ......Gianna Rao (Ponaganset, North Scituate, Rhode Island) 181-11 .....Shelby Moran (Sherwood, Oregon) 173-4 .....\*Danielle Gregory (Liberty, Wentzville, Missouri) 170-6 .....\*Annika Kelly (Barrington, Rhode Island) 170-2 .....\*Shannah Mallett (Creekview, Canton, Georgia) JAVELIN 169-2 ......Dana Baker (North, Olathe, Kansas) (2) 164-9 ...... \*Skylar Ciccolini (Mifflin, Lewistown, Pennsylvania) (3) 155-1 .....\*Meghan Owens (Mercer, Harroldsburg, Kentucky) 153-0 ...... Jordynn Slater (LaPine, Oregon) 149-0 .....\*\*\*\*Sydney Juszczyk (Trinity, St Louis, Missouri) 148-11 .....Erin McMeniman (Dracut, Massachusetts) 148-8 ...... Shira Stoller (Sharon, Massachusetts) 147-0 .....\*Kayla Kurtz (Baldwin, Baldwin City, Kansas) 146-11 ......Reagen Kanagawa (Blue Springs, Missouri) 146-6 ......Emily Malone (Sentinel, Missoula, Montana)

.....\*Kendra Sachse (Okanogan, Washington)
146-4 ......\*Kristen Herr (Lampert Strasburg, Lampert, Pennsylvania)



# WORLD RELAYS

www.trackandfieldnews.com/tours

Once again, the IAAF World Relays will be held at Thomas A. Robinson National Stadium in Nassau, capital city of the Bahamas. The 2019 edition will be the fourth consecutive Relays to be hosted by the Bahamian Federation.

And once again, T&FN will conduct a tour to Nassau for relays fans. We expect to have arrangements similar to 2017 when we once more stayed at the imposing British Colonial Hilton, steps away from the busy downtown area and the Straw Market, Bay Street shopping, and a wide selection of dining options.

The World Relays is a two-day meet consisting, of course, only of relay events: 4x100, 4x200, 4x400, 4x800, and mixed relay(s). The tour dates are Arrive May 2, Depart May 6. The meet is May 4 and 5 and we allow a couple of days to enjoy Nassau's delights and attractions. An ideal way to treat yourself to a great break after a hard winter.

The tour includes four nights lodging, prime tickets to all sessions of the World Relays, sightseeing, tour dinner, busing to/from the stadium, airport transfers, goodies, and so on. The tour price should be similar to the 2017 price: \$1895 per person, double occupancy. Air to Nassau not included.

Current deposit required is \$100/person. Send to Track & Field News 2570 W. El Camino Real, Suite 220 Mountain View, CA 94040

Phone: 650/948-8188 E-mail: tours@trackandfieldnews.com

## **TOURS PLANNED THROUGH 2021**

Track & Field News Tours

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## **\_2018 —**

**European Track Tour.** Five countries (Belgium, Croatia, Hungary, Czech Republic, and Poland), three great meets (Brussels DL, IWC Zagreb meet, Continental Cup), two fascinating weeks in Europe. August 30-September 14. See ad elsewhere in this issue. Current deposit \$250 per person.

## **-2019** -

World Relays. Once again in Nassau, Bahamas. Tour dates: Arrive May 2, Depart May 6. \$100 deposit/person.

**U.S. Nationals/World Championships Trials.** \$100 deposit. Venue TBD.

**2019 World Track & Field Championships,** Doha, Qatar. See ad elsewhere in this issue. Current deposit \$1000/person. Dates: Arrive 9/26, Depart 10/7.

## **- 2020 -**

**U.S. Olympic Trials.** Mt. San Antonio College, Walnut, CA. Meet dates June 19-28. New stadium, this will be one of the best meets of the quadrennium. \$100 deposit per person. Sign up now; this will be a very popular tour.

**Summer Olympic Games.** Tokyo. Games dates are July 24-August 9. Tour dates: 18 nights (July 23-August 10) or 12 nights (T&F period, July 29-August 10). This will be our **18th** Summer Olympics tour. \$1100 deposit per person.

## **- 2021 –**

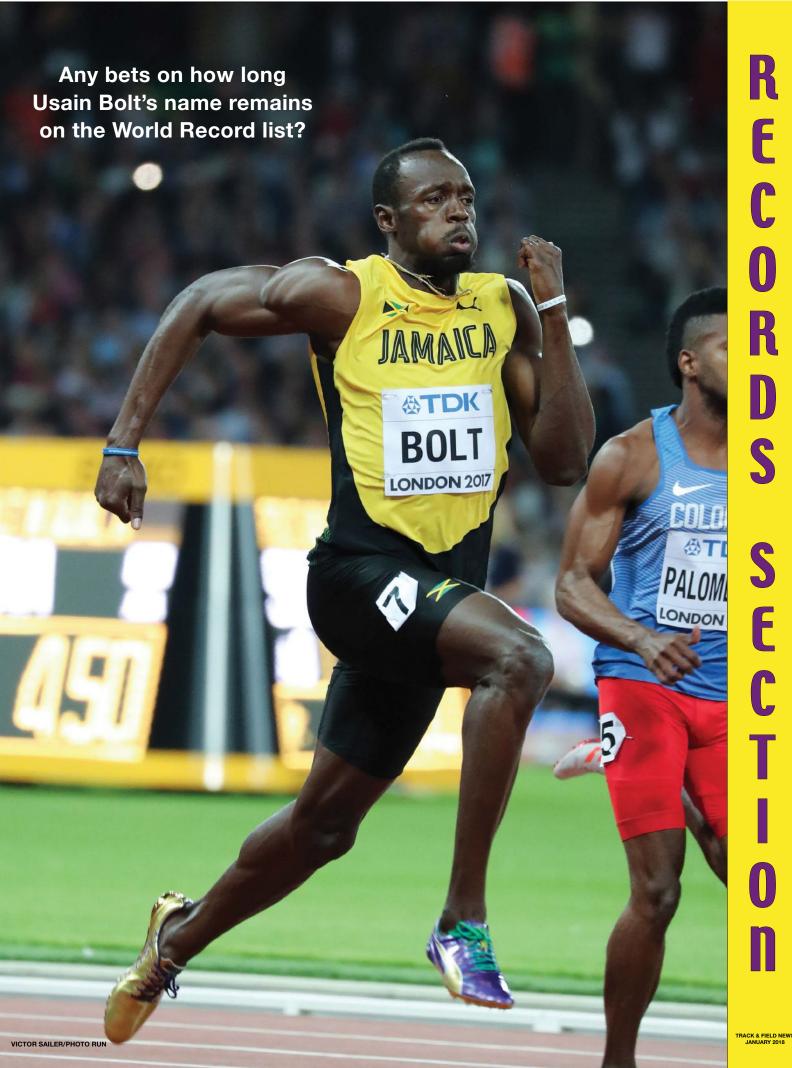
**U.S. Nationals/World Championships Trials.** Probably Eugene. Current deposit \$100/person.

**2021 World Track & Field Championships,** Eugene, OR. Meet dates August 6-15. \$100 deposit/person.



Track & Field News Tours, 2570 W. El Camino Real, Suite 220, Mountain View, CA E-mail: tours@trackandfieldnews.com. Phone: 650/948-8188.

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S E C

## — Men's World Records —

Tucal		Event	_
irac	ĸ	Event	S

1009.58 Usain Bolt (Jamaica) '09
150+14.35 Usain Bolt (Jamaica) '09
20019.19 Usain Bolt (Jamaica) '09
300+30.81 Wayde van Niekerk (South Africa) '17
40043.03 Wayde van Niekerk (South Africa) '16
600+1:12.81 Johnny Gray (US) '86
8001:40.91 David Rudisha (Kenya) '12
10002:11.96 Noah Ngeny (Kenya) '99
15003:26.00 Hicham El Guerrouj (Morocco) '98
Mile3:43.13 Hicham El Guerrouj (Morocco) '99
20004:44.79 Hicham El Guerrouj (Morocco) '99
2000St+ 5:10.86 Mahiedine Mekhissi (France) '10
St7:53.63 Saïf Shaheen (Qatar) '04
30007:20.67 Daniel Komen (Kenya) '96
2 Miles+ 7:58.61 Daniel Komen (Kenya) '97
5000 12:37.35 Kenenisa Bekele (Ethiopia) '04
10,000 26:17.53 Kenenisa Bekele (Ethiopia) '05
20,000 56:25.98 Haile Gebrselassie (Ethiopia) '07
Hour21,285m/13.22M Haile Gebrselassie (Ethiopia) '07
25,0001:12:25.4 Moses Mosop (Kenya) '11
30,0001:26:47.4 Moses Mosop (Kenya) '11
110 Hurdles 12.80 Aries Merritt (US) '12
300 Hurdles+ .34.48 Chris Rawlinson (Great Britain) '02
400 Hurdles 46.78 Kevin Young (US) '92

## **Relay Events**

Holdy Everite
4 x 10036.84 Jamaica '12
(Carter 10.1, Frater 8.9, Blake 9.0, Bolt 8.8)
4 x 200 1:18.63 Jamaica '14
(Ashmeade, Weir, Brown 19.6, Blake 19.4)
4 x 4002:54.29 United States '93
(Watts 44.5, Valmon 43.6, Reynolds 43.23, Johnson 42.94)
4 x 8007:02.43 Kenya '06
(Mutua 1:46.73, Yiampoy 1:44.38, Kombich 1:45.92, Bungei 1:45.40)
4 x 150014:22.22 Kenya '14
(Cheboi 3:38.6, Kiplagat 3:32.5, Magut 3:38.8, Kiprop 3:32.3)
4 x Mile+ 15:49.08 Ireland '85
(Coghlan 4:00.2, O'Sullivan 3:55.3, O'Mara 3:56.6, Flynn 3:56.98)
Sp Med+3:10.76 Santa Monica TC '85
(Lewis 20.3, Tyler 20.1, Hollis 47.1, Gray 1:43.3)
Dis Med 9:15.50 United States '15
(Merber 2:53.56, Spratling 45.95, Johnson 1:44.75, Blankenship 3:51.24)
4 x 110H+ 52.94 Team USA Drake Blue '15
(Richardson, Harris, Merritt, Oliver)

## **Field Events**

HJ ......2.45 | 8-1/2...... Javier Sotomayor (Cuba) '93

World Records (and World Junior Records) are those in events officially ratified by the IAAF. + = statistically-best-acceptable marks in other events that are "frequently" contested.

If the ratified WR is altitude-aided -i.e., made at an altitude over 1000m, denoted by (A) — we sub-list the unofficial best. (r) = road; w-o = women-only

For site/date details on records in all categories, log on to the records section at <a href="https://www.trackandfieldnews.com/index.php/records">www.trackandfieldnews.com/index.php/records</a>



## It was thumbs-up for Wayde van Niekerk after his 300 World Record In Ostrava.

PV6.16   20-21/2 Renaud Lavillenie (France) '14	
LJ8.95   29-41/2 Mike Powell (US) '91	
TJ18.29   60-1/4 Jonathan Edwards (Great Britain) '95	
SP23.12   75-101/4 Randy Barnes (US) '90	
(Barnes tested positive later in same year; T&FN's stance	
would be to give the WR to Ulf Timmermann at 23.06 75-8)	
DT74.08   243-0 Jürgen Schult (East Germany) '86	
HT86.74   284-7 Yuriy Syedikh (Soviet Union) '86	
JT98.48   323-1 Jan Železný (Czech Republic) '96	

#### Multi Even

Dec ........... 9045 ...... Ashton Eaton (US) '15

## **Road Events**

10K26:44 Leonard Komon (Kenya) '1	0
15K+ 41:13 Leonard Komon (Kenya) '1	0
20K+55:21Zersenay Tadese (Eritrea) '	10
Half-Mar 58:23 Zersenay Tadese (Eritrea) '	10
25K+ 1:11:18 Dennis Kimetto (Kenya) '12	2
30K+ 1:27:13 Eliud Kipchoge (Kenya) '16	3
1:27:13 Stanley Biwott (Kenya) '16	
Mar 2:02:57 Dennis Kimetto (Kenya) '14	4
100K 6:13:33 Takahiro Sunada (Japan) 'S	98
Ekiden R 1:57:06 Kenva '05	

(Muchiri 13:24, Mathathi 27:12, Mwangi 13:59, Mogusu 27:56, Nyerre 14:36, Kariuki 19:59)

## **Walk Events**

	<u> </u>	
20,000	. 1:17:25.6	. Bernardo Segura (Mexico) '94
20K(r)	. 1:16:36	. Yusuke Suzuki (Japan) '15
30,000	. 2:01:44.1	. Maurizio Damilano (Italy) '92
50,000	. 3:35:27.2	. Yohann Diniz (France) '11
50K(r)	. 3:32:33	. Yohann Diniz (France) '14

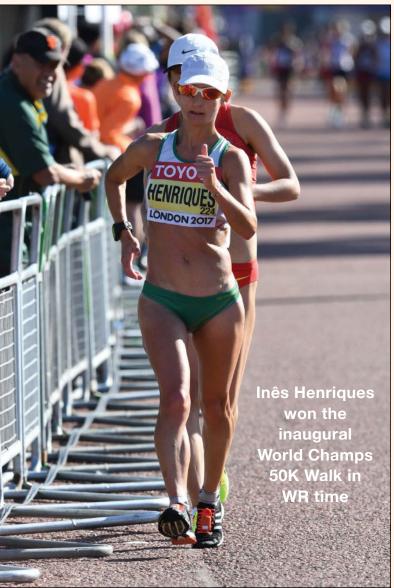
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## — Women's World Records —

## **Track Events**

100...... 10.49 ...... Florence Griffith Joyner (US) '88 (T&FN considers this mark unquestionably wind-aided: we feel the "real" WR should be 10.61 by Griffith Joyner '88) 200......21.34 ...... Florence Griffith Joyner (US) '88 400......47.60 ...... Marita Koch (East Germany) '85 600+......1:21.77 ...... Caster Semenya (South Africa) '17 800......1:53.28 ...... Jarmila Kratochvílová (Czecho) '83 1000......2:28.98 ...... Svetlana Masterkova (Russia) '96 1500......3:50.07 ...... Genzebe Dibaba (Ethiopia) '15 Mile ......4:12.56 ...... Svetlana Masterkova (Russia) '96 2000......5:23.75i ..... Genzebe Dibaba (Ethiopia) '17 St ...... 8:52.78 ...... Ruth Jebet (Bahrain) '16 3000......8:06.11 ...... Junxia Wang (China) '93 (T&FN considers marks from this meet as questionable: we feel the "real" WR should be 8:16.60i by Genzebe Dibaba [Ethiopia] '14)

2 Miles+ ..... 8:58.58 ...... Meseret Defar (Ethiopia) '07



The Bible Of The Sport

JIRO MOCHIZUKI/IMAGE OF SPO

500014:11.15 Tirunesh Dibaba (Ethiopia) '08	
10,00029:17.45 Almaz Ayana (Ethiopia) '16	
20,000 1:05:26.6 Tegla Loroupe (Kenya) '00	
Hour18,517m/11.50M Dire Tune (Ethiopia) '08	
25,000 1:27:05.9 Tegla Loroupe (Kenya) '02	
30,0001:45:50.0 Tegla Loroupe (Kenya) '03	
100 Hurdles 12.20 Kendra Harrison (US) '16	
400 Hurdles 52.34 Yuliya Pechonkina (Russia) '03	
Relay Events	
4 x 10040.82 United States '12	
(Madison, Felix, Knight, Jeter)	1
4 x 2001:27.46 United States '00	
(Jenkins, Colander-Richardson, Perry, Jones)	1
4 x 4003:15.17 Soviet Union '88	
(Ledovskaya 50.12, Nazarova 47.82, Pinigina 49.43, Bryzgina 47.80)	1
4 x 8007:50.17 Soviet Union '84	
(Olizarenko, Gurina, Borisova, Podyalovskaya)	1
4 x 1500 16:33.58 Kenya '14	
(Cherono 4:07.5, Kipyegon 4:08.5, Jelagat 4:10.5, Obiri 4:07.1)	1
Sp Med+3:34.56 Jamaica '09	
(Brooks, Whyte, Moya 51.7, Sinclair 1:57.43)	,
Dis Med 10:36.50 United States '15	
(Moser 3:18.38, Richards-Ross 50.12, Wilson 2:00.08, Rowbury 4:27.92)	,
4 x 100H+50.50Team USA Blue Drake '15	
(Rollins, Harper Nelson, Q. Harrison, Castlin)	,
Field Events	
HJ2.09   6-101/4 Stefka Kostadinova (Bulgaria) '87	
PV5.06   16-71/4 Yelena Isinbaeva (Russia) '09	
LJ7.52   24-81/4 Galina Chistyakova (Sov Union) '88	
TJ15.50   50-101/4 Inessa Kravets (Ukraine) '95	
SP22.63   74-3 Natalya Lisovskaya (Sov Union) '87	
DT76.80   252-0 Gabriele Reinsch (East Germany) '88	
HT82.98   272-3 Anita Włodarczyk (Poland) '16	
JT72.28   237-2 Barbora Špotáková (Czech Rep) '08	
Multi Events	
Hept7291Jackie Joyner-Kersee (US) '88	
Dec	
Road Events	
10K29:43Joyciline Jepkosgei (Kenya) '17	
15K+45:37Joyciline Jepkosgei (Kenya) '17	
20K+61:25	
Half-Mar64:52 Joyciline Jepkosgei (Kenya) '17	
25K+ 1:19:53 Mary Keitany (Kenya) '10	
30K+ 1:38:49 Mizuki Noguchi (Japan) '05	
Mar 2:15:25 Paula Radcliffe (Great Britain) '03	
Mar(w-o) 2:17:01 Mary Keitany (Kenya) '17 100K 6:33:11 Tomoe Abe (Japan) '00	
EkidenR . 2:11:41 China '98	
	1
(Jiang 15:42, Dong 31:36, Zhao 15:16, Ma 31:01, Lan 15:50, Lin 22:16)	
Walk Events	
10,000 41:56.23 Nadezhda Ryashkina (Sov Union) '90	
10K(v) 41.04 Valena Nikalayaya (Dynaia) 300	

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20K(r) ..... 1:24:38 ...... Hong Liu (China) '15

10K(r) ...... 41:04 ........... Yelena Nikolayeva (Russia) '96 20,000 .... 1:26:52.3 ....... Olimpiada Ivanova (Russia) '01

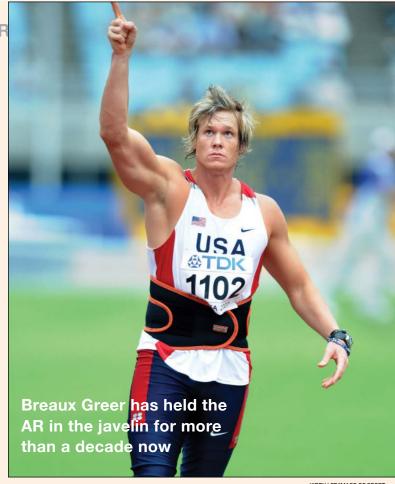
50K(r) ..... 4:05:26 ...... Inês Henriques (Portugal) '17

## — Men's American Records —

Track Events
1009.69 Tyson Gay (adidas) '09
150+14.41 Tyson Gay (adidas) '10
20019.32 Michael Johnson (Nike) '96
300+30.85(A) Michael Johnson (Nike) '00
(low-alt)31.30 LaShawn Merritt (Nike) '09
40043.18 Michael Johnson (Nike) '99
600+1:12.81 Johnny Gray (Santa Monica TC) '86
8001:42.60 Johnny Gray (Santa Monica TC) '85
10002:13.9 Rick Wohlhuter (UCTC) '74
15003:29.30 Bernard Lagat (Nike) '05
Mile 3:46.91 Alan Webb (Nike) '07
20004:52.44 Jim Spivey (Athletics West) '87
St8:00.45 Evan Jager (Nike) '15
30007:29.00 Bernard Lagat (Nike) '10
2 Miles+ 8:07.07 Matt Tegenkamp (Nike) '07
500012:53.60 Bernard Lagat (Nike) '11
10,000 26:44.36 Galen Rupp (Nike) '14
20,000 58:25.0 Bill Rodgers (Greater Boston TC) '77
Hour20,547/12.77M Bill Rodgers (Greater Boston TC) '77
25,000 1:14:11.8 Bill Rodgers (Greater Boston TC) '79
30,000 1:31:49 Bill Rodgers (Greater Boston TC) '79
110 Hurdles 12.80 Aries Merritt (Reebok) '12
400 Hurdles 46.78 Kevin Young (Foot Locker AC) '92
Relay Events
4 x 10037.38 National Team '12
(Demos, Patton, Kimmons, Gatlin)
(Demps, Patton, Kimmons, Gatlin)37.38 National Team '15
37.38 National Team '15
37.38 National Team '15 (Rodgers, Gatlin, Gay, Bailey)

DT.....72.34 | 237-4 ...... Ben Plucknett (SoCal Striders) '81

HT.....82.52 | 270-9 ...... Lance Deal (New York AC) '96



JT......91.29 | 299-6 ...... Breaux Greer (adidas) '07

## **Multi Event**

Decathlon .. 9045 ...... Ashton Eaton (Oregon TC) '15

## **Road Events**

5K1	13:22	. Ben True (Saucony) '15
1	13:20p	. Ben True (Saucony) '17
8K2	22:04	. Alberto Salazar (Oregon) '81
10K2	27:48	. Mark Nenow (Puma) '85
15K	12:22	. Todd Williams (adidas) '95
20K	6:48	. Dathan Ritzenhein (Nike) '09
Half-Mar 5	59:43	. Ryan Hall (Asics) '07
25K 1:1	14:18	. Christo Landry (Mizuno RT) '14
30K 1:2	28:38	. Ryan Hall (Asics) '08
Mar2:0	05:38	. Khalid Khannouchi (New Balance) '02
100K 6:3	30:11	.Tom Johnson (unattached) '95
EkidenR . 1:5	59:08	. National Team '05
	(Hall 1	3:22 Gonzales 28:15 Dobson 13:46

(Hall 13:22, Gonzales 28:15, Dobson 13:46, Sell 28:28, Cabada 14:11, Moen 21:06)

#### **Walk Events**

20,0001:23:00	1 Trevor Barron (New York AC) '12
20K(r) 1:22:17	Tim Lewis (Reebok) '89
30,0002:11:00	4 Curt Clausen (New York AC) '00
30K(r) 2:12:53	Kevin Eastler (USAF) '07
50,0003:59:41	2 Herm Nelson (Club Northwest) '96
50K(r) 3:48:04	Curt Clausen (New York AC) '99
2Hr., 27, 360m/16	70M Curt Clausen (New York AC) '00

American (and American Junior) Records are those officially ratified by USATF, which also lists many more ARs in road racing and the walks.

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**Relay Events** 

## — Women's American Records —

Track Events
--------------

10010.49 Florence Griffith Joyner (WCAC) '88
(T&FN considers this mark unquestionably wind-aided: we
feel the proper AR should be 10.61 by Griffith Joyner in '88)
20021.34 Florence Griffith Joyner (WCAC) '88
40048.70 Sanya Richards-Ross (Nike) '06
300+
600+1:22.39 Ajee' Wilson (adidas) '17
8001:56.40 Jearl Miles Clark (Reebok) '99
1:55.61p Ajee' Wilson (adidas) '17
10002:31.80 Regina Jacobs (Mizuno) '99
1500 3:56.29 Shannon Rowbury (Nike) '15
Mile4:16.71 Mary Slaney (Athletics West) '85
20005:32.7 Mary Slaney (Athletics West) '84
2000St+6:19.09p Bridget Franek (Oregon TC) '13
St9:02.58 Emma Coburn (New Balance) '17
3000 8:25.83 Mary Slaney (Athletics West) '85
5000 14:38.92 Shannon Rowbury (Nike) '16
10,000 30:13.17 Molly Huddle (Saucony) '16
100 Hurdles12.20 Kendra Harrison (adidas) '16
400 Hurdles52.47 Lashinda Demus (Nike) '11



4 x 10040.82 National Team '12
(Madison, Felix, Knight, Jeter)
4 x 200 1:27.46 USA Blue '00
(Jenkins, Colander-Richardson, Perry, Jones 20.8)
4 x 400 3:15.51 National Team '88
(Howard 49.82, Dixon 49.17, Brisco 48.44, Griffith Joyner 48.08)
4 x 800 8:00.62 National Team '15
(Drice 2:01 20 Vessey 2:00 02 Ludlay 1:50 50 Mantage 1:59 00)

(Price 2:01.30, Vessey 2:00.92, Ludlow 1:59.50, Montaño 1:58.90)
4 x 1500 ... 16:55.33 ...... National Team '14

(Kampf 4:09.2, Mackey 4:19.4, Grace 4:16.6, Martinez 4:10.2) 800 Medley 1:35.59 ...... Team USA Red Penn '17

(Akinosun, Gardner, Bryant, M. Barber 50.90)

SpMed ...... 3:37.16 ..... USA Blue '06

(R. Smith, L. Williams, Hargrove 52.1, Clark 2:00.2)

DisMed .... 10:36.50 ...... National Team '15

(Moser 3:18.38, Richards-Ross 50.12, Wilson 2:00.08, Rowbury 4:27.92) 4 x 100H ...... 50.50 ...... Team USA Drake Blue '15

(Rollins, Harper Nelson, Q. Harrison, Castlin)

## **Field Events**

HJ2.05   6-834 Chaunté Lowe (Nike) '10
PV5.00   16-4¾ Sandi Morris (Nike) '16
LJ7.49   24-7 Jackie Joyner-Kersee (Honda) '94
7.49   24-7(A) Jackie Joyner-Kersee (Honda) '94
TJ14.71   48-31/4 Keturah Orji (Georgia) '16
SP20.63   68-71/4 Michelle Carter (Nike) '16
DT69.17   226-11 Gia Lewis-Smallwood (Nike) '14
HT76.77  251-10 Gwen Berry (Nike) '17
JT66.67   218-8 Kara Winger (Asics) '10

## **Multi Events**

Heptathlon	7291	Jackie Jo	yner-Kers	see (WCAC)	'88
Decathlon	7064p	Breanna	Eveland	(Kansas St)	'06

## **Road Events**

5K	14:54	Deena Kastor (Asics) '02
8K	24:36	Deena Kastor (Asics) '05
10K	31:06	Lynn Jennings (Nike Int'l) '90
15K	47:00	Shalane Flanagan (Nike) '14
20K	. 1:04:07	Deena Kastor (Asics) '06
	. 1:03:48p	Molly Huddle (Saucony) '18
Half-Mar	1:07:34	Deena Kastor (Asics) '06
	. 1:07:25p	Molly Huddle (Saucony) '18
25K	. 1:22:36	Shalane Flanagan (Nike) '14
30K	. 1:39:08	Deena Kastor (Asics) '06
Mar	. 2:19:36	Deena Kastor (Asics) '06
100K	.7:00:48	Ann Trason (unattached) '95
Ekiden R.	. 2:19:40	National Team '94

(Troncoso 16:22, Hewig 33:42, Gdowski 16:12, Schuurmans 33:42, St. Geme 15:59, Nusrala 23:43

## **Walk Events**

10,000 44:41.87 Michelle Rohl (Parkside AC) '94	
10K(r) 44:17 Michelle Rohl (Brooks) '95	
20,000 1:33:28.2 Teresa Vaill (Walk USA) '06	
20K(r) 1:30:49 Maria Michta-Coffey (WUSA) '14	
1:30:49p Maria Michta-Coffey (WUSA) '16	
50K(r) 4:21:51 Katie Burnett (unattached) '17	

## - Men's Collegiate Records -

## **Track Events**

100	9.82	. Christian Coleman (Tennessee) '17
200	19.69	. Walter Dix (Florida State) '07
400	43.70	Fred Kerley (Texas A&M) '17
800	1:43.55	Donavan Brazier (Texas A&M) '16
1500	3:35.30	. Sydney Maree' (Villanova) '81
(AmC)	3:35.59	. Kyle Merber (Columbia) '12
Mile	3:52.01i	.Edward Cheserek (Oregon) '17
(AmC)	3:53.2	.Jim Ryun (Kansas) '67
	3:53.2	.Tony Waldrop (North Carolina) '74
3000	7:37.70	. Rudy Chapa (Oregon) '79
Steeple	8:05.4	. Henry Rono' (Washington State) '78
(AmC)	8:19.14	. Donn Cabral (Princeton) '12
5000	13:08.4	. Henry Rono' (Washington State) '78
(AmC)	13:15.77	. Bill McChesney (Oregon) '81
10,000	27:08.49	.Sam Chelanga' (Liberty) '10
(AmC)	27:31.38	. Chris Derrick (Stanford) '12
110H	13.00	.Renaldo Nehemiah (Maryland) '79
400H	47.56	. Kerron Clement (Florida) '05

Relay Events
4 x 10038.04 TCU '98
(Howard, Holloway, Williams', Spencer')
4 x 2001:19.67TCU '00
(Frater', Williams', Patton, Collins')
4 x 4002:59.59LSU '05
(Dardar 46.4, Willie 44.4, Brazell 44.8, Carter 44.0)
4 x 8007:08.96 Arizona State '84
(Richardson 1:47.5, Davis 1:47.8, Scott 1:48.1, Stahr 1:45.6)
4 x 150014:50.2 Arkansas '85
(lovine 3:48.8, Taylor' 3:38.6, Swain' 3:41.6, Donovan' 3:41.2)
4 x Mile 16:03.24 Oregon '09
(Centrowitz 3:59.53, Wheating 3:59.60, Biwott' 4:05.20, Rupp 3:58.91)
Spr Medley . 3:11.94 Texas A&M '17
(F. Kerley, Morrow, M. Kerley 44.8, Dixon 1:47.0)
Dist Medley, 9:20,10 Arkansas '89

## **Field Events**

HJ2.38	7-9¾	Hollis Conway (La-Lafayette) '89
PV5.98	19-7½	Lawrence Johnson (Tennessee) '96

4 x 110H ...... 53.94 ...... South Carolina '03

(Reina 2:53.9, Williams 46.4, Bradley 1:46.0, Falcon 3:53.8)

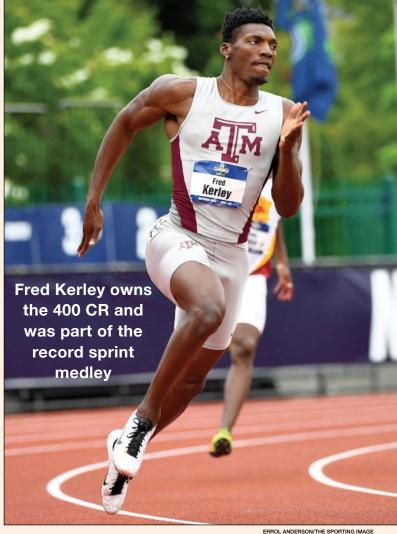
(Taylor, Townsend, Ryan, Ferguson)

Our CRs, ratified by us, are focused on those made by NCAA Division I athletes, but Div. II/III/NAIA/JUCO performances are appended where superior.

We consider the collegiate season to end with the NCAA Championships, but we do append marks made through August 31 of an athlete's final non-pro year in a separate section (post-NCAA last-year marks are considered to have been made by those who have signed pro contracts and are therefore not included).

If a foreign athlete has the best mark, we sub-list the best ever by an American. We also sub-list the low-altitude best if the top mark is

Symbols: ' = non-U.S. citizen; (AmC) = American-born collegian; (A) = altitude-aided - over 1000m of altitude (affected events only); i = indoors.



LJ8.74   28-81/4(A) Erick Walder (Arkansas) '94
(lo-alt).8.59   28-21/4i Miguel Pate (Alabama) '02
TJ 17.57   57-7¾(A) Keith Connor' (SMU) '82
(AC/I-a)17.54   57-61/2 Mike Conley (Arkansas) '85
[JC Record: 17.92/58-91/2 James Beckford' (Blinn) '95]
SP22.00   72-21/4 John Godina (UCLA) '95
DT68.16   223-7 Julian Wruck' (UCLA) '13
(AmC) 67.45   221-3 Sam Mattis (Penn) '16
HT81.94   268-10 Balázs Kiss' (USC) '95
(AmC) 78.34   257-0 Ken Flax (Oregon) '86
JT89.10   292-4 Patrik Bodén' (Texas) '90
(AmC) 83.30   273-3 Tom Pukstys (Florida) '90
Dec 8539 Lindon Victor' (Texas A&M) '17
(AmC)8465Trey Hardee (Texas) '06

## Marks Made Outside Regular Season (pre-pro)

4004	13.86(A) Lee E	Evans (San José St) '68			
15003:33.07 Kip Cheruiyot' (Mt St Mary's) '86					
(AmC)3:3	33.1Jim F	Ryun (Kansas) '67			
Mile3:5	50.34 Todd	Harbour (Baylor) '81			
30007:3	32.1 Rono	' '78			
500013:0	00.95Lawi	Lalang' (Arizona) '13			
10,00027:2	22.47 Rono	' '78			
HT82.56   2	70-10 Baláz	s Kiss' (USC) '95			

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## — Women's Collegiate Records —

т	'ra	c	k	F١	10	nts	
	ıa	u	N	_	7	Hts	,

HACK EV	rents
100	10.78(A) Dawn Sowell (LSU) '89
(lo-alt)	10.85 Aleia Hobbs (LSU) '17
200	22.02 Kyra Jefferson (Florida) '17
400	49.71 Courtney Okolo (Texas) '16
800	1:59.10 Raevyn Rogers (Oregon) '17
1500	3:59.90 Jenny Simpson (Colorado) '09
Mile	4:29.04 Angela Chalmers' (Nn Arizona) '87
(AmC)	4:30.36 Leann Warren (Oregon) '81
Steeple	9:24.41 Courtney Frerichs (New Mexico) '19
3000	8:47.35 Vicki Huber (Villanova) '88
5000	15:01.70i Jenny Simpson (Colorado) '09
10,000	31:18.07 Lisa Uhl (Iowa State) '10
100H	12.39 Brianna Rollins (Clemson) '13
400H	53.21 Kori Carter (Stanford) '13

Steeple9:24.41 Courtney Frerichs (New Mexico) 16
30008:47.35 Vicki Huber (Villanova) '88
500015:01.70i Jenny Simpson (Colorado) '09
10,00031:18.07 Lisa Uhl (Iowa State) '10
100H 12.39 Brianna Rollins (Clemson) '13
400H53.21 Kori Carter (Stanford) '13
Relay Events
4 x 10042.12 Oregon '17
(Dunmore, Stevens, Cunliffe, Washington)
42.12 LSU '17
(Brisco, Johnson, Martin, Hobbs)
4 x 2001:28.78 Oregon '17
(Dunmore, Cunliffe, Stevens, Washington)
4 x 4003:23.13 Oregon '17
(Dunmore 51.7, Stevens 50.8, Guster 50.80, Rogers 49.77)
4 x 8008:17.45Villanova '13
(Margey 2:07.04, Piccirillo 2:04.12, Akande 2:04.04, Lipari 2:02.25)
4 x 150017:08.34Tennessee '09
(Price 4:19.5, Wright 4:19.0, Bell 4:19.6, Bowman 4:10.2)

800 Medley . 1:36.05 Nebraska '83
(Blanford, Thacker, Burke' 22.9, Ottey' 50.9)
Sprint Med3:39.04 Texas A&M '17
(Spaulding, Thompson', Reed 50.9, Fray 2:02.3)
Dist Med 10:48.38 Villanova '88
(Franey 3:21.0, Bennett 52.8, Halliday 2:04.7, Huber 4:29.9)
4 x 100H52.50Texas A&M '10
(Thomas, Mayo, Flemings, Ruddock')

## **Field Events**

HJ1.99   6-61/4 Brigetta Barrett (Arizona) '13
PV4.75   15-7(A) Demi Payne (Stephen F Austin) '15
(lo-alt) 4.66   15-31/2 Sandi Morris (Arkansas) '15
LJ6.99   22-111/4 Jackie Joyner (UCLA) '85
TJ14.53   47-8 Keturah Orji (Georgia) '16
SP19.33   63-5 Raven Saunders (Mississippi) '16
DT 67.48   221-5 Meg Ritchie' (Arizona) '81
(AmC)65.22   214-0 Suzy Powell (UCLA) '97
HT73.32   240-7 Maggie Ewen (Arizona State) '17
JT62.19   204-0 Maggie Malone (Texas A&M) '16
Hept6527 Diane Guthrie-Gresham' (GM) '95
(AmC) 6390 Jackie Joyner (UCLA) '83
•••

## Marks Made Outside Regular Season (pre-pro)

800	1:58.51	Brigita Langerholc' (USC) '00
Mile	4:27.31	Favor '89
Steeple	9:12.50	Simpson '09
3000	8:37.25	Huber '88
HJ2.03	8   6-8	Barrett '12
TJ14.71	48-31/4	Orji '16
SP19.76	6   64-10	Saunders '17



## — World Junior Records —

(athletes under 20 for the entire year of competition; the IAAF now refers to these as U20 Records)

<u> — MEN — </u>
Track Events
1009.97 Trayvon Bromell (US) '14
20019.93 Usain Bolt (Jamaica) '04
40043.87 Steve Lewis (US) '88
8001:41.73 Nijel Amos (Botswana) '12
10002:15.00 Benjamin Kipkurui (Kenya) '99
15003:28.81 Ronald Kwemoi (Kenya) '14
Mile3:49.29 William Biwott (Kenya) '09
2000+4:56.25 Tesfaye Cheru (Ethiopia) '11
2000St+ 5:19.99 Meresa Kassaye (Ethiopia) '13
Steeple7:58.66 Stephen Cherono (Kenya) '01
30007:28.78 Augustine Choge (Kenya) '05
500012:47.53 Hagos Gebrhiwet (Ethiopia) '12
10,000 26:41.75 Sammy Wanjiru (Kenya) '05
110 Hurdles 12.99 Wilhem Belocian (France) '14
Sr 110H+13.12 Xiang Liu (China) '02
400 Hurdles 48.02 Danny Harris (US) '84
Relay Events
4 x 10038.66 United States '04
(Kimmons, Omole, Williams, Merritt)
4 x 4003:01.09 United States '04
(Johnson 45.3, Merritt 44.8, Craig 46.1, Clement 44.9)
3:00.33p United States '17
(Herron 45.1, Shinnick 45.1, Hooper 44.73, J. Lyles 45.36)
Field Events
HJ2.37   7-91/4 Dragutin Topić (Yugoslavia) '90
2.37   7-91/4 Steve Smith (Great Britain) '92
PV5.90   19-41/4 Mondo Duplantis (Sweden) '17
LJ8.35   27-4¾ Sergey Morgunov (Russia) '12
TJ 17.50   57-5 Volker Mai (East Germany) '85
SP23.00   75-51/2 Jacko Gill (New Zealand) '13
SrSP+ 21.14   69-41/4 Konrad Bukowiecki (Poland) '16
DT70.13   230-1 Mykyta Nesterenko (Ukraine) '08
SrDT+ 65.31   214-3 Mykyta Nesterenko (Ukraine) '08
HT85.57   280-9 Ashraf Amjad Al-Saifi (Qatar) '12
SrHT+ 78.33   257-0 Olli-Pekka Karjalainen (Finland) '99
JT 86.48   283-9 Neeraj Chopra (India) '16
Multi Event
Dec8397Torsten Voss (East Germany) '82
Don't Frank

Mar+ ..... 2:04:32 ..... Tsegaye Mekonnen (Ethiopia) '14

**Road Event** 

## **Walk Events**

10,000	. 38:46.4	Viktor Burayev (F	Russia) '00
10K(r)	.37:44	Zhen Wang (Chir	na) '10

## - WOMEN -

T	_ 1 -	Eve	
ıra	CK	-ve	nte

10010.88 Marlies Göhr (East Germany) '77
20022.18 Allyson Felix (US) '04
40049.42 Grit Breuer (Germany) '91
8001:54.01 Pamela Jelimo (Kenya) '08
10002:35.4 Irina Nikitina (Soviet Union) '79
2:35.4 Katrina Wühn (East Germany) '84
15003:51.34 Yinglai Lang (China) '97
(T&FN considers marks from this meet as questionable: we
feel the "real" WR should be 3:56.98 Faith Kipyegon [Ken] '13)
Mile4:17.57Zola Pieterse (Great Britain) '85
Steeple8:58.78 Celliphine Chespol (Kenya) '17
30008:28.83Zola Pieterse (Great Britain) '85
500014:30.88 Tirunesh Dibaba (Ethiopia) '04
10,00030:26.50Linet Masai (Kenya) '08
100H12.84 Aliuska López (Cuba) '87
12.83(A)p . Tobi Amusan (Nigeria) '16
400H53.82 Sydney McLaughlin (US) '17
Relay Events
4 x 10043.29 United States '06
(Knight, Tarmoh, Olear, Mayo)
43.27p Germany '17
(Fehm, Kwadwo, Junk, Montag)
4 x 4003:27.60 United States '04

## **Field Events**

ŀ	HJ2.01   6-7 Olga Turchak (Soviet Union) '86
	2.01   6-7 Heike Balck (East Germany) '89
F	PV4.71   15-51/2i Wilma Murto (Finland) '16
L	_J7.14   23-51/4 Heike Drechsler (East Germany) '83
٦	ГЈ 14.62   47-11¾ Tereza Marinova (Bulgaria) '96
5	SP20.54   67-4¾ Astrid Kumbernuss (E Germany) '89
[	DT 74.40   244-1 llke Wyludda (East Germany) '88
ŀ	HT73.24   240-3 Wenxiu Zhang (China) '05
	JT 63.86   209-6 Yulenmis Agujilar (Cuba) '15

(Anderson 53.1, Kidd 51.6, Smith 51.0, Hastings 51.9)

## **Multi Event**

Hept......6542 ......Carolina Klüft (Sweden) '02

## **Road Event**

Mar+ ..... 2:20:59 ..... Shure Demise (Ethiopia) '15

## **Walk Events**

10,000	42:47.25	Anežka Drahotová (Czech Rep) '14
10K(r)	41:57	Hongmiao Gao (China) '93
20K(r)+	1:25:30	Anisya Kirdyapkina (Russia) '08

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## — American Junior Records —

(athletes under 20 for the entire year of competition; the IAAF now refers to these as U20 Records)

## <u>— MEN —</u>

-		_			
Tra	CK	Ŀν	е	nts	;

100	9.97	Trayvon Bromell (Baylor) '14
200	20.09	Noah Lyles (Virginia HS) '16
400	43.87	Steve Lewis (UCLA) '88
800	1:43.55	Donavan Brazier (Texas A&M) '16
1500	3:36.1	Jim Ryun (Kansas) '66
Mile	3:51.3	Jim Ryun (Kansas) '66
Steeple	8:33.8	John Gregorek (Georgetown) '79
3000	7:58.0	Gerry Lindgren (Washington St) '65
5000	13:25.46	German Fernandez (Oklahoma St) '09
10,000	28:32.7	Rudy Chapa (Indiana HS) '76
110 Hurdle	es 13.08	Wayne Davis (North Carolina HS) '09
400 Hurdle	es48.02	Danny Harris (Iowa State) '84
		· ·

## **Relay Events**

4 x 10038.66 National Team '04
(Kimmons, Omole, Williams, Merritt)
4 x 400 3:00.33 United States '17
(Herron 45.1, Shinnick 45.1, Hooper 44.73, J. Lyles 45.36)

#### Field Events

HJ2.31	7-7 Andra Manson (Texas HS) '02
PV5.90	19-41/4 Mondo Duplantis (Louisiana HS) '17
LJ8.34	27-41/2 Randy Williams (USC) '72
TJ17.13	56-21/2 Will Claye (Oklahoma) '09
SP22.02	72-3 Jordan Geist (Pennsylvania HS) '17
SrSP+ 20.65	67-9 Michael Carter (Texas HS) '79
DT 65.34	214-4 Mason Finley (Colorado HS) '09
SrDT+ 63.22	207-5 Brian Milne (Penn State) '92
HT80.79	265-0 Conor McCullough (Princeton) '10
SrHT+ 65.89	216-2 Jake Freeman (Rhode Island HS) '99
JT74.64	244-10 Joe Zimmerman (Washington) '10

## **Multi Events**

Dec	. 8037	. Harrison Will	iams (Stanford) 15
SrDec+	7892	.Gunnar Nixo	n (Arkansas) '12

## **Road Event**

Mar+ ..... 2:15:28 ..... Paul Gompers (Harvard) '83

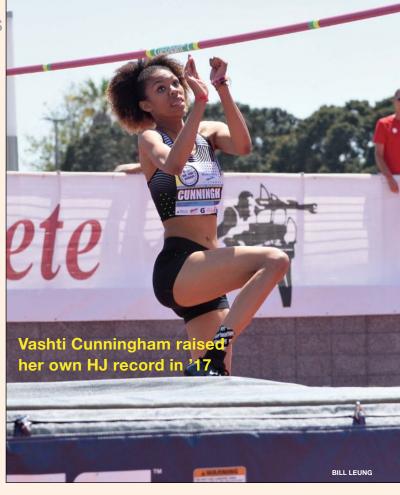
## **Walk Events**

10,000	. 41:23.14	Tyler Sorenser	n (California HS	) '11
10K(r)	. 41:35	Trevor Barron	(New York AC)	'11

## - WOMEN -

## **Track Events**

100	10.98	. Candace Hill (Georgia HS) '15
200	22.11(A)	. Allyson Felix (California HS) '03
(lo-alt+)	22.43	. Candace Hill (Georgia HS) '15
400	49.89	. Sanya Richards-Ross (Texas) '04
800	1:58.21	. Ajee' Wilson (adidas) '13
1500	4:03.39	. Alexa Efraimson (Nike) '15
Mile	4:35.24	. Polly Plumer (California HS) '82
2000St	6:29.20	. Maddie Meyers (Washington HS) '11



Steeple	9:46.48	Madie Boreman (Colorado) '17
3000	8:57.27	Ceci St. Geme (Stanford) '82
5000	15:43.31	Laurynne Chetelat (Stanford) '09
10,000	32:51.20	Lindsay Scherf (Harvard) '05
100H	12.74	Dior Hall (USC) '15
400H	53.82	Sydney McLaughlin (NJ HS) '17

## **Relay Events**

4 x 100	43.29	National Team	'06		
		(Knight,	Tarmoh,	Olear,	Mayo)
4 x 400	3:27.60	National Team	'04		
(4	Anderson 53.1.	Kidd 51.6. Smit	h 51.0. F	lastinas	s 51.9)

## **Field Events**

HJ 1.99   6-61/4 Vashti Cunningham (Nike)/1/
PV4.45   14-71/4 Desiree Freier (Texas HS) '14
4.46   14-71/2p Lexi Weeks (Arkansas HS) '15
LJ6.83   22-5 Kate Hall (Maine HS) '15
TJ 14.15   46-51/4 Keturah Orji (Georgia) '15
SP 18.35   60-2½ Raven Saunders (Sn Illinois) '15
DT 60.59   198-9 Shelbi Vaughan (Texas HS) '12
HT68.12   223-6 Shelby Ashe (Throw 1 Deep) '12
JT53.85   176-8 Avione Allgood (Nevada HS) '11
56.59   185-8p Madison Wiltrout (Penn HS) '15

## **Multi Event**

Hept6	018	Kendell	Williams	(Georgia)	'14
-					

## **Road Event**

Mar+ 2:34:24	Catny O'Brien	(N Hamp HS) 784
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## **Walk Event**

10,00049:31	1.88 Anal	Cisneros	(Illinois	HS)	'16
-------------	-----------	----------	-----------	-----	-----

## — Boys HS Records —

(\* = mark made outside HS/own age-group competition)

## **Track Events**

100	10.00*	.Trentavis Friday (Cherryville, NC) '14
200	20.09*	.Noah Lyles (Alexandria, Va) '16
400	44.69*	.Darrell Robinson (Tacoma, Wa) '82
800	1:46.45	. Michael Granville (Bell Gardens, Ca) '96
1000	2:24.79	.Bobby Curtis (Louisville, Ky) '03
1500	3:38.26*	.Alan Webb (Reston, Va) '01
Mile	3:53.43*	.Alan Webb (Reston, Va) '01
2000St	5:41.67	.Bailey Roth (Colorado Springs, Co) '14
St	8:47.04*	.Bailey Roth (Colorado Springs, Co) '14
3000	7:59.33i	.Drew Hunter (Purcellville, Va) '16
2M	8:29.46*	.Lukas Verzbicas (Orland Park, II) '11
5000	13:37.91*	.Galen Rupp (Portland, Or) '04
10,000	28:32.7*	.Rudy Chapa (Hammond, In) '76
110H	13.08*	.Wayne Davis (Raleigh, NC) '09
Int'l 110H	13.74*	.Kevin Craddock (Union City, Ca) '04
300H	35.02	.Reggie Wyatt (Riverside, Ca) '09
400H	49.38*	.Kenneth Ferguson (Detroit, Mi) '02
Mar2:	23:05*	.Clancy Devery (Salem, Or) '77

## **Relay Events**

nelay Events
4 x 10039.76Wyatt, Ft. Worth, Texas '98
(M. Wesley, Clopton, Franklin, D.Wesley)
4 x 2001:23.31Wyatt, Ft. Worth, Texas '98
(M. Wesley, Clopton, Franklin, D. Wesley)
4 x 4003:07.40 Hawthorne, California '85
(Marsh 47.9, Graham 47.8, Kelly 47.2, Thomas 44.5)
4 x 8007:28.75Poly, Long Beach, California '11
(Hall 1:53.00, Penn 1:52.29, Harris 1:55.27, Andrews 1:47.71)
4 x 150016:03.7South, Eugene, Oregon '82
(Mason 4:05.6, Chambers 4:05.1, Kimball 3:58.5, McGuirk 3:54.5)
4 x 160016:41.30American Fork, Utah 17
(Car. Clinger 4:25.51, Johns 4:08.23, Parker 4:05.43, Cas. Clinger 4:02.13)
4 x M17:04.55Ogden, Utah '16
(Warren 4:16.06, Barton 4:16.44, Feeny 4:21.13, Parsons 4:10.94)
800 Med1:28.20New Bern, North Carolina '09
(Styron, Greene, And. Hendrix, Ant. Hendrix 46.39)
Sp Med3:19.58* New Bern, North Carolina '09
(Greene 21.5, Sparks 21.8, And. Hendrix 46.6, Ant. Hendrix 1:49.7)
Dis Med9:49.78South Lakes, Reston, Virginia '01
(Smith 3:03.2, Smyser 50.2, Karmo 1:56.6, Webb 3:59.80)
4 x 11056.32Westside, Anderson, SC '04
(Martin 13.9, B. Brown 13.8, Mar. Brown 14.2, Mau. Brown 14.4)

## **Field Events**

HJ	7-7*	Andra Manson (Brenham, Tx) '02
PV	19-4¼*	Mondo Duplantis' (Lafayette, La) '17
LJ	26-10*	Marquise Goodwin (Rowlett, Tx) '09
TJ	54-10¼	Kenny Hall (Baton Rouge, La) '04
SP	81-3½	Michael Carter (Dallas, Tx) '79
Jr SP	72-3*	Jordan Geist (Saxonburg, Pa) '17
Int'l SP.	67-9*	Michael Carter (Dallas, Tx) '79
DT	237-6	Ryan Crouser (Gresham, Or) '11
Jr DT	214-4*	Mason Finley (Buena Vista, Co) '09



Int'l DT 201-4*	Gregg Hart (Ft Wayne, In) '90
HT 260-5	Rudy Winkler (Averill Park, NY) '13
Jr HT 249-0	Rudy Winkler (Averill Park, NY) '13
Int'l HT 219-7*	Conor McCullough (West Hills, Ca) '09
JT 255-4	Sam Crouser (Gresham, Or) '10
Dec8035(A)	Gunnar Nixon (Edmond, Ok) '11
Jr Dec7760*	Harrison Williams (Tn) '14
Int'l Dec7524	Gunnar Nixon (Edmond, Ok) '11
	• • •

### **Marks Made In HS-Only Competition**

(listed only if HSR was outside of HS-only competition) 100......10.15 ......Henry Neal (Greenville, Tx) '90 200......20.13 ......Roy Martin (Dallas, Tx) '85 400......45.19 ......Aldrich Bailey (Arlington, Tx) '12 1500......3:44.0 ......Jim Ryun (Wichita, Ks) '65 Mile......3:58.3 ......Jim Ryun (Wichita, Ks) '65 St ......9:02.56 ..... Noel Bateman (Rochester, NY) '06 3000.......7:59.83 ......German Fernandez (Riverbank, Ca) '08 5000...... 13:55.96 ..... Chris Derrick (Naperville, II) '08 10,000.....30:30.2 .......Jack Cuvo (Easton, Pa) '85 110H ......13.30 ...... Chris Nelloms (Dayton, Oh) '90 Int'l 110H .....14.39 ......Arthur Blake (Haines City, FI) '84 400H ......49.56 ......Robert Griffin (Copperas Cove, Tx) '07 SpMed .....3:21.1 ...... Berkeley, California '81 HJ ...... 7-6 ........... Dothel Edwards (Athens, Ga) '83 PV ...... 19-1i.......... Duplantis '17 LJ............ 26-6 ............ Carl Lewis (Willingboro, NJ) '79 Int'l SP ..... 66-4 ......Carter '79 Int'l DT ... 180-4 ......Charles Moye (Akron, Oh) '87

Int'l HT ... 185-3 ......Adam Connolly (Silver Spring, Md) '94

Jr Dec ......7524I ......Nixon '11

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## — Girls HS Records—

(\* = mark made outside HS/own age-group competition)

## **Running Events**

10010.98Candace Hill (Conyers, Ga) '15
20022.11(A)*.Allyson Felix (North Hills, Ca) '03
(lo-alt)22.43Candace Hill (Conyers, Ga) '15
40050.69*Sanya Richards (Ft Lauderdale, Fl) '02
8001:59.51* Mary Cain (Bronxville, NY) '13
15004:04.62* Mary Cain (Bronxville, NY) '13
Mile4:28.25i*Mary Cain (Bronxville, NY) '13
2000St6:29.20Maddie Myers (Seattle, Wa) '11
St10:00.72*Brianna Nerud (Glen Head, NY) '12
30009:00.16i*Alexa Efraimson (Camas, Wa) '14
32009:38.68iMary Cain (Bronxville, NY) '13
500015:45.46* Mary Cain (Bronxville, NY) '13
10,00032:52.5*Mary Shea (Raleigh, NC) '79
100H12.84*Tia Jones (Marietta, Ga) '16
300H38.90Sydney McLaughlin (Union City, NJ) '17
400H53.82*Sydney McLaughlin (Union City, NJ) '17

Relay Events
4 x 10044.50Poly, Long Beach, California '04
(Shan. Solomon, Lee, Picott, Shal. Solomon)
4 x 2001:33.43Aquinas Ft. Lauderdale, Florida '14
(Sparling, Spaulding, Jean-Baptiste, Ellis)
4 x 4003:35.49Poly, Long Beach, California '04
(Woods 55.7, Harris 55.6, Lee 52.6, Shal. Solomon 51.6)
4 x 8008:43.12Roosevelt, Greenbelt, Md '08
(Lockhart 2:13.0, Johnson 2:08.6, Ogunomokun 2:11.9, Stanley 2:09.6)
4 x 150018:52.5University, Irvine, California '82
(Sauerwein 4:48.7, Plumer 4:28.1, McLaughlin 4:55.7, Barrios 4:40.5)
4 x 160019:56.75ySuffern, New York '06
(Goldman 5:08.7, Greany 5:01.8, Heidt 4:52.3, McKenna 4:53.9)
4 x Mile19:56.75Suffern, New York '06
(Goldman 5:08.7, Greany 5:01.8, Heidt 4:52.3, McKenna 4:53.9)
800 Med1:38.73Poly, Long Beach, California '03
(Shan. Solomon, Dorsey, Lee, Shal. Solomon)
SpMed3:47.65Rush-Henrietta, Henrietta, NY '15
(Thomas, Thompson, C. Watson, S. Watson 2:03.07)
DisMed11:22.23 Harvard-Westlake, Studio City, Ca '11
(Weissenbach 3:24.85, Cord 58.45, Hansson 2:13.70, Chapus 4:45.23)

## **Field Events**

HJ	. 6-6¼i*	.Vashti Cunningham (Las Vegas, Nv) '1
PV	14-7½	.Lexi Weeks (Cabot, Ar) '15
LJ	22-5	.Kate Hall (Naples, Me) '15
TJ 4	4-11¾*	.Brittany Daniels (Tracy, Ca) '04
SP	58-1	.Alyssa Wilson (Toms River, NJ) '17
DT 1	98-9*	.Shelbi Vaughan (Mansfield, Tx) '12
HT2	14-4	.Shelby Ashe (Atlanta, Ga) '10

4 x 100H ......55.06 ......Wn Branch, Chesapeake, Va '15

(Terrell, Ballard, Jenkins, Shockley)

Our HS Records are those ratified by the T&FN Records Committee, not the national HS federation. For us, the HS year ends on August 31, except for seniors who have already entered college.



## Alyssa Wilson is the only prep ever to break the 57- and 58-foot barriers in the shot.

JT	185-8 .	Madison Wiltrout (Connellsville, Pa) '15	
Hept	.5578*	Kendell Williams (Georgia) '12	

## **Road/Walk Events**

Mar	2:34:24*	Cathy O'Brien (Dover, NH) '84
MileW	7:00.87 .	Heather Buletti (W Beach, NY) '06
3000W	13:41.25 .	Anya-Maria Ruoss (Fayetteville, Ar) '94

## **Marks Made In HS-Only Competition**

(listed only if HSR was outside of HS-only competition)

•	•	
200	22.43	Hill '15
400	50.74	Monique Henderson (San Diego, Ca) '00
800	2:02.04	Amy Weissenbach (Studio City, Ca) '11
1500	4:16.52	Cain '11
Mile	4:33.82m .	Christine Babcock (Irvine, Ca) '08
3000	9:05.61i	Katelyn Tuohy (Thiells, NY) '18
5000	.15:55.94	Wesley Frazier (Raleigh, NC) '13
100H	13.03	Vashti Thomas (San José, Ca) '07
400H	54.03	McLaughlin '17
HJ	6-4½	Cunningham '15
TJ	44-21/4	Ychlindria Spears (Luling, Tx) '01
DT 1	193-11	Vaughan '12
Hept	5383(A)	Kendell Williams (Marietta, Ga) '11

# '18 U.S. Outdoor Schedules

THESE LISTINGS are restricted to high-quality outdoor competitions (the end of the indoor season can be found on p. 65). The most complete compilations of domestic meets are produced by USATF and the USTFCCCA. And check our website weekly.

## **Relays & Invitationals**

## March

02-03......CSLA Inv, Los Angeles, California 03..Florida A&M Relays; Tallahassee, Florida ...... Tulane Twilight, New Orleans, Louisiana 09-10..... Brown Inv; Fullerton, California 10......Cowboy Rel; Lake Charles, Louisiana ...... Oxy Distance Carnival; Eagle Rock, Cal 15-17..... 49er Classic; Charlotte, N Carolina 16-17.....Castillo Inv; Tempe, Arizona ...... Hornet Inv; Sacramento, California ...... Hurricane Inv; Coral Gables, Florida .....Louisiana Classics; Lafayette, La ...... Quiller Classic; Boulder, Colorado ...... Romo Inv; San Antonio, Texas .....TCU Invitational; Ft. Worth, Texas ...... Texas Southern Relays; Houston, Texas ......Trojan Inv; Los Angeles, California ...... UCF Challenge; Orlando, Florida ...... UCI Spring Classic; Irvine, California ......Williams Classic; Tucson, Arizona 17..... Maryland Inv; Landover, Maryland 16-18...... UNLV Spring Inv; Las Vegas, Nev 22-24.....Aztec Inv; San Diego, California 23-24...Arkansas Spring Inv; Fayetteville, Ar ...... Florida State R; Tallahassee, Florida ...... Kittley Inv; Abilene, Texas ......López Bayou Classic; Houston, Texas ...... Pac-12/Big 10 Inv; Tempe, Arizona ...... Power 5 Challenge, Los Angeles 24.....UTEP Springtime; El Paso, Texas 28-31 ..... Texas Relays; Austin, Texas 29-31 .....Bobcat Inv; San Marcos, Texas ...... Florida Relays; Gainesville, Florida 30-31.... Raleigh Relays; Raleigh, N Carolina .....Legends Inv; Westwood, California ......Stanford Inv; Stanford, California 31.. California Collegiate Inv; San Diego, Cal ......Mondo Inv; Sacramento, California

## **April**

05–07 .... Click Multis/Shootout; Tucson, Ariz
....... Colonial Relays; Williamsburg, Virginia
.......Sun Angel Classic; Tempe, Arizona
06–07 ......Colorado Inv; Boulder, Colorado
......East Carolina Inv; Greenville, NC
......Howell Inv; Princeton, New Jersey
......Spartan Inv; East Lansing, Michigan
......Towns Inv; Athens, Georgia

07Battle of the Bayou; Baton Rouge, La
Baylor Inv; Waco, Texas
Kirby Mem; Albuquerque, New Mexico
Pomona-Pitzer Inv; Claremont, California
12–14Tennessee R; Knoxville, Tennessee
13Jones Memorial; Gainesville, Florida
13–14 Charlotte Inv; Charlotte, N Carolina
Louisville Inv; Louisville, Kentucky
Tiger Classic; Auburn, Alabama
Triton Inv; La Jolla, California
14Johnson/JJK Inv; Westwood, California
18–19 Mt. SAC Multis; Azusa, California
18-21Kansas Relays; Lawrence, Kansas
19-20Clay Inv; Azusa, California
19-21 Mt. SAC Relays; Torrance, California
20-21 Beach Inv; Long Beach, California
Botts Inv; Columbia, Missour
Cardinal Classic; Stanford, California
Duke Inv; Durham, North Carolina
Ellis Inv; Princeton, New Jersey
Georgia Tech Inv; Atlanta, Georgia
Jacobs Inv; Norman, Oklahoma
Owens Classic; Columbus, Ohio
UVA Challenge; Charlottesville, Virginia
War Eagle Inv; Auburn, Alabama
21Duckett Twilight; Houston, Texas
Johnson Inv; Waco, Texas
LSU Alumni G; Baton Rouge, Louisiana
26–28Drake Relays; Des Moines, Iowa
Gina Relays; Hillsdale, Michigar
Penn Relays; Philadelphia, Penr
Robison Inv; Provo, Utah
27 North Florida Inv; Jacksonville, Fla
27–28Appy State Inv; Boone, N Carolina
Bobcat Classic; San Marcos, Texas
Hamilton Open; Berkeley, California
Memphis Inv; Memphis, Tennessee
National Relays; Fayetteville, Arkansas
Oregon State Hi-Perf; Corvallis, Ore
Scott Inv; Irvine, California
28 LSU Invitational; Baton Rouge, Louisiana
Virginia GP; Charlottesville, Virginia
May
BA OV

## <u>June</u>

09–10......Track Festival; Portland, Oregon 15..... Stumptown Twilight; Portland, Oregon ??.....TrackTown Series, tbd

## **Collegiate Duals**

## **March**

23...... Nev/SJSt/Haw women; Honolulu, Ha

#### Apri

06...... CSFull/LB St/UCI/UCSB; Irvine, Ca .....Toledo/BG women; Bowling Green, Ohio ... SJSt/Nv/UNLV/SDiSt women; S Diego, Ca 07...... Kent/Ash/Youngst/Akron; Akron, Oh ..... Wash/Wash St/BYU/Oregon; Eugene, Or ...... NDSt/Nnla/UMKC/Neb; Lincoln, Neb ......SD/SD State; Vermilion, South Dakota ...... Army/Navy; West Point, NY ...... Bucknell/Gtn/Md/Va; Charlottesville Va ...... Cal/Stanford; Berkeley, California ...... Duke/Michigan/NC; Durham, NC .....Ia/Penn St/Purdue/LSU; B Rouge, La 14......Harvard/Yale; New Haven, Ct 28..... Montana/Montana St; Missoula, Mont ...... Wash/Washington St; Pullman, Wash ...... NCAT/Miss/Tex A&M/LSU; B Rouge, La ...... UCSB/Cal Poly; Santa Barbara, Ca 29...... Arizona St/Arizona; Tucson, Arizona ......UCLA/USC; Westwood, California

#### May

04.... Wi/Nn Iowa/Ia St/Marq; Madison, Wisc

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03...... Jordan Inv; Stanford, California

04...... Arkansas Twilight; Fayetteville, Ark

...... Hayes Inv; Bloomington, Indiana

.....Oregon Twilight; Eugene, Oregon

May

## **Collegiate Conferences**

The early days of some conference meets may be dedicated to just the multi-events

## **April**

13–14 Mets;	Piscataway;	New Jersey

## May

<u>iviay</u>
03 MEAC; Greensboro, North Carolina
04-05Colonial; Williamsburg, Virginia
Patriot League; Easton, Penn
04-06 Horizon League; Rochester, Mich
Southland; San Antonio, Texas
SWAC; Prairie View, Texas
05-06America East; Catonsville, Maryland
Atlantic 10; Fairfax, Virginia
Heps; Philadelphia, Pennsylvania
Metro Atlantic; W Long Branch, N Jersey
Pac–12 Multis; Stanford, California
08–11 Big Sky; Moscow, Idaho
09–11Big South; Radford, Virginia
09–12 Mountain West; Fresno, California
WAC; Lawrence, Kansas
10–11Southern; Cullowhee, North Carolina
10–12ACC; Miami, Florida
Mid-American; Buffalo, NY
Ohio Valley; Cookeville, Tennessee
Summit League; Tulsa, Oklahoma
10-13Conference USA; Houston, Texas
11–12 Atlantic Sun; Jacksonville, Florida
Big East; Geneva, Ohio
Big West; Northridge, California
New Englands; Springfield, Mass
11-13American Athletic; Cincinnati, Ohio
Big 10; Bloomington, Indiana
Big 12; Waco, Texas
Missouri Valley; Terre Haute, Indiana
SEC; Knoxville, Tennessee
Sun Belt; San Marcos, Texas
12–13IC4A/ECAC; Princeton, New Jersey
18–19California JC; tba
21–22 Northwest JC; Gresham, Oregon
ZI-ZZ NOITHWEST JO, GIESHAIH, OREGON

Before travelling to any meet—be it near or far—always check with somebody at the site to be sure things are still holding to schedule

## **National Champs**

## May

17–19JUCO; El Dorado, Kansas
24-26NAIA; Gulf Shores, Alabama
NCAA II; Charlotte, North Carolina
NCAA III; La Crosse, Wisconsin
NCAA East Regional; Tampa, Florida
NCAA West Regional; Sacramento, Cal

## **June**

06–08	NCAA Men; Eugene, Oregon
07–09 N	CAA Women; Eugene, Oregon
14–16?	USATF Juniors; tbd
21–24	USATF; Des Moines, Iowa
26-7/01	LISATE Youth: Rochester NY

## July

23–29....... USATF Jr. Oly, Greensboro, NC 26–29..... USATF Masters; Spokane, Wash 28–Aug 04.....AAU Jr. Oly, Des Moines, Iowa

## **Major HS Meets**

## March

29–31	Texas	Relays;	Austin,	Texas

## <u>April</u>

06-07 Challenge Of Champs; Mobile, Ala
Arcadia Inv; Arcadia, California
13-14Bojangles Classic; Columbia, SC
26-28Penn Relays; Philadelphia, Pa

## **May**

10–12	Loucks Games; White Plains, NY
19	Golden South; Orlando, Florida
31-6/02.	Great Southwest; Albuquerque, NM

### June

01-02Ironwood Throws; Rathdrum, Idaho
06-10 Caribbean Intersch; Havana, Cuba
09New Englands; Durham, New Hampshire
Midwest Distance Classic; Lisle, Illinois
Midwest MOC; East Lansing, Michigan
15-17New Balance Nat; Greensboro, NC
tbdadidas Dream; Boston, Mass
tbd Brooks PR Invitational; Shoreline, Wa?
tbd USATF Junior Champs; tbd
26-7/01USATF Youth Ch; Brockport, NY
29-7/01 JavFest; E. Stroudsburg, Pa

#### <u>July</u>

23–29.... USATF Junior Oly; Greensboro, NC 28–8/04.. AAU Junior Oly; Des Moines, Iowa

## **State HS Championships**

Unless noted, all meets are boys/girls combined. If a state contests different classes non-concurrently, only the highest-level competition is listed. Some meets listed as single days may have prelims the day before.

nave premns me day	belore.
Alabama	Gulf Shores, May 03-05
Alaska	Palmer, May 25-26
Arizona	Mesa, May 02, 04-05
	Russellville?, May 12
California	Clovis, June 01-02
Colorado	. Lakewood, May 17-19
Connecticut	New Britain, June 04
Delaware	Dover, May 23
Florida	Jacksonville, May 04-05
Georgia	Rome, May 10-12
Hawai'i	Honolulu, May 11-12
Idaho	Boise, May 18-19
Illinois (g)	. Charleston, May 17-19
(b)	. Charleston, May 24-26
Indiana (g)	Bloomington, June 01
(b)	Bloomington, June 02
	Des Moines, May 17-19
Kansas	Wichita, May 25-26
Kentucky	Lexington, May 18-19
	Baton Rouge, May 05
	tbd, June 04
	Baltimore, May 25-26
•	tbd, June 02
	Kentwood, June 02
	Kingsford, June 02
	St. Paul, June 08-09
	Pearl, May 04-05
	efferson City, May 25-26
	. Great Falls, May 25-26
	Omaha, May 18-19
	Carson City, May 18-19
	Merrimack, June 04
•	Columbus, June 09
	Albuquerque, May 11-12
	Cicero, June 08-09
	Greensboro, May 18-19
	Bismarck, May 25–26
	. Columbus, June 01–02
	Yukon, May 11–12
	Eugene, May 17-19
	nippensburg, May 25-26
	Providence, June 02
	Columbia, May 11–12
	Rapid City, May 25–26
	lurfreesboro, May 23-25
	Austin, May 11–12
	Provo, May 17–18
	Burlington, June 02
	vport News, June 01–02
	Tacoma, May 24–26
	Washington, May 24
	Washington, May 24
	. La Crosse, June 01–02
wyoriiiig	Casper, May 17-19

## **International Meets**

 $\P = IAAF$  World Challenge (10)

 $\prod$  = IAAF Multis

(5, plus some Group & Area Champs)  $\infty = IAAF$  Hammer Challenge (9)

## **March**

10–11.. European Throwing Cup; Leiria, Port 17–18..... Spring Break Classic; Carolina, PR 30–02.............. Carifta G; Nassau, Bahamas

## **April**

07-14.. Commonwealth G; Carrara, Australia

## **Diamond League**

## May

04...... Diamond League; Doha, Qatar 12..... Golden GP; Shanghai, China 25–26..... Pre Classic; Eugene, Oregon 31..... Golden Gala; Rome, Italy

## **June**

07.....Bislett Games; Oslo, Norway 10......Bauhaus G; Stockholm, Sweden 30.....Meeting Areva; Paris, France

## July

05... Athletissima; Lausanne, Switzerland 14......Mohammed VI; Rabat, Morocco 20.....Herculis; Fontvieille, Monaco 27–28... Anniversary G; London, England

#### August

18......Müller GP; Birmingham, England 30.......Weltklasse; Zürich, Switzerland 31......Van Damme M; Brussels, Belgium (DL event details are on p. 16)

21...... Grenada Inv; St. George's, Grenada 27–28..... Multistars; Florence, Italy ∏

#### May

 ...... Daněk Memorial; Turnov, Czech R ...... Riga Cup; Riga, Latvia

## June

01-02......Champions Prizes; Minsk, Belarus 02...... Dinamo 2018; Zagreb, Croatia ......International; Andújar, Spain ......National Champs; Göteborg, Sweden 03..... FBK Games; Hengelo, Holland ¶ 04..... Odložil Memorial; Prague, Czech Rep 05......Nurmi Games; Turku, Finland ¶ 08...... Ibero-American; Huelva, Spain ...... Kusociński Mem; Szczecin, Poland 09...... Gouden Spike; Leiden, Holland ...... Papafléssia; Kalamáta, Greece ...... Racers GP; Kingston, Jamaica 10...... Or Memorial; İstanbul, Turkey 13.....Filothéi Women; Athens, Greece ...... Golden Spike; Ostrava, Czech Rep ¶ ...... International; Montreuil, France ...... Speed River Inferno; Guelph, Ontario 16...... International; Marseilles, France 16-17.. Erdgas Multis; Ratingen, Germany ∏ ..... TNT Multis; Kladno, Czech Rep [ 21..... Miners Day; Velenje, Slovenia 22-24.... National Ch; Port of Spain, Trinidad 23.....EAP; Nivelles, Belgium .....IWC; Madrid, Spain ¶ ...... Kuortane Games; Kuortane, Finland 21-24.....USATF Ch: Des Moines, Iowa Π 22-24..... National Ch; Utrecht, Holland 24.....Villa De Bilbao; Bilbao, Spain 26... Athletic Games; Copenhagen, Denmark 27......Academica; Prague, Czech Republic .....Jerome Classic (NTL); Burnaby, BC ......Stanislas; Nancy, France 28...... Grand Prix; Sollentuna, Sweden 30...... Grand Prix; Brussels, Belgium ...... Serbia GP; tbd, Serbia 30-01... National Champs; Birmingham, Eng

## July

01...... Lusis Cup; Jelgava, Latvia 01–02..... Gyulai Mem; Székesfehérvár, Hun

......National Ch; Brussels, Belgium 03-04......Pan-Am Multis; Ottawa, Ontario □ 03-08......National Ch; Ottawa, Ontario 05.....Boysen Memorial, Oslo, Norway 06-08...... National Champs; Albi, France 08..... GP Brasil; Braganca Paulista, Brazil ¶ 09.....Spitzen; Luzern, Switzerland 10-15..... World Junior Ch; Tampere, Finland 11.....Joensuu Games; Joensuu, Finland 16...... Cork City Sports; Cork, Ireland 17.....International; Sotteville, France ......Union Gala; Linz, Austria 18...... International; Liège, Belgium 18-21..... National Ch; Lutsk, Ukraine 19...... Morton Games; Dublin, Ireland 20-21 ...... Balkan Ch; Stara Zagora, Bulgaria 20-22......National Champs; Lublin, Poland 21.....KBC; Heusden-Zolder, Belgium 21-22.....National Champs; Getafe, Spain ......National Ch; Nürnberg, Germany 24-26...... High Jumps; Eberstadt, Germany 25.....Grand Prix; Karlstad, Sweden 27-03.. CAC Games; Barranquilla, Columbia 28.....Savo Games; Lapinlahti, Finland

## **August**

07–12......European Ch; Berlin, Germany ∏
10–12......NACAC; Toronto, Ontario
18......GP; Goteborg, Sweden
22.....Skolimowska Mem; Chorzów, Poland
24......Citta della Quercia; Rovereto, Italy
31–01.....Sweden vs. Finland; Tampere, Fin

## **September**

02......Invitational; Padua, Italy
......ISATF; Berlin, Germany ¶
04......IWC; Zagreb, Serbia ¶
05......DécaNation; Sotteville, France
07-09.....National Ch; Pescara, Italy
08...Great North CityG; Gateshead, England
08-09..IAAF Continental Cup; Ostrava, CzR
15-16....Décastar Multis; Talence, France ∏

## **October**

11-17.....Youth Olympics; Buenos Aires, Arg



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## **Major Marathons**

(see box for the WMM Series races)

07	Xiamen, China
14	Chevron; Houston, Texas
21	Standard Chartered; Hong Kong
26	Dubai, United Arab Emirates
28	Osaka, Japan (w)

## **February**

O/to	lanan
04Oita,	Japan

## March

04Lake Biwa Mainichi; Otsu, Japa	ın
11 Women's; Nagoya, Japa	ın
18Los Angeles, Californi	ia
Seoul, South Kore	a

## Apri

<u>Aprii</u>	
01	Daegu, South Korea
0880	Rome, Italy
	Paris, France
	Hannover, Germany
	Rotterdam, Holland
22	Vienna, Austria
29	Hamburg, Germany

## May

06	Prague.	Czech	Republ	i

## **World Marathon Majors**

## **February**

25	Tokyo	lanan
<b>2</b> J	IURVU.	Javaii

## **April**

16	BAA;	Bosto	n, Massa	chusetts
22	.Virgin N	/loney;	London,	England

## **September**

16..... BMW; Berlin, Germany

## <u>October</u>

07..... Bank of America; Chicago, Illinois

## **November**

04......TCS; New York, New York

27	Ottawa,	Canada
----	---------	--------

## <u>June</u>

16G	arandma's;	Duluth,	Minnesota
-----	------------	---------	-----------

#### September

02	Beijing, China
16	Sydney, Australia

## **October**

07Twin	Cities; Minneapolis, Minnesota †
14	Eindhoven, Holland
21	Amsterdam, Holland

	Toronto, Ontario
28	Venice, Italy
	Frankfurt, Germany

## **November**

11	Shanghai	China
I I	onangnai,	CHILL

## **December**

02Valencia, Spain
Fukuoka, Japan
Cal International; Sacramento, California
09Honolulu, Hawaiʻi

## **U.S. Road Circuit**

† = USATF Champs race

## March

10Gat	te River 15K; Jacksonville, Florida †
18	NYC Half-Mar; New York, NY
25	Carlsbad 5K: Carlsbad, California

## **April**

08.....Cherry Blossom 10M; Washington, DC 24......Grand Blue Mile, Des Moines, la †

## May

06...UMPC HMar; Pittsburgh, Pennsylvania † 06....Bloomsday 12K; Spokane, Washington 10....... Medtronic Mile; St. Paul, Minnesota 12.....River Bank 25K; Grand Rapids, Mich † 28....Bolder Boulder 10K; Boulder, Colorado

## June

02.....Freihofer's 5K (w), Albany, NY

#### <u>Jul</u>

04......Peachtree 10K; Atlanta, Georgia † 28.....Bix 7M; Davenport, Iowa

#### August

19.....Falmouth 7.1M; Falmouth, Mass 25.....Crim 10M; Flint, Michigan

#### September

03......New Haven 20K; New Haven, Conn † 16......Half-Mar; Philadelphia, Pennsylvania ......CVS Downtown 5K; Providence, RI

## <u>October</u>

07......Medtronic 10M; St. Paul, Minnesota † .......Rock'n'Roll Half-Mar; San José, Calif 08......Boston 10K; Massachusetts (w)

#### **December**

02......Cal Int'l Marathon, Sacramento, Ca †

## **Other Road Races**

## **February**

04...... Half-Mar; Marugame, Japan

## **March**

11	Rome-Ostia	Half-Mar
Half	-Mar; Lisbon,	Portugal

24....World Half-Marathon Ch; Valencia, Spain 25......Stramilano Half-Mar; Milan, Italy

#### **April**

07S <sub>I</sub>	portisimo H-Mar; Prague, Czech Rep
08	Half-Mar; Istanbul, Turkey
22	Seiryu Half-Mar; Gifu, Japar
	Jianzhen Half-Mar; Yangzhou, China

## May

26...... 10K; Ottawa, Ontario

## <u>September</u>

09...... Great North Half; S Shields, England 23....... Dam Tot Damloop; Amsterdam, Hol

## **October**

14......Half-Mar; Lisbon, Portugal 21... Great South 10M, Portsmouth, England

### **November**

18......15K, Nijmegen, Holland

## **IAAF Walk Challenge**

## **February**

24-25... Hausleber Mem; Monterrey, Mexico

## **April**

07......Grande Premio; Rio Maior, Portugal

## May

05–06..World Team Champs; Taicang, China 26......Gran Premio; La Coruña, Spain

## **September**

23-26.....Around Taihu; Suzhou, China

## **Cross Country**

#### **January**

13......Great Edinburgh; Edinburgh, Scotland

### **February**

03.....USATF Champs; Tallahassee, Florida † 17....... NACAC Ch; La Libertad, El Salvador

## **November**

10......JUCO Champs; Garden City, Kansas 17......NCAA Champs; Madison, Wisconsin ......NCAA III Champs; Oshkosh, Wisconsin ......NAIA Champs; Cedar Rapids, Iowa

## **December**

01......NCAA II Ch; Pittsburgh, Pennsylvania ......NXN; Portland, Oregon 08.....Foot Locker Nationals; San Diego, Ca .......USATF Clubs; Spokane, Washington

#### February 2019

02..USATF XC Champs; Tallahassee, Florida

## March

30...... World XC Champs; Aarhus, Denmark

## RECORDS GALORE

# **January Competition Opens Hot**

THIS IS AN OFF-YEAR? There may be no Olympic Games or World Championships outdoors this year, but the undercover campaign has opened up hot-hot-hot:

## **Brilliant Coleman Debut: 6.37**

It's not easy to set a World Record under the best of circumstances, and under modern-but understandable-rules it's even harder.

Thus it is that although Christian

Coleman's first meet of the year produced the fastest 60 ever, it can't be ratified as a World Record, even though it may well meet the requirements for an American Record.

Kicking off his first full season as a pro, the 21-year-old Vol alum cranked off a nifty 6.47 in his heat at the Clemson Invitational, missing his PR by just 0.02.

Away brilliantly in the final, he crossed the line in 6.37, snipping 0.02 off the World & American Records set by Maurice Greene in '98 and matched by him in '01.

The problem is that IAAF rules require that false-start-detection blocks be used, and they weren't, which isn't unusual for a collegiate meet.

The next requirement is for the collection of an

"immediate" doping sample. Again, for a collegiate meet, it's not surprising that there was no USADA presence.

USATF rules don't require false-startblocks and allow an extended period for sample collection.

Coleman's management team pulled out all the stops in the testing department. "The race took 6 seconds but we have been at it for 6 hours to get the testing done," agent Emanuel Hudson told Reuters after shepherding the process through several

phone calls and even live social media from his California office.

Coleman drove down the highway towards Atlanta before hooking up with the testers at a roadside stop.

"It has been a pretty good day for me," the sprinter told Reuters, who was still going strong more than 2 hours after midnight.

"I always knew the sky was the limit as far as the potential I have."

on my cross country season I knew I could pull a fast time.

"I'm a little disappointed because I wanted to break 9:00, but looking back it was a good start to this season considering it was my first race."

She also claimed the national record for the rarely run 2000m en route with her 5:57.56.

## **Tuohy Claims 5K Records**

Katelyn Tuohy followed up her quick

3000 with a listleading 4:43.62 PR mile 4 days later. But that was just a prologue to her big step up at the Virginia Showcase, debuting in the 5000.

Running a stiff pace, she passed through the 3200 in 9:54.28 (worth 9:57.73 for 2M, moving to No. 5 on the all-time list). At race's end she had run 15:37.12, breaking both the indoor (15:55.75 by Brie Oakley last year) and absolute (15:45.46 by Mary Cain in '13) national records.

Indoors and out, only 3 American Juniors have

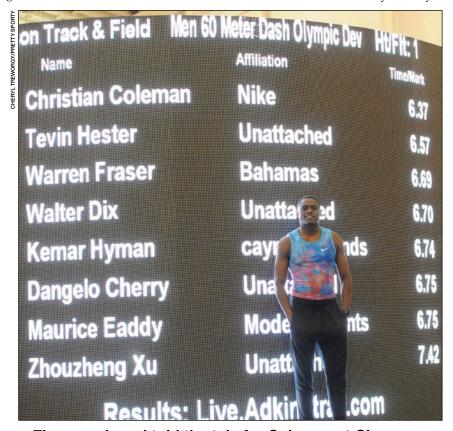
ever run faster and Tuohy will be in the U20 ranks through the '21 season.

Texted coach Brian Diglio, "Very pleased. First ever 5K. Very consistent. Went out a little aggressively through 1K, but held her form nicely."

## **Another Record For Duplantis**

Christian Coleman isn't the only one who ran into record ratification woes this January.

Superstar prep vaulter Mondo Duplan-



The scoreboard told the tale for Coleman at Clemson.

## **Tuohy Scares HS 3000 Record**

After a great workout as last year wound down, Katelyn Tuohy (North Rockland, Thiells, New York) decided she was ready to run close to 9:00.

She didn't quite crack that barrier, but nonetheless ran 9:05.26 to miss the national HS Record by less than a second and crush the soph-class mark by more

"I was expecting to run really fast," said Tuohy (see p. 38). "Just looking back

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## 3 Road ARs For Huddle

Eleven years after Ryan Hall rocketed around the Houston Half-Marathon course in an American Record 59:43, Molly Huddle gave the Texas metropolis a matched set of ARs, not only paring 9 seconds off Deena Kastor's '06 run in Berlin,

but also claiming her 10M and 20K records set in the same race.

Starting fast amidst a stellar field, the 31-year-old Huddle braved near-freezing temperatures and a red hot pace to finish 7<sup>th</sup> in a deep race that saw rising Ethiopian star Ruti Aga power away from Caroline Chepkoech over the final 2 kilos to win at 66:39.

Huddle was fully committed to stick with the sub-67 pace from the get-go and hung on to the back of the 10-woman pack that passed 5K in 15:48 and 10K in 31:34.

"I was definitely dragged," Huddle admits, "but it was a big opportunity. We were clicking off 5:05 to 5:08 miles the whole way and I was just trying to stay as comfortable as I could at the back of that pack. I kept reminding myself that this is one of the deepest halfs in this country—ever. You have to take advantage of that and not be scared and really just try to hang on for another mile."

As the lead pack of 7 crossed 15K in 47:28,

Huddle ran a stride behind Aga and Chepkoech, still well under AR pace. The 33-year-old Notre Dame alum nabbed her first AR at 10M, passing the timers in 50:52, 39 seconds better than Kastor's 51:31.

A minute later the going got tougher as she lost her grip on the East African contingent. "We were going to going really well up until 10M," she recalls, "and I felt good about the record, but then I kind of blew up. I was worried, I was hurting, I wasn't with anybody and that is when I gained a

lot of seconds."

"I was trying to race," Huddle says. "I knew I was in over my head, then I was just trying to hold my own. I slowed down to 5:14 for the 11th mile, it was rough and I was actually worried that I was going to lose it."

But she held it together enough to better Kastor's 20K



standard by 19 seconds (63:48), and finished in 67:25, one place and 73 seconds ahead of Jordan Hasay, who had laid off the fast early pace.

Huddle now heads into her second full marathon this April in Boston, and admits, "I've never done a half when we've gone out so hard, it was a whole other level of racing for me today. I knew the bottom would fall out eventually but it was fun to really test my limits, see where the line was for me." /Sean Hartnett/

tis (Lafayette, Louisiana) produced the highest indoor prep height ever, 19-1½ (5.83), adding a centimeter to his own mark from last year.

The mark was originally thought to be a World Junior Record as well, then it was discovered that the longer HS pegs (75mm) were being used, instead of the international 55m version.

So no WJR. And some open-level performers lost big marks too.

## Saruni The Best Ever At 600

UTEP's Emmanuel Korir won the NCAA 800 indoors and out last year, so it was a tough loss for the Miners when he turned pro after his first year.

But not to fear: fellow Kenyan Michael Saruni, a 22-year-old soph, is picking up where Korir left off, claiming both the World and Collegiate Records in the 600 after running 1:14.79 at the MLK Invitational in Albuquerque.

The old WR of 1:14.91 was set by Casimir Loxsom last year, with Isiah Harris setting the old CR of 1:14.96 right behind him.

"Saruni's World Record race was very impressive," said UTEP head Mika Laaksonen. "He's a special athlete and he's only going to improve as the season moves on."

## **300-Meter Records To Herron**

Brian Herron (see p. 33) displayed remarkable long-sprint prowess in the season's first meets.

In his opener, the Georgia prep (Lake-

side, Atlanta) blistered the 200 in 20.95 to move to No. 4 all-time. He came back in the 400 with a 46.43, another No. 4 all-time that is also the junior-class record.

At the Virginia Showcase he faced off against Florida's Tyrese Cooper (Norland, Miami Gardens) and Maryland's Eric Allen (Bullis, Potomac) over 300. After a relatively slow start, Herron powered into the lead on the backstretch to win by a stride.

The time? Not just a HS Record at 32.64 but also a World Junior Record by 0.23 for Herron, with Allen also slipping under Cooper's old record at 32.84. Cooper finished 3<sup>rd</sup> in 33.12.

Herron said he was more than pleased with his start, adding, "I want to stay healthy all year. I want to run fast."  $\square$ 

# ON YOUR MARKS

#### DROPPING NAMES:

Nike has named a new building at its world headquarters after Seb Coe.

But his federation is still in the IOC doghouse, it seems, with reports that he (and the world soccer chief) will once again be snubbed for IOC membership, formerly a rubber stamp for an IAAF head...

Although he remains with the Nike Oregon Project, Matthew Centrowitz will now be his father was a grad student there.

His family has returned there because of his father's job.

British sprinter Zharnel Hughes was traumatized-but not otherwise hurtin an armed robbery attempt while he was training at the Usain Bolt track in Mona, Iamaica...

> Bill Smith, 84, passed away in December. The former Boston U coach mentored Olympic

400H champion David Hemery, among others...

The second European Games, set for Minsk in '19, will

feature a 2-hour team competition featuring 10 events.

It will be capped by a handicap mixed-distance relay event, with starting positions determined by overall team scores.

SEEING DOUBLE: Washington State pulled in not one but two sets of twins at

Sander Moldau are decathletes, while Serbian twins Jelena & Zorana Grujić are 800/400H types...

for refugees...

The long-gone indoor meet in Dortmund, Germany, is set to be revived this winter after a 14-year hiatus...

WADA has introduced the Anti-Doping e-Learning platform, to provide online education about doping to

coaches, athletes and officials.

Track legend Bernard

Lagat is doing just fine

as a roadie. Now 43, he

took 62 seconds off the

**American Masters Record** 

in the Houston

Half-Marathon

The IAAF is saying that cross country needs an "extreme" new direction. One example pointed out is running across the sloping grasscovered roof of a museum in Aarhus at the next Worlds...

Evanston Township in Illinois is renaming its high school fieldhouse for '60 Olympic 110H silver medalist Willie May...

Aliphine Tuliamuk has joined with HOKA NAZ

Organizers of the Euro Champs to be held in Berlin in August have made it known that the stadium chapel is available on Day 2 should anyone want to get married during the meet.

## The '20 Marathon Trials

4 cities are reportedly vying to host the '20 Olympic Marathon Trials: Atlanta, Austin, Chattanooga & Orlando.

Final bids are due in March, with a decision later in the spring.

living and training on the East Coast...

Meseret Defar is planning to make her 26-mile debut at Tokyo's World Marathon Major in February...

All in the family: 15-yearold Larissa Iapichino of Italy, the daughter of 2-time world champ Fiona May, recently jumped 20-1 (6.12)...

Norwegian vaulter Sondre Guttormsen (18-0/5.49) has been ruled eligible to compete for California's Davis High. He was born in Davis while mid-year.

Estonian pair Martin &

The indoor track at Berlin's Rudolf-Harbig-Halleisbackin action after being used since '15 as an emergency shelter

## LANDMARKS

Died: Guy Arbogast, 61; on January 4, in Eugene; of cancer. In '78, the Washington State alum placed 5th in the World XC.

Died: Hall Of Famer Horace Ashenfelter, 94; on January 6, in West Orange, New Jersey. Captured the Olympic gold

with a WR in the steeple in the '52 Games, World Ranking No. 1. Won the NCAA 2M for Penn State in '49 and was XC runner-up in '47

Died: Gene Cole, 89; on January 11. The Ohio State alum ranked No. 9 in the world in the 400 in '52, ran the second leg on Oly silver-winning 4x4 that same year.

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# STATUS QUO

THE LATEST in the aches, pains & eligibility departments:

Germany's 3-time Euro LJ winner Sebastian Bayer has retired at age 31 because of ongoing knee problems.

Swiss vaulter Nicole **Büchler** is out for the indoor season with hip troubles.

Michelle Carter will skip the indoor season and pass on defending her World Indoor shot title.

Oregon's NCAA legend Edward Cheserek has confirmed that he is pursuing U.S. citizenship.

Matthew Centrowitz will miss the World Indoors to

spend time Down Under training and racing.

Nebraska's Hungarian high jumper Réka Czuth is coming off knee surgery.

An Achilles problem caused Mo Farah to withdraw from the Doha Half-Marathon.

Andrei Gag, the '16 World Indoor shot silver medalist for Romania, will be bypassing the meet this year.

Another shot star, New Zealand's Jacko Gill, will likely miss the '18 season after being hospitalized with myocarditis.

The cardiac condition warrants 6 months of rest.

An 11-time U.S. Ranker in the hammer, Britney Henry has retired at 33.

Triple jumper

Pedro Pablo Pi-

chardo, originally

British vaulter Steve Lewis, the 4<sup>th</sup>-placer in the London Olympics, dentistry. has retired.

retired at age 30.

Instead seeking Commonwealth 15 and 5K medals, Kiwi Nick Willis will skip the

## Where They Are Going

The main part of our annual collegiate recruiting/eligibility feature appeared in the November issue. These are the updates since then:

Alabama: DNR-Jereem Richards (pro) 19 97 45 21

Arkansas: T-\*Shakiel Chattoo (Jam) 7348. BYU: Mission-\*\*\*Casey Clinger 4:02.90.

Florida State: N-Jakub Andrezjczak (Pol) 26-3% 52-4 JC-Andre Ewers 10 25/10 14w 20.83/20.52w

Houston: T-\*Kahmari Montgomery 20.80, 45.13.

Kentucky: JC - Mohammad Abubakar (Gha) 25-23/(A); Saahir Bethea 25-33/(A); Travis Riley (Jam) 25-91/4.

Purdue: N-Tamar Greene (Bah) 52-34. Rutgers: GT-Rudy Winkler 251-10. Virginia Tech: N-Joel Leon-Benitez (GB)

Washington State: N-Martin Moldau (Est) 7349(Jr); Sander Moldau (Est) 17-34, 6582(Jr).

Duke: N-Dana Baker 169-2 JT; Issy Wakefield (GB) 4996.

Florida State: GT - leva Zarankaitė 179-2 DT. Georgia: N-Marie-Therese Obst (Nor)

Kentucky: JC-Latavia Coombs (Jam) 20-61/2, 44-6. T-\*\*\*Celera Barnes 11.41, 23.70.

NC State: T-\*\*\*Nevada Mareno 4:18.48. Nebraska: N-Lara Omerzu' (Slo) 6-11/4, 5250 Stanford: DNR-\*\*\*Nevada Mareno 4:18.48. Texas A&M: N-Gabrielle McDonald (Jam) 13.12, 56.53.

UCLA: DNR-\*\*\*Celera Barnes 11.41, 23.70. UNLV: JC-Juanita Webster-Freeman 5607. UTEP: DNR-\*Tobi Amusan (pro) 12.57.

Washington State: N-Jelena Grujić (Ser) 59.70; Zorana Grujić (Ser) 2:06.30, 60.44.

#### **COACHING CHANGES**

Clemson: M/W asst-Leford Green. Texas: M/W asst-Ben Dalton. Texas A&M: M/W asst-Sean Brady. a Cuban, has been granted Portuguese citizenship.

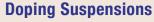
Sydney McLaughlin revealed in mid-January that she has been having some hip issues.

Oly discus silver medalist Mélina Robert-Michon will miss '18 due to pregnancy.

Javelin queen Barbora Špotáková is another who will miss the season for childbirth.

Former BYU 800 runner Shaquille Walker has retired at age 24 to pursue a career in

Popular Oregonian Andrew Wheating, a 2-time Olympian, has World Indoor. 🗆



Life-Kenta Bell (US, coach);

8 years - Wang Jiali (China, marathon); 4 years-Joseph Gitau (Kenya, marathon), Andreea Ograzenau (Romania,

sprints), Aziz Ouhadi (Morocco, sprints), Haile Tolossa (Ethiopia, marathon), Zhang Yingyang (China, marathon);

21/2 years-Svetlana Karamasheva (Russia, 1500);

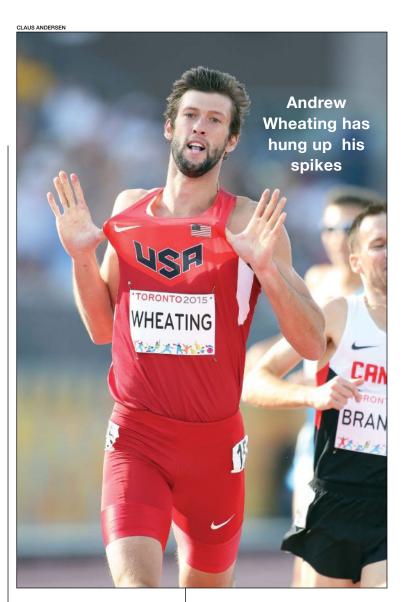
2 years-Lyudmila Liakhovich (Russia, marathon);

18 months-Souad Ait Salem (Algeria,

1 year - Nana Owusu (Britain, TJ); 9 months - Hanna Kasyanova (Ukraine,

heptathlon);

8 months-Rosefline Chpngetich (Kenya, steeple).

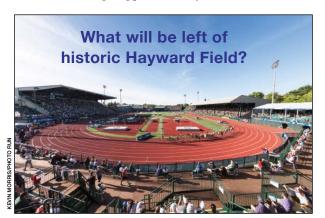


# LAST LAP

HERE'S THIS MONTH'S collection of generally off-track activities that have gone a long way to shape the way the sport is headed:

## The IAAF Visits Oregon

Early in the new year a team from Monaco visited Eugene and Portland to discuss ongoing plans for Hayward Field's



hosting of the '21 World Championships.

The IAAF's CEO, Olivier Gers, characterized the trip as an "opportunity for us to figure out the sheer magnitude of

the event together and ways to present it in terms of the people coming to this state to participate."

Addressing the many details that remain to be worked out, Gers told Ken Goe of the Portland Oregonian, "We have 3½ years—1295 days—to sort out the details and work on these plans.

"Clearly, it's a big event. I won't lie to you. Thousands and thousands of people are coming in, and that requires logistics."

## A Complete Hayward Field Teardown?

Plans for rebuilding/reconfiguring historic Hayward Field for the '21 World Championships, which was supposed to begin after the '16 Olympic Trials, have taken yet another turn, reports Ken Goe of the Portland Oregonian.

Originally the iconic East Grandstand (the one on the backstretch) was supposedly going to remain basically untouched, but now unidentified sources say the plans for the new facility will involve a complete teardown.

The building project will be over-

seen by Howard Slusher—a longtime advisor to Nike head Phil Knight-who has guided some of Nike's building projects.

Paul Weinhold, president and CEO of the Oregon Foundation, said he expects the project to begin this summer, after Oregon's hosting of the NCAA, and for the plans to become public early this spring.

"We're doing it, and it's going to be ready," Weinhold said.

It's unknown how this might affect major meets scheduled for Hayward in '19 like the Prefontaine Classic and NCAA Championships.

## **Gatlin Adjusts To New Coach**

Justin Gatlin's abrupt coaching switch in December has taken its toll on the World Champion, says his new mentor,

## 18 Russians Get Neutral Status

The IAAF has cleared almost a score of Russians who will be able to compete in internationals this year, while the country as a whole remains banned.

The athletes-7 men and 11 women-were all on last year's eligibles list (2 notable omissions: Sergey Shubenkov & Darya Klishina):

Men: Viktor Butenko (DT), Aleksey Fyodorov (TJ), Vyacheslav Kolesnichenko (sprints), Aleksandr Lesnoy (SP), Danil Lysenko (HJ), Ilya Mudrov (PV), Aleksey Sokirskiy (HT);

Women: Danila Danilov (HT), Irina Gumenyuk (TJ), Mariya Lasitskene (HJ), Alyona Lutkovskaya (PV), Alaina Mamina (sprints), Yuliya Maltseva (DT), Polina Miller (sprints), Olga Mullina (PV), Sofiya Palkina (HT), Viktoriya Prokopenko (TJ), Anzhelika Sidorova (PV).

Brooks Johnson.

In the wake of doping allegations generated when a British paper set up a sting operation against coach Dennis Mitchell (Last Lap, December '18), the world 100 champ fired Mitchell immediately.

He turned to Johnson, now 83, who

## FOR THE RECORD

Brian Herron (Lakeside, Atlanta, Georgia)......Lynchburg, Virginia ......January 19

Michael Saruni' (Kenya-UTEP)...... Albuquerque, New Mexico.....January 19

Record alterations reported since the 2018 year began. W = World; A = American; C = Collegiate; J = Junior; HS = High School; + = event not recognized by official ratifying body; ¶ = non-ratifiable for technical reasons.

## **MEN INDOOR TRACK** 6.37 32.64

1:14.79(A)

W¶, A

W+, C

WJ+, AJ+, HS

60

300

MEN INDOOR FIELD						
	PV	5.83   19-1½	WJ¶, HS	Mondo Duplantis' (Lafayette, Louisiana)	Reno, NevadaJanuary 1	
WOMEN INDOOR TRACK						
	2000	5:57.56	HS	Katelyn Tuohy (North Rockland, Thiells, New York)	. Staten Island, New YorkJanuary 0	
	5000	15:37.12	HS	Katelyn Tuohy (North Rockland, Thiells, New York)	. Lynchburg, VirginiaJanuary 2	
	4 × 200	1.35 30	нс	Bullis Potomac Manyland	Lynchburg Virginia January 2	

#### WOMEN INDOOR FIELD

14.53 | 47-8 Keturah Orji (Georgia) ......January 20 A, C

(Shaniya Hall, Leah Phillips, Ashley Seymour, Masai Russell)

#### WOMEN ABSOLUTE TRACK 15:37.12i HS

**WOMEN ABSOLUTE FIELD** 

14.53 | 47-8i =C

# WOMEN'S ROAD

50:52 Α 63:48 67:25

Katelyn Tuohy (North Rockland, Thiells, New York). Lynchburg, Virginia ......January 20

10M 20K Α Half-M 

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# STAT CORNER World Indoor Meet Records

There have been 16 editions of the World Indoor Championships. Meet records in events still being contested exist from all but 4 of them: Seville '91, Barcelona '95, Lisbon '01, Birmingham '03.

This year's Worlds, in Birmingham, England, will be covered in the March edition.

60Maebashi '99
40045.11 Nery Brenes (Costa Rica) İstanbul '12
8001:42.67 Wilson Kipketer (Kenya)
15003:33.37 Haile Gebrselassie (Ethiopia) Maebashi '99
30007:34.71 Haile Gebrselassie (Ethiopia) Paris '97
60H
4 x 43:02.13 United States
HJ7-11½   2.43Javier Sotomayor (Cuba) Budapest '89
PV19-9   6.02Renaud Lavillenie (France) Portland '16
LJ28-3½   8.62Iván Pedroso (Cuba)
TJ58-8¾   17.90Teddy Tamgho (France)
SP72-11¾   22.24.Ulf Timmermann (East Germany)Indy '87
Hept6645 Ashton Eaton (US) İstanbul '12
WOMEN
606.95 Gail Devers (US)
40050.04 Olesya Krasnomovets (Russia)Moscow '06
8001:56.90 Ludmila Formanová (Cze Rep) Maebashi '99
15003:59.75 Gelete Burka (Ethiopia)
15003:59.75Gelete Burka (Ethiopia)Valencia'08 30008:33.82Elly Van Hulst (Holland)Budapest '89
· · · · ·
30008:33.82 Elly Van Hulst (Holland)Budapest '89
30008:33.82Elly Van Hulst (Holland)Budapest '89 60H7.72Lolo Jones (US)Doha '10
3000       8:33.82       Elly Van Hulst (Holland)       Budapest '89         60H       7.72       Lolo Jones (US)       Doha '10         4 x 4       3:23.88       Russia       Budapest '04
3000       8:33.82       Elly Van Hulst (Holland)       Budapest '89         60H       7.72       Lolo Jones (US)       Doha '10         4 x 4       3:23.88       Russia       Budapest '04         HJ       6-8¾   2.05       Stefka Kostadinova (Bulgaria)       Indy '87
3000       8:33.82       Elly Van Hulst (Holland)       Budapest '89         60H       7.72       Lolo Jones (US)       Doha '10         4 x 4       3:23.88       Russia       Budapest '04         HJ       6-8¾   2.05       Stefka Kostadinova (Bulgaria)       Indy '87         PV       16-¾   4.90       Jenn Suhr (US)       Portland '16
3000       8:33.82       Elly Van Hulst (Holland)       Budapest '89         60H       7.72       Lolo Jones (US)       Doha '10         4 x 4       3:23.88       Russia       Budapest '04         HJ       6-8¼   2.05       Stefka Kostadinova (Bulgaria)       Indy '87         PV       16-¾   4.90       Jenn Suhr (US)       Portland '16         LJ       23-8¾   7.23       Brittney Reese (US)       Istanbul '12

had coached him in 2010–11. Johnson is working with Gatlin in Florida, and says the transition may be difficult.

The former Olympic coach told Gene Cherry of Reuters, "My sense is the thing that needs attention and needs to get worked through is basically his disappointment and upsetment with having to make the changes and the conditions under which he had to make them."

Continued Johnson, "Justin is a very loyal person. I think having to make the move took a lot out of him."

## Diack's Home Away From Home

There are worse fates than being trapped in France but don't tell that to Lamine Diack, the disgraced former head of the IAAF.

In December a Paris appeals court ruled that if allowed to leave the country, Diack would "escape French justice."

Charged with corruption and aggravated money laundering in connection with accepting bribes to cover up doping, Diack

has been detained in the French capital since November '15.

The French concerns seem valid, as his son, Papa Massata Diack, wanted on the same charges, is safely ensconced back home in Dakar where the Senegalese government is denying extradition requests, despite his presence on Interpol's most-wanted list.

## Handling Big-Meet Heat

Aussie sports administrator Kevan Gosper is urging the IOC to adopt a uniform set of standards for dealing with extreme temperatures at international sporting events.

"We can't put athletes at risk," he says.
"From a governance point of view, all sport has to be mindful and attentive to conditions that can put athletes' health at risk."

The call came after a top cricketer was hospitalized with severe dehydration.

Gosper, an honorary member of the IOC, added, "Today's stadiums with full lighting mean that sport can be convened until late into the night so if sports organizations are inventive they can adapt to include suspensions for heat."

Track faces temperature issues at its next pair of biggies, the '19 Worlds in Doha and the '20 Olympics in Tokyo (where humidity will also be a problem).

## Grunewald Continues Her Cancer Fight

Good news on the Gabe Grunewald front. Battling yet another recurrence of cancer, the former World Indoor 3000 runner reported in early January that CT scans showed the tumors in her liver have gotten smaller.

The breakthrough was seen 4

weeks after TheraSphere treatment for her adenoid cystic carcinoma. She wrote on Instagram, "This doesn't put me in the clear, obviously. But it does improve my chances of getting there someday."

The 31-year-old Minnesotan has continued training throughout the process. Last summer she competed in the heats at the USATF meet after spending time that week in the ER with a fever brought on by her chemo treatments.

She said at the time, "I'm trying to be the best example that I can be of somebody who's trying to persevere through something difficult."

## No News On Bid Inquiries

In '15 French prosecutors said that the bidding process for the '19 and '21 Worlds was being investigated as part of its probe into the Diack bribery scandal.

However, as 2018 dawned, the IAAF's CEO, Olivier Gers, said that the governing body is not aware of any adverse findings in that direction.

"We have not been privy to any information that would give us any doubt," he told Reuters.

"We have been on the record saying if any issues come up, we will make the decisions that are required."

## A Tough Road For Bartoletta

Tianna Bartoletta's path from her first World long jump title in '05 to her status as Olympic gold medalist was anything but a straight line, she has explained in a long interview with the *Irish Independent*.

Bartoletta had previously shared much of her story of abuse and tumult in her e-book, *Why You're Not A Track Star*, but in January she explained to writer Ewan

## Who's That Knocking At My Door?

USADA has released its list of the most tested athletes in the U.S. last year

The "winner"? Galen Rupp. The star marathoner was tested 16 times by domestic authorities (the figures do not include any international testing done).

USADA cautions that frequent testing is not any indication of suspicion.

Athletes with double-digit samplings:

16—Galen Rupp; 14—Lopez Lomong, LaShawn Merritt, Dathan Ritzenhein; 13—Justin Gatlin, Evan Jager; 12—Shalane Flanagan, Tyson Gay, Bernard Lagat, Ajee' Wilson; 11—Matthew Centrowitz, Allyson Felix, Jordan Hasay, Treniere Moser; 10—Abdi Abdirahman, Meb Keflezighi.

## Last Lap - continued

MacKenna, "It was all just me withering away. I lost my personality, a stranger to myself.

I became quite self-destructive," she added. "Alcohol, prescriptions, that kind

of thing. It felt like it was too big a mountain to climb."

She said that her most recent podium visit, a bronze at last summer's WC, is one of the most meaningful. "I remember taking my medal out of the bag and turning it around and looking at my name engraved on the back and seeing there was no baggage attached to that medal.

"Not like the others. This medal was all me, done my way, and when I look at it I just see pride as opposed to

the other memories I have surrounding my other supposed victories."

## **IAAF Clears Walker Tóth**

After a battle that cost him his '17 championship season, Olympic 50K walk gold medalist Matej Tóth has been cleared of doping charges.

The Slovak star never failed a drug test, but had to explain irregularities in his biological passport. His low levels of hemoglobin were a red flag to doping authorities.

Tóth submitted expert opinions to explain his blood levels, with the Slovak federation contributing concurring opinions. He also underwent a polygraph.

In all, Tóth spent nearly \$75,000 in fees and lost a chance to defend his world title in London. Just before Christmas, the IAAF exonerated him.

He says he is not angry, but adds, "The institution has great power and the athlete has almost no rights. Without contacts and money I would be punished today and this seems unjust to me."

## **CAS Renews IAAF Rule Ban**

The IAAF's hopes to have androgen limits for women back in place before the '18 season got up to speed have been dashed by CAS, which has suspended the IAAF's proposed limits for another 6 months.

The international arbitration body orig-

**Bartoletta** 

overcame

personal

problems

inally set aside the IAAF's regulations back in July of 2015. The suspension was set at 2 years, giving track's leaders time to prove its case.

The IAAF's hyperandrogenism (naturally high androgen levels in women) regulations were introduced in '09 after controversy surrounded Caster Semenya at that year's Worlds.

Since then the regulations have been mired in controversy and legal action. IAAF officials had hoped that research published

in the *British Journal Of Sports Medicine* last year would close the case.

However, an ongoing appeal by Indian sprinter Dutee Chand has caused CAS to give the IAAF an ultimatum: "If the IAAF withdraws the hyperandrogenism regulations and/or replaces them with the proposed draft regulations it has submitted, then these proceedings will be terminated."

It's interesting to note that the IAAF isn't planning to apply the androgen rule across the board, instead targeting a narrow range of events.

The CAS report said the IAAF material "includes draft revised regulations that would only apply to female track events over distances of between 400 metres and one mile."

## **Russians Fleeing Testers?**

The Siberian Indoor Championships made the headlines after drug testers paid a surprise visit. Altogether some 36 athletes withdrew from the competition in a dodge so glaring that former world 110H champ Sergey Shubenkov—who was at the meet—tweeted about it.

The Russian federation checked on the missing athletes' alibis: 16 submitted medical certificates while others claimed travel problems kept them from the Irkutsk meet.

Dmitry Shlyakhtin, the federation president, pointed out that it is unclear whether the certificates were signed by actual doctors.

He said, "In Moscow, we can go and test at any moment but, in Irkutsk, people sit and think, 'It will take 6 hours to fly here.' "

## Track Due For An Upgrade?

"We need to have Athletics 2.0," says former Swedish triple jumper Christian Olsson.

The Athens gold medalist left the runway for good in '12 after seven surgeries on his ankle, but since has worked as an agent and a member of the IAAF Athletes Commission.

"Sometimes it's hard for me to let go of old traditions," he says, "but we should bring it into an age where the competition with other sports is very high. With new sports streams like X Games, we need to bring athletics to the crowd more instead of expecting people to fill stadiums.

"We've been down on our trust level, our image, and we need to bring it back up. How we do that? It's not a quick fix. We have to do it over time."

## "Where Are You?" Acceptable

In January, the European Court of Human Rights denied a challenge to WADA's "whereabouts" rule, stating that the requirement does not violate athlete privacy.

A key component of WADA's out-ofcompetition testing program, the rule requires athletes to keep testing authorities continuously notified of their location.

In place since '04, it was challenged by soccer interests.

WADA welcomed the decision, Director General Olivier Niggli saying, "Today is a good one for doping-free sport. Because out-of-competition doping controls can be conducted without notice to athletes, they are one of the most powerful means of deterrence and detection of doping and are an important step in strengthening athlete and public confidence in doping-free sport."

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## U.S. INDOOR SCHEDULE

## **Invitationals**

#### **February**

## **Conference Champs**

#### **February**

Column
16-18 Patriot League; Lewisburg, Pennsylvania
17-18 Conference USA; Birmingham, Alabama
Mets, New York, New York
New Englands; Northampton, Massachusetts
19-20Sun Belt; Birmingham, Alabama
21-22 Southland; Birmingham, Alabama
22-24ACC; Clemson, South Carolina
Big Sky; Flagstaff, Arizona
Mountain West; Albuquerque, New Mexico
WAC; Nampa, Idaho
23-24American; Birmingham, Alabama
Big East; Staten Island, New York
Big 10; Geneva, Ohio
Big 12; Ames, Iowa
Mid-American; Bowling Green, Ohio
Mountain Pacific; Seattle, Washington
Ohio Valley; Charleston, Illinois
24-25lvy League; Hanover, New Hampshire
Missouri Valley; Cedar Falls, Iowa
SEC; College Station, Texas
Southern; Lexington, Virginia

#### March

02-03.....IC4A/ECAC; Boston, Massachusetts

## **National Championships**

## February

16–18	USATF; Albuquerque, New Mexico
March	
01-03	NAIA; Pittsburg, Kansas
02-03	JUCO; Lubbock, Texas
09–10	NCAA; College Station, Texas
	NCAA II; Pittsburg, Kansas
	NCAA III; Birmingham, Alabama
09-11. New Ba	lance Nationals HS: NYC, New York

#### March

01-04.....IAAF World Indoor, Birmingham, England

## **Next Month In T&FN**

# **USATF Indoor Champs**



**2 YEARS AGO** action at the USATF Indoor Championships (like Jarret Eaton's win in the 60 hurdles) was fast & furious as the nation's top athletes battled for spots on Team USA for the World Indoor Championships.

Based on early-season results, this could be a Nationals to remember, as Albuquerque's high altitude is sure to make the dashes fast-fast (if Christian Coleman can run 6.37 at low altitude...).

There will be 2 spots available in each event for the squad that's heading to England, and many more worthies than that looking to fill the seats on the plane. T&FN will as always be on site with writers and photographers to bring you all the details, faster than ever before.

The who's-going-to-Birmingham February edition will be mailed by March 1. If you aren't currently a subscriber, or wish to renew your subscription, just call us at our toll-free 800 number or contact us by e-mail and we'll take care of your order promptly.

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Sure, it's all habit-forming, but it's a positive habit; one that will keep you informed and entertained in-season and out.



★ - C TRACK& FIFI Nº Omar McLeod Was Motivated By A Schoolgir's Slur USTFCCCA's College Lin UTEP's Saruni Favored To Win World Indoor 800? Bartoletta, Spanovic To Clash in Karlsruhe Indoors Washington State Does Well In Weekend Home Me Rutherford Won't Defend Comm Games LJ Title Russia Asks IAAF To Expedite Neutral Status Re CAS To Begin Hearings On 39 Russians (not track) UCLA Has Strong Opening Weekend in Albuquerqui Campbell-Brown Feels Blessed After 2017 Seth 4x4 Win Caps Successful Home Meet For Iowa 6 Zimbabweans Begin U.S. Track Scholar Texas A&M Quar Click For T&FN Digital Sam et THE **DECEMBER** ISSUE Click To Watc

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